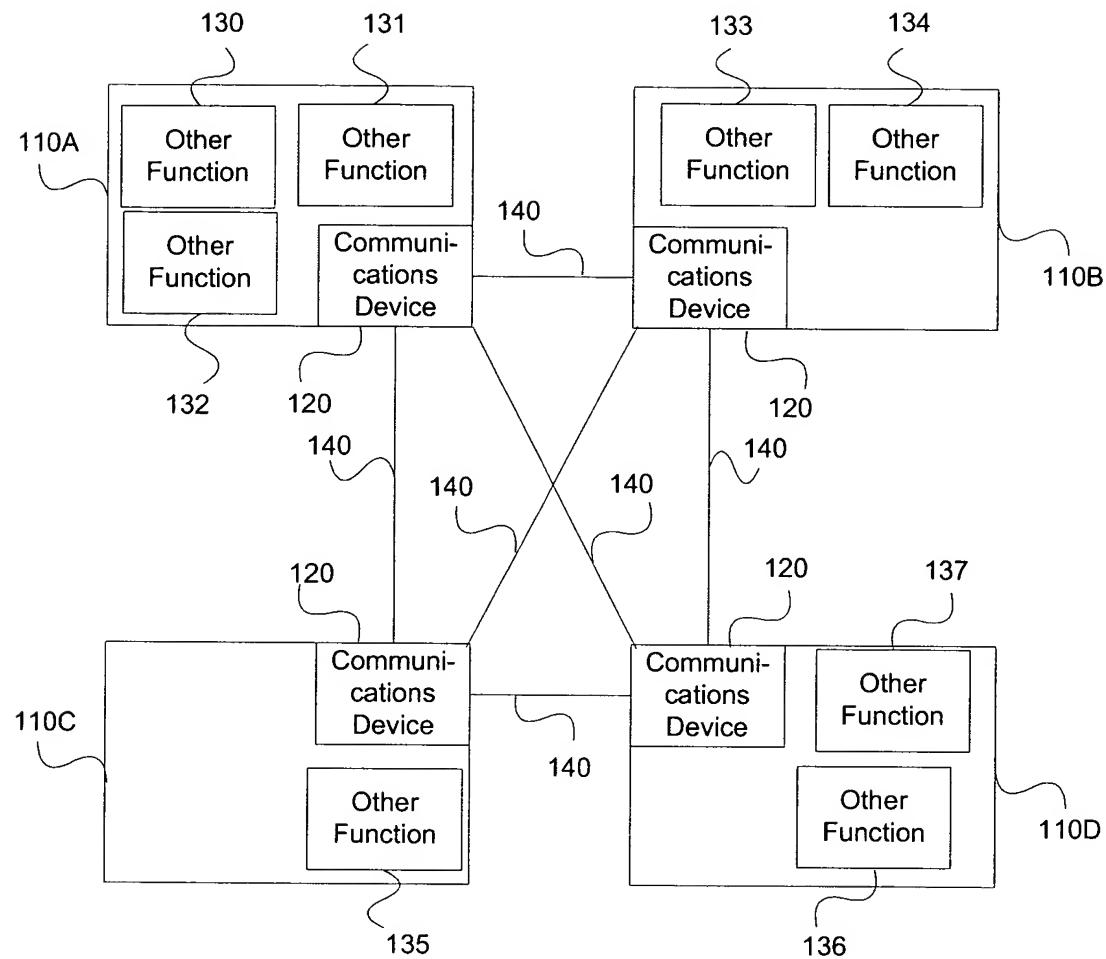
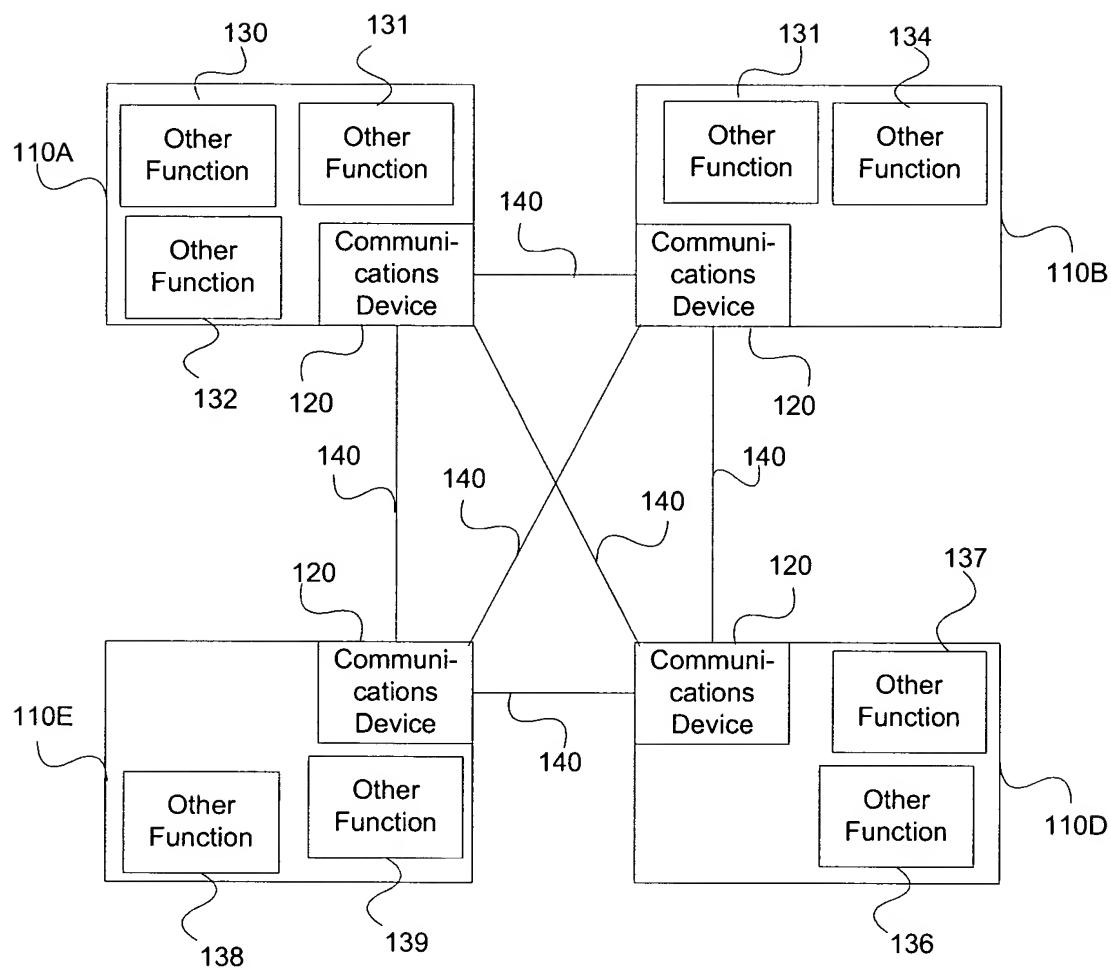


FIG 1A



100A

FIG 1B



100B

FIG 2A

ID	Manufacturer
0	Unknown/Unassigned
1	Mfg. A
2	Mfg. B
3	Mfg. C

210

FIG 2B

ID	Model/Mfg. A
0 - 255	Unassigned
256	Model A
257	Model B
258	Model C

220

FIG 2C

ID	Device Type
0 - 255	Unknown/Unassigned Output
256	Display
257	Audio Output
.	.
.	.
32768-33023	Unknown/Unassigned Input
33024	Push Button Input
33025	Audio Input
.	.
.	.

230

FIG 2D

Device Type 257			
Capability	Type	Range	
1	Stereo	Yes/No	242
2	Volume Control	Yes/No	244
3	Volume Level	Number of Levels	246

240

FIG 3A

301 ~~~~~ Msg Type: Identity Request
~~~~~ Network ID: 303  
~~~~~ Network Address: 304  
~~~~~ Controller ID: 305  
~~~~~ Error Detection/Correction: 302  

300

FIG 3B

301 ~~~~~ Msg Type: Component Identity
~~~~~ Network ID: 311  
~~~~~ Network Address: 312  
~~~~~ Component ID: 313  
~~~~~ Manufacturer ID: 314  
~~~~~ Model ID: 315  
~~~~~ Device Type: 316  
~~~~~ Capability List: 317  
~~~~~ Error Detection/Correction: 302  

310

FIG 3C

301 ~~~~~ Msg Type: Net Address Assignment
~~~~~ Controller ID: 305  
~~~~~ Network ID: 321  
~~~~~ Network Address: 322  
~~~~~ Component ID: 313  
~~~~~ Security Code: 323  
~~~~~ Error Detection/Correction: 302  

320

FIG 3D

301 ~~~~~ Msg Type: Network Ack
~~~~~ Component ID: 313  
~~~~~ Network ID: 321  
~~~~~ Network Address: 322  
~~~~~ Error Detection/Correction: 302  

330

FIG 3E

301 ~ Msg Type: Output Data Request
Network ID: ~ 321
Network Address: ~ 322
Request Serial Number: ~ 341
Device Type: ~ 316
Capability Type: ~ 317
Data to Output (dependent on Device Type): ~ 342
Error Detection/Correction: ~ 302

340

FIG 3F

301 ~ Msg Type: Output Ack
Network ID: ~ 321
Network Address: ~ 322
Request Serial Number: ~ 341
Ack Code: ~ 351
Error Detection/Correction: ~ 302

350

FIG 3G

301 ~ Msg Type: Input Data Request
Network ID: ~ 321
Network Address: ~ 322
Request Serial Number: ~ 361
Device Type: ~ 316
Capability Type: ~ 317
Error Detection/Correction: ~ 302

360

FIG 3H

301 ~~~~~ Msg Type: Input Data Ack 321
Network ID: ~~~~~ 322
Network Address: ~~~~~ 361
Request Serial Number: ~~~~~ 371
Ack Code: ~~~~~ 372
Data (dependent on Device Type): ~~~~~ 302
Error Detection/Correction: ~~~~~ 360

FIG 3I

301 ~~~~~ Msg Type: Unsolicited Data 321
Network ID: ~~~~~ 322
Network Address: ~~~~~ 316
Device Type: ~~~~~ 317
Capability Type: ~~~~~ 381
Data: ~~~~~ 302
Error Detection/Correction: ~~~~~ 380

FIG 3J

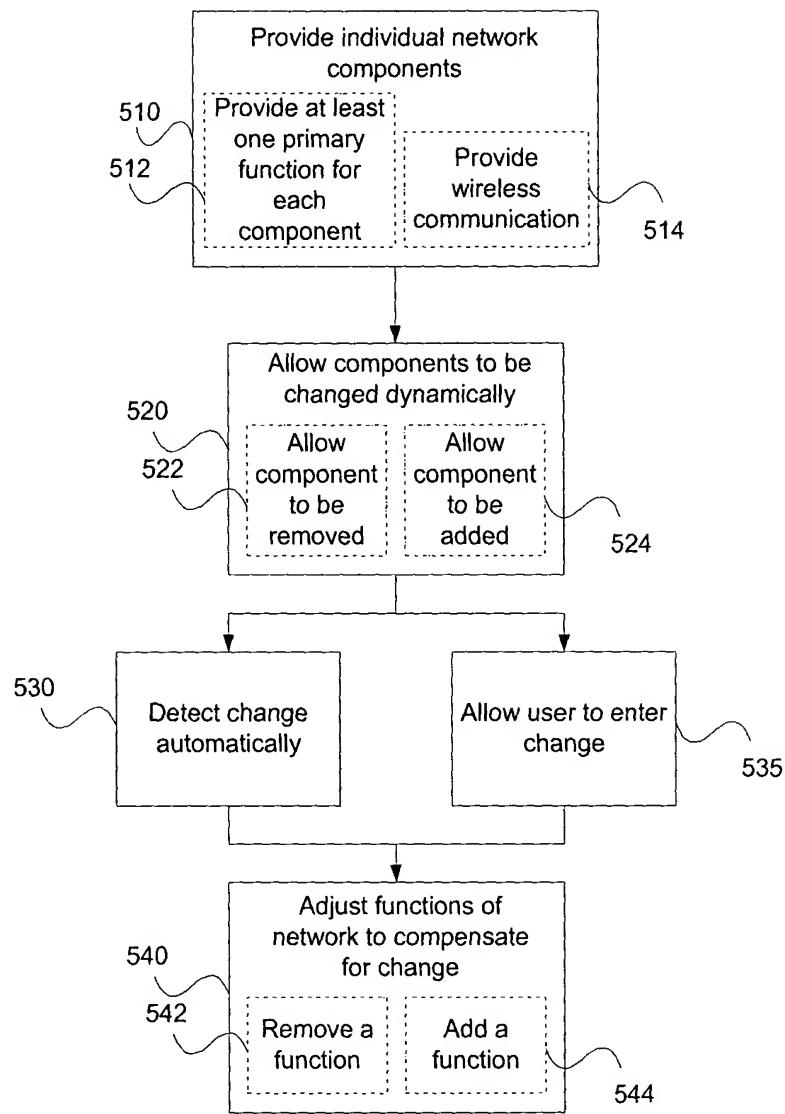
301 ~~~~~ Msg Type: Network Poll 321
Network ID: ~~~~~ 322
Network Address: ~~~~~ 302
Error Detection/Correction: ~~~~~ 390

FIG 4

| 410 | 420 | 430 | 440 | 450 | 460 | 470 |
|-----------------|--------------|--------------|-------|-------------|---------------|--------|
| Network Address | Component ID | Manufacturer | Model | Device Type | Capability | Active |
| 1 | 55555 | 2 | 506 | 701 | 1 / 4 | Yes |
| 2 | 66666 | 2 | 510 | 42163 | 1 / 1 , 2 / 0 | No |
| 3 | 77777 | 4 | 1062 | 891 | 1 / 10 | Yes |
| . | . | . | . | . | . | . |
| . | . | . | . | . | . | . |
| . | . | . | . | . | . | . |
| . | . | . | . | . | . | . |

400

FIG 5



500

FIG 6A

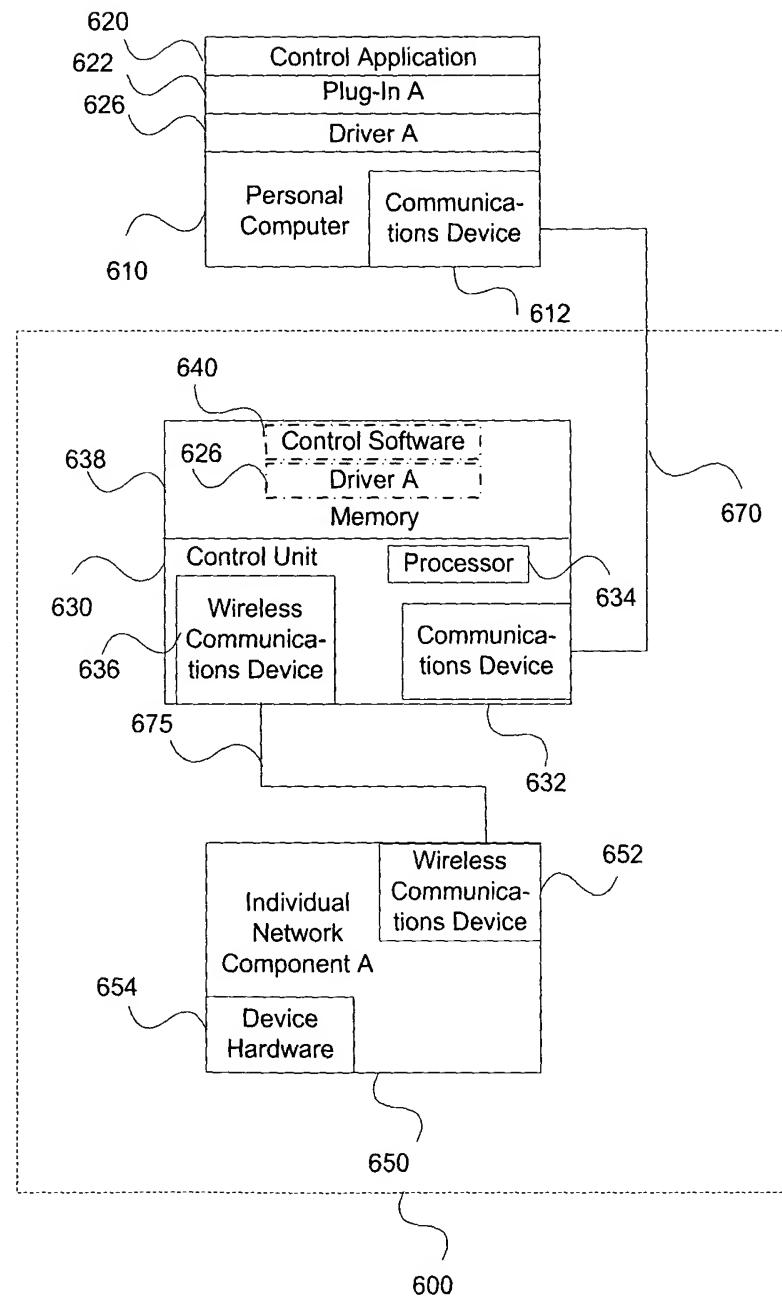


FIG 6B

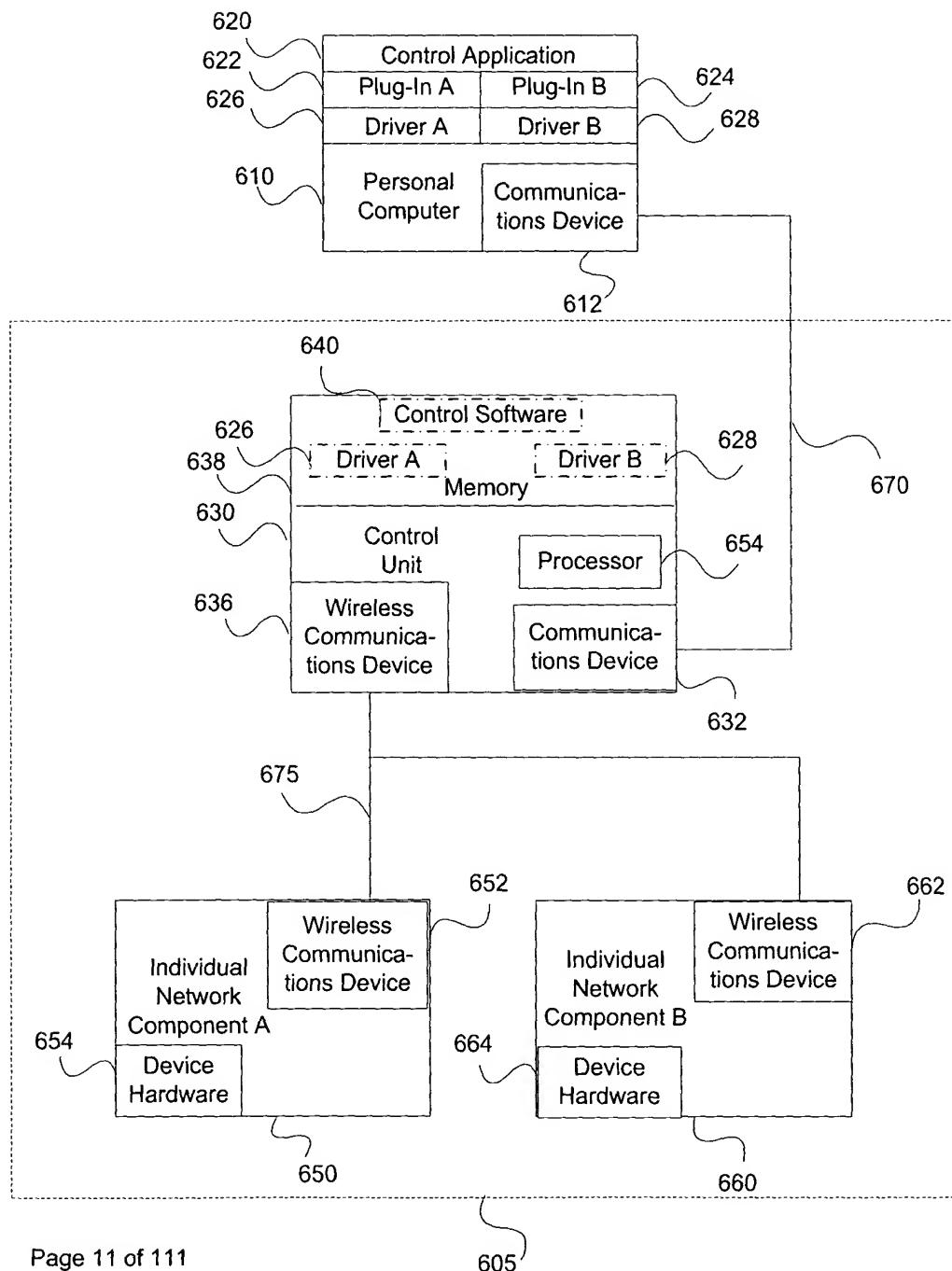
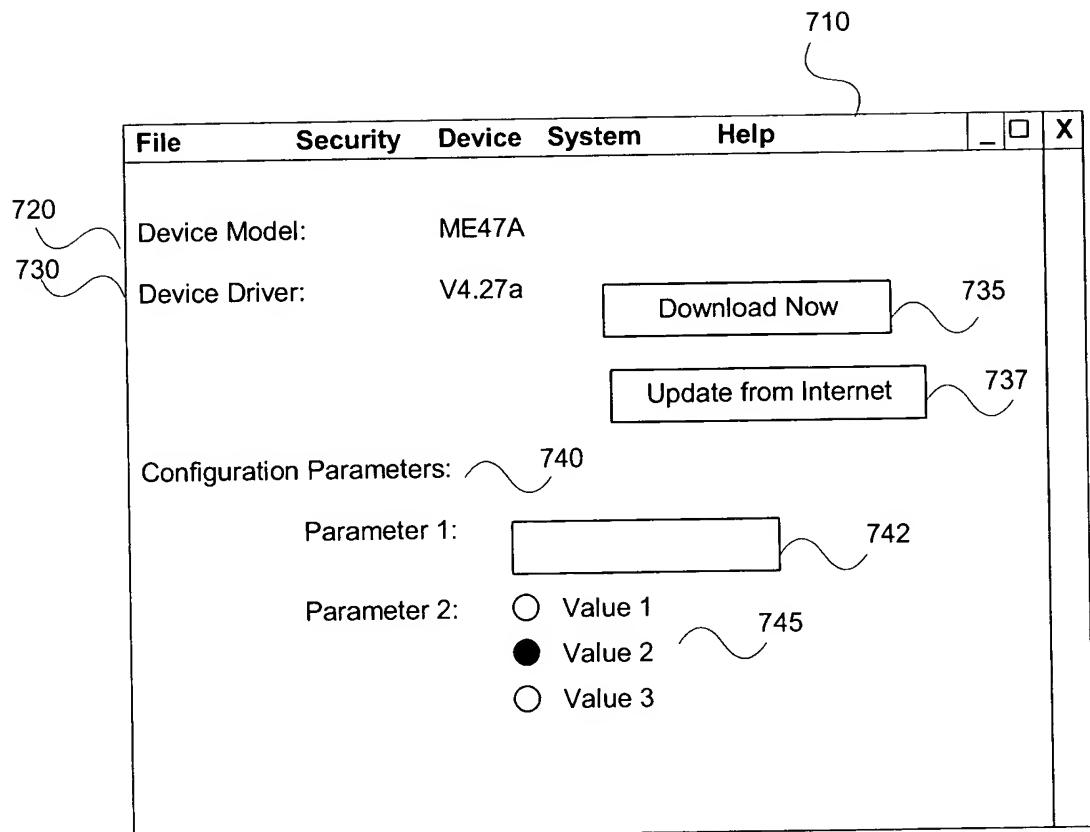
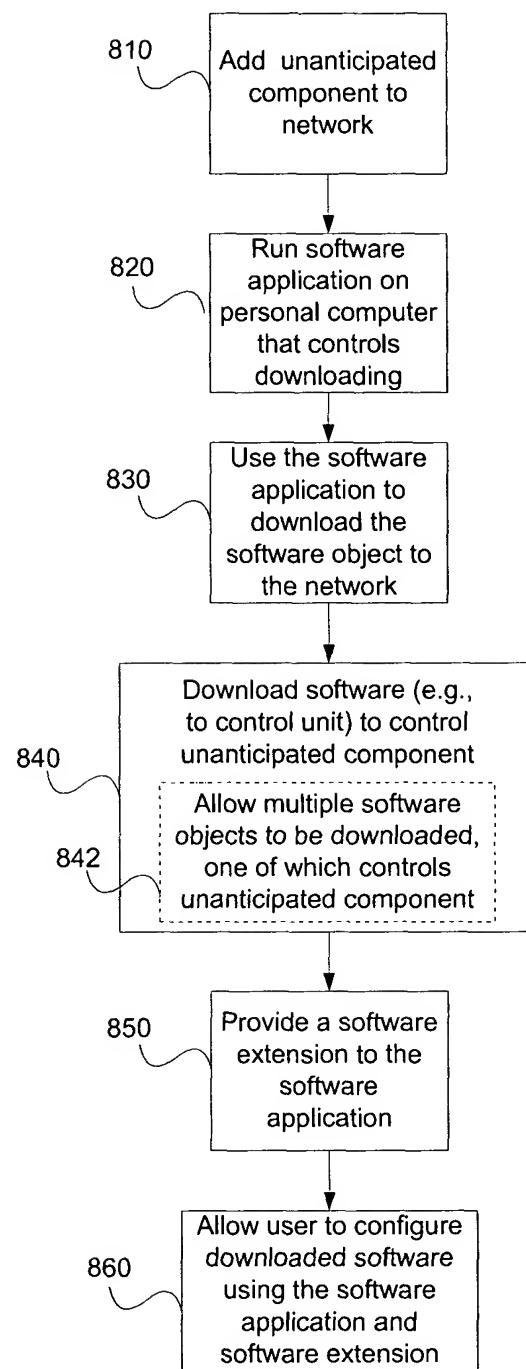


FIG 7



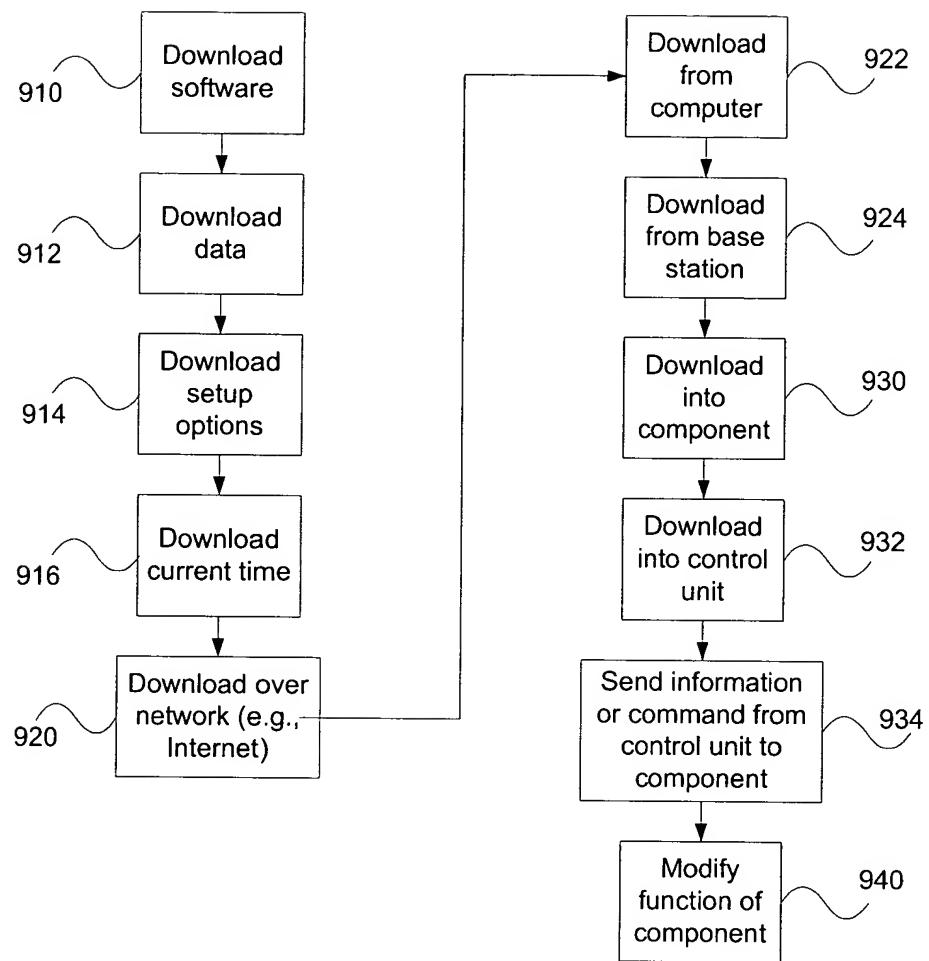
700

FIG 8



800

FIG 9



900

FIG 10

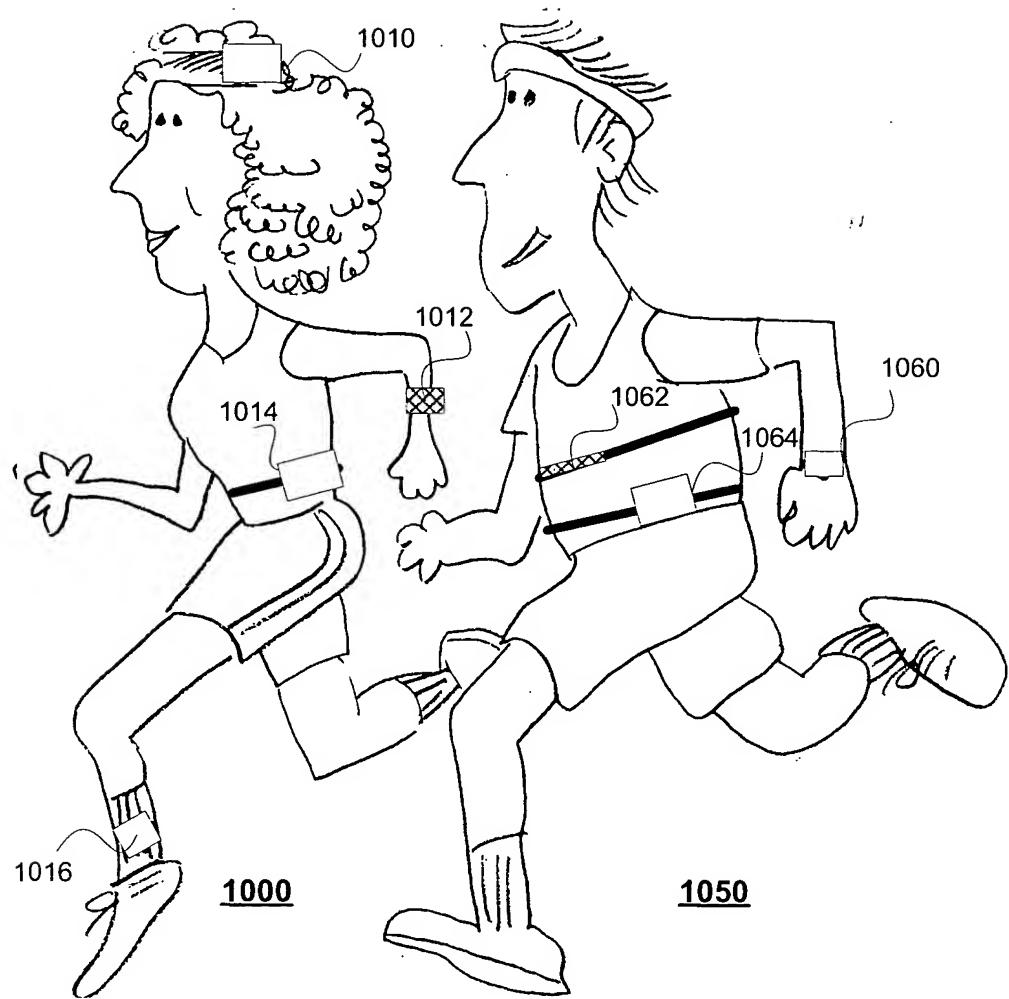
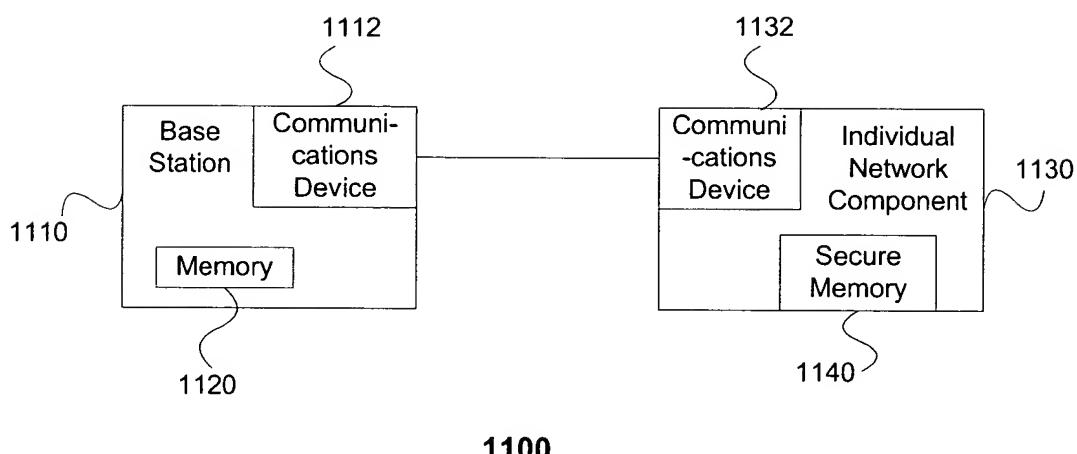
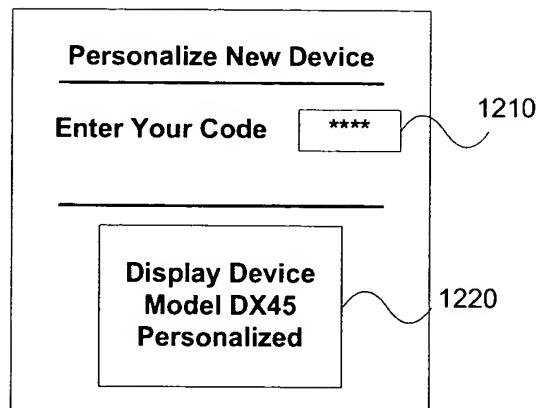


FIG 11



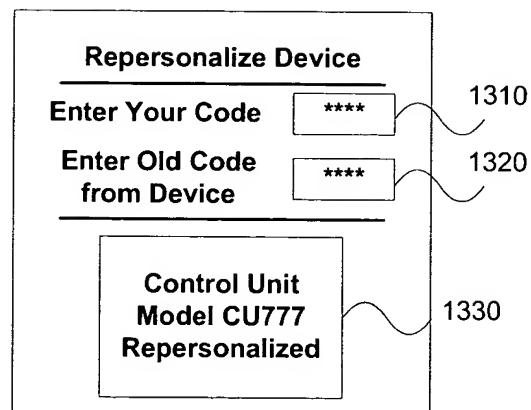
1100

FIG 12



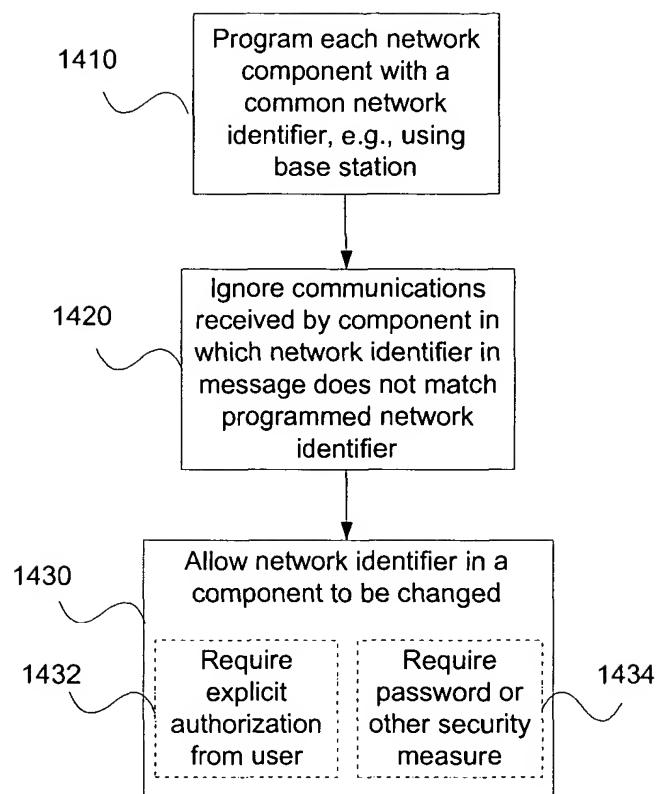
1200

FIG 13



1300

FIG 14



1400

FIG 15

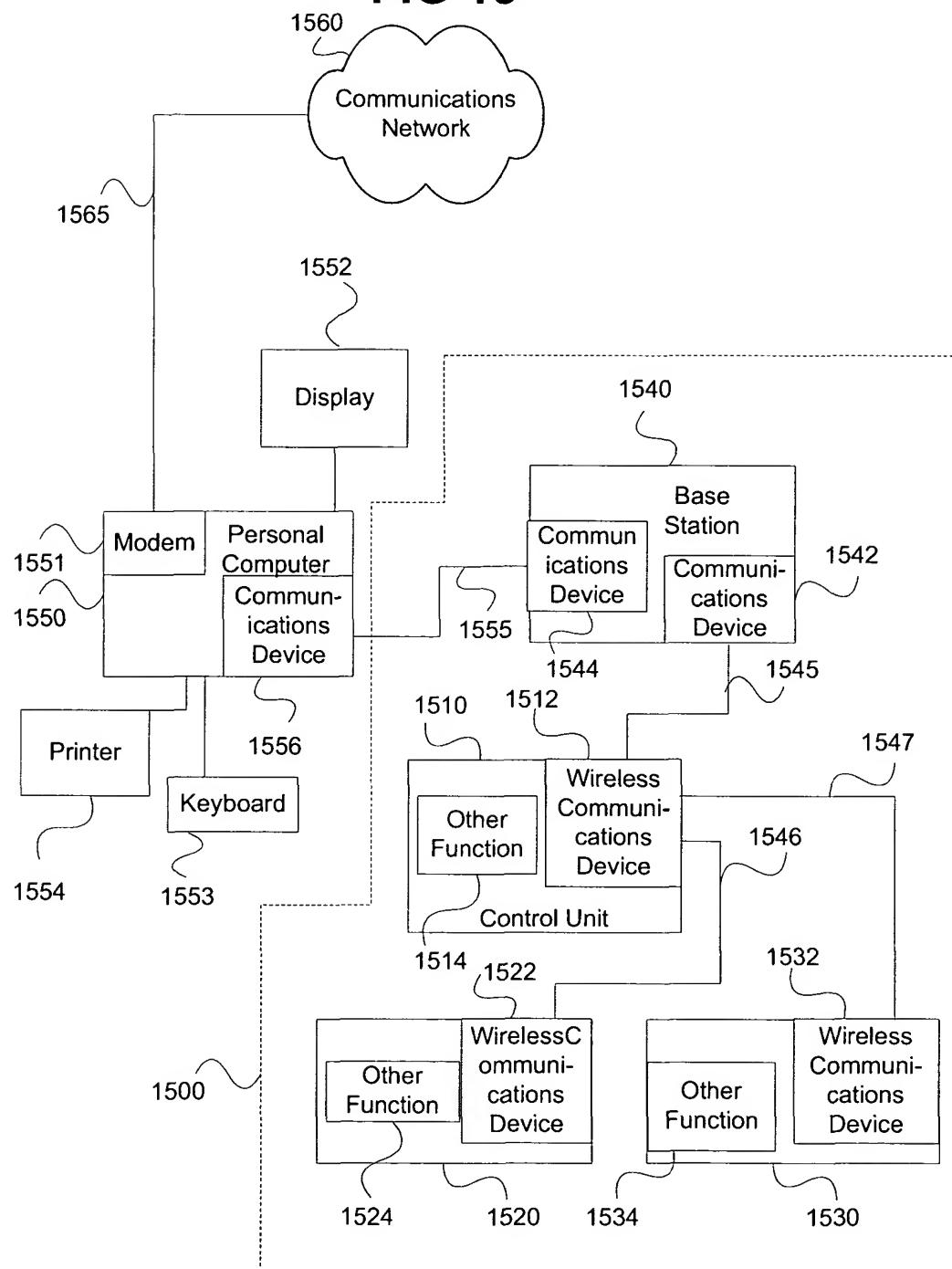
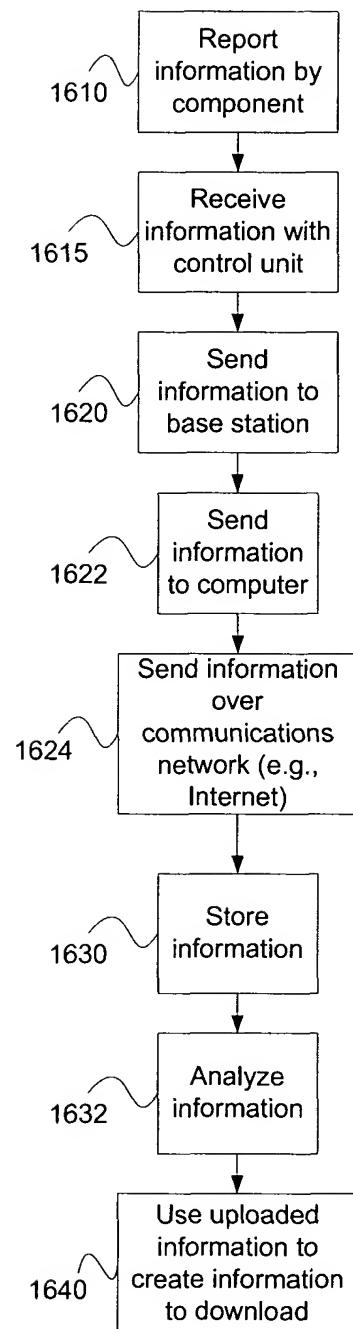
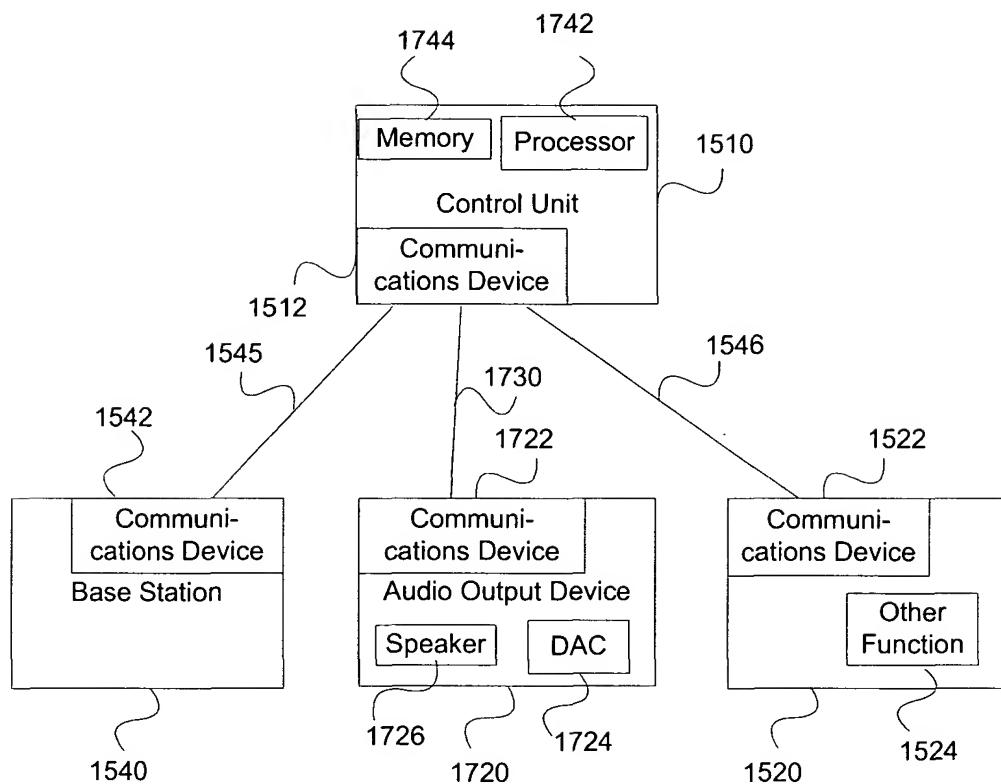


FIG 16



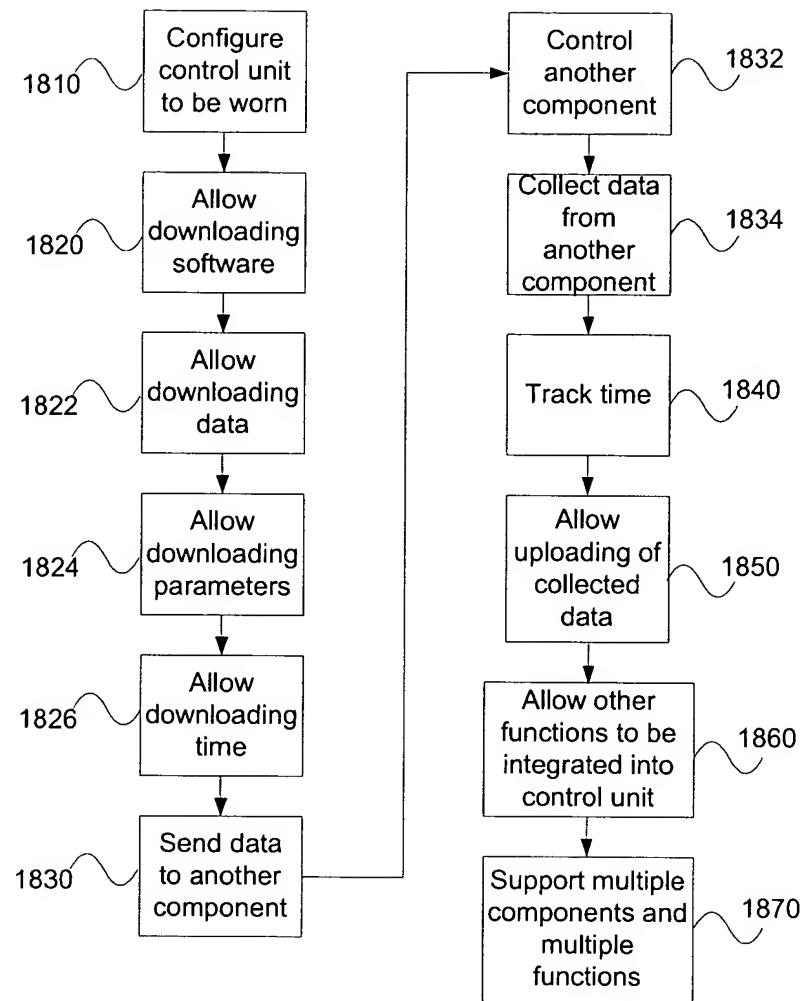
1600

FIG 17



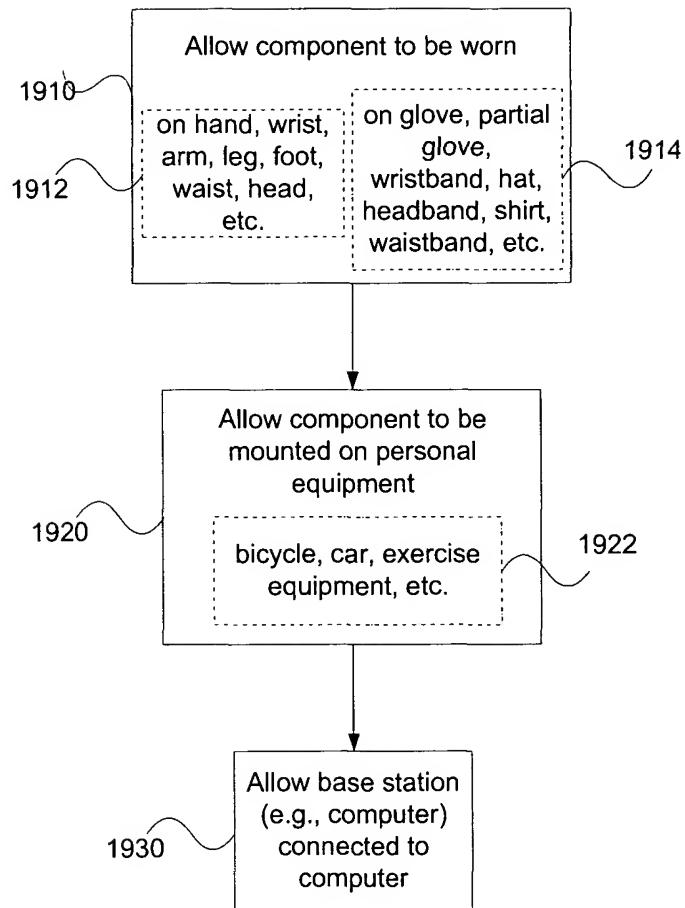
1700

FIG 18



1800

FIG 19



1900

FIG 20A

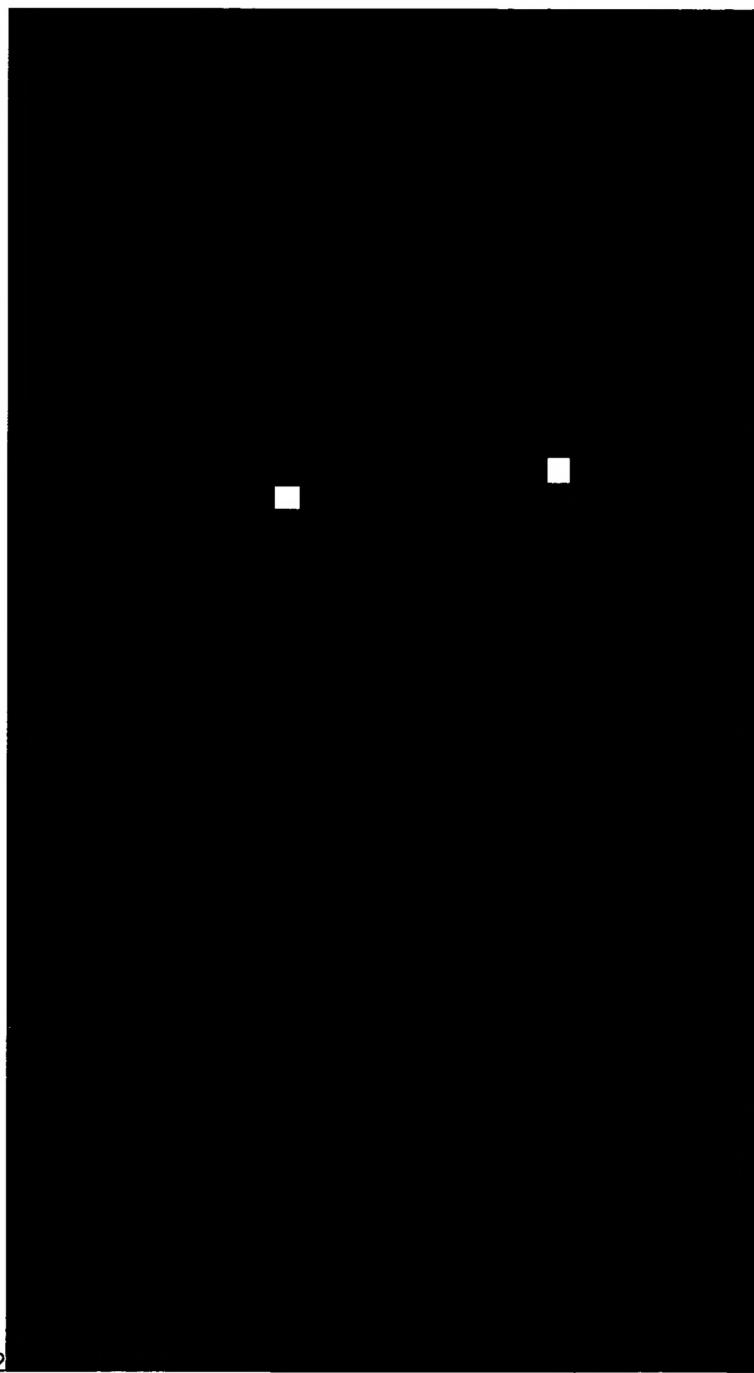


FIG 20B

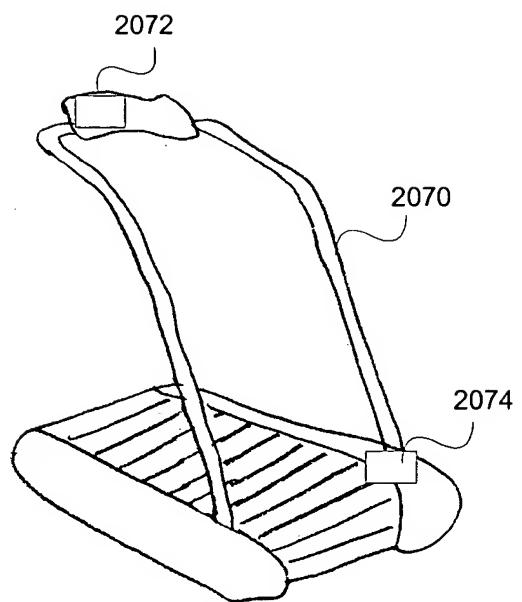


FIG 20C

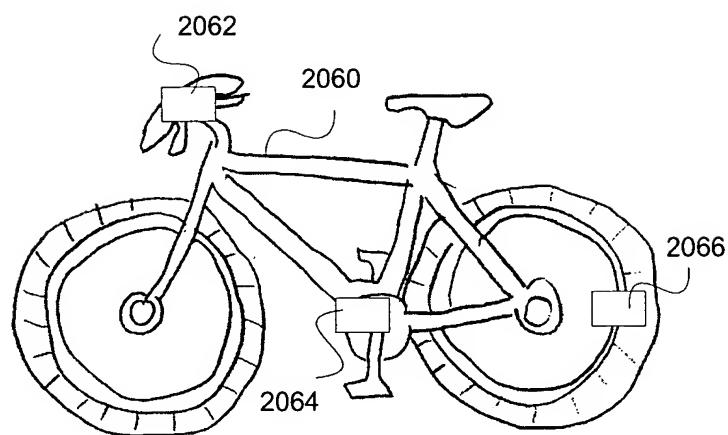
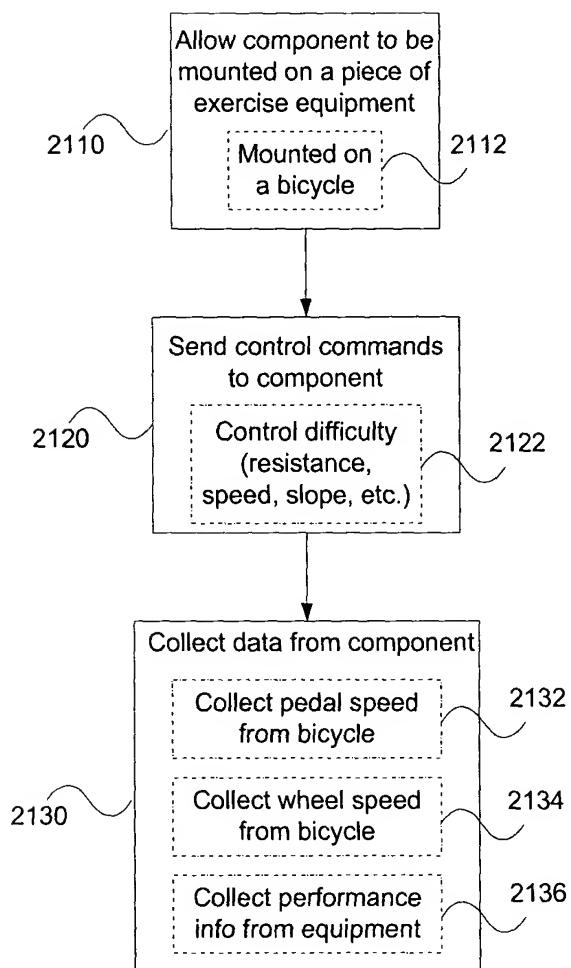


FIG 21



2100

FIG 22A

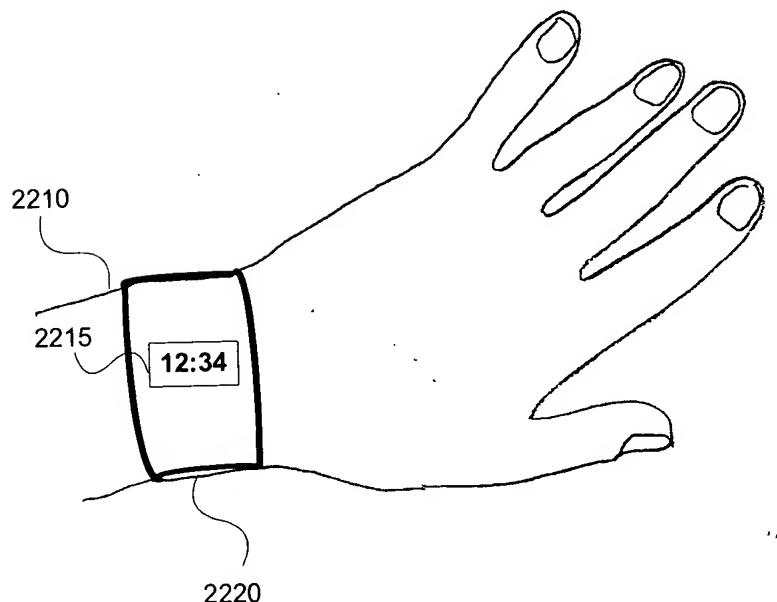


FIG 22B

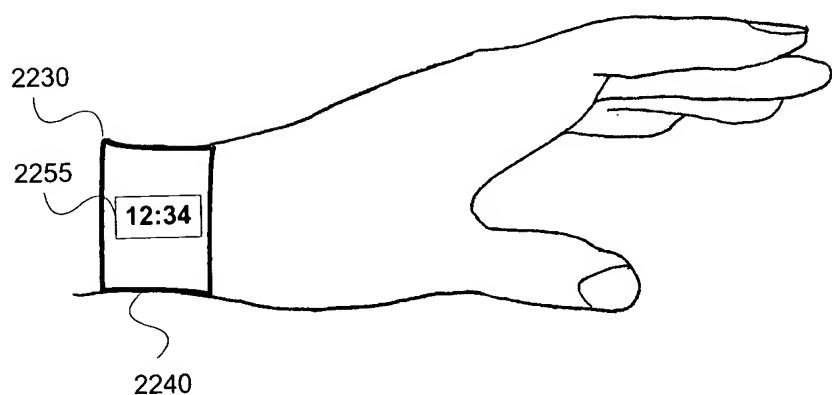


FIG 22C

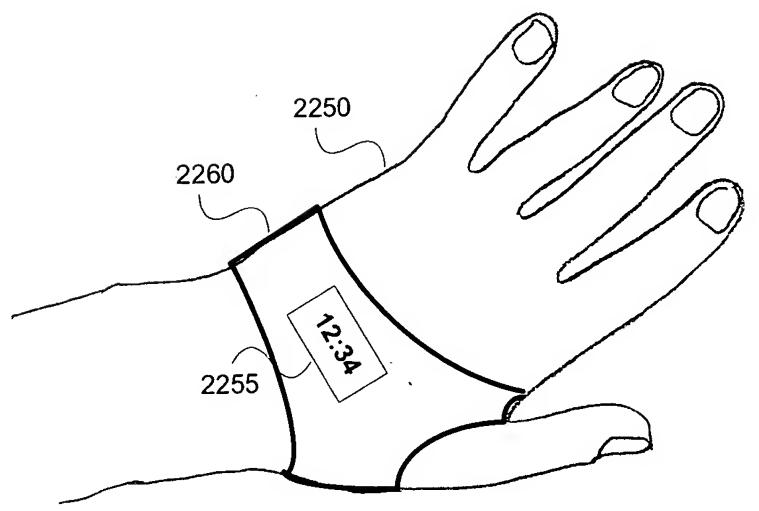


FIG 23A

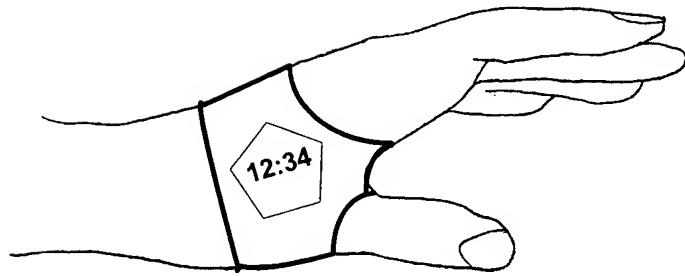


FIG 23B

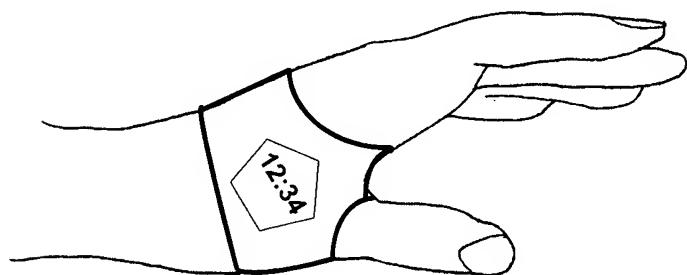


FIG 23C

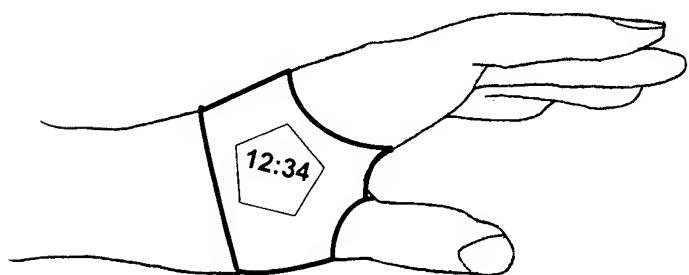


FIG 23D

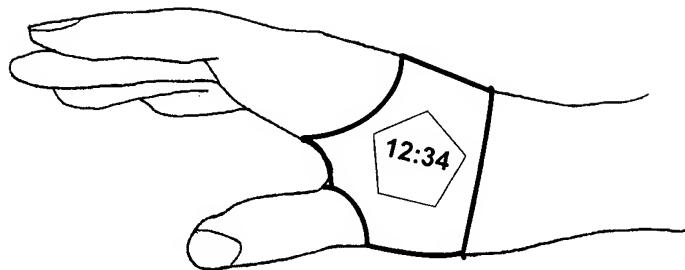


FIG 23E

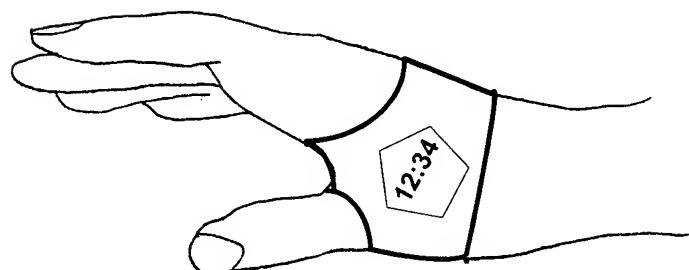


FIG 23F

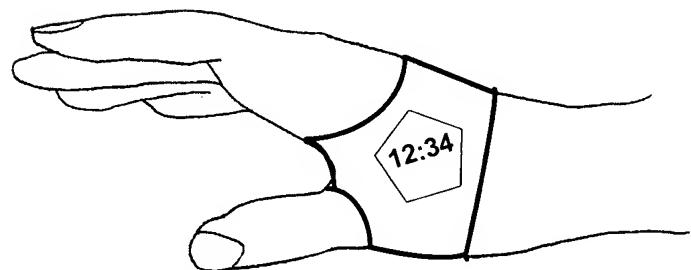
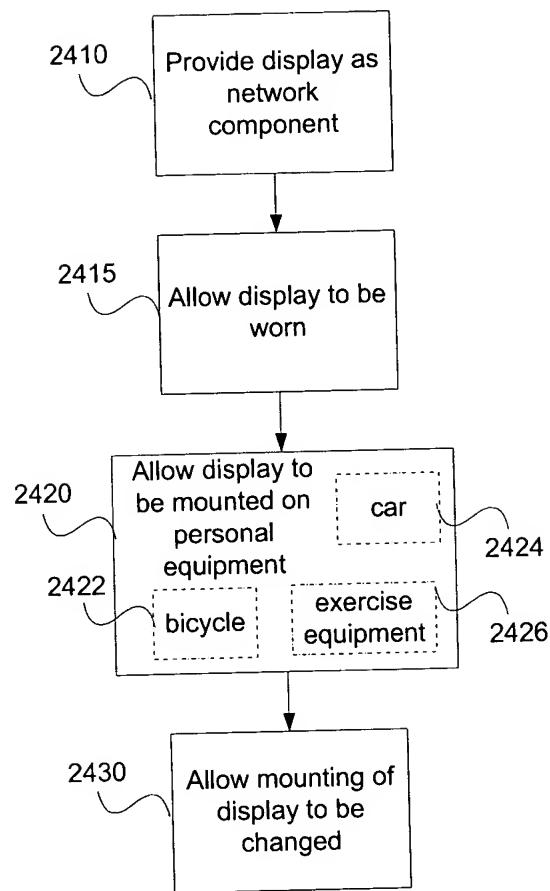


FIG 24A



2400

FIG 24B

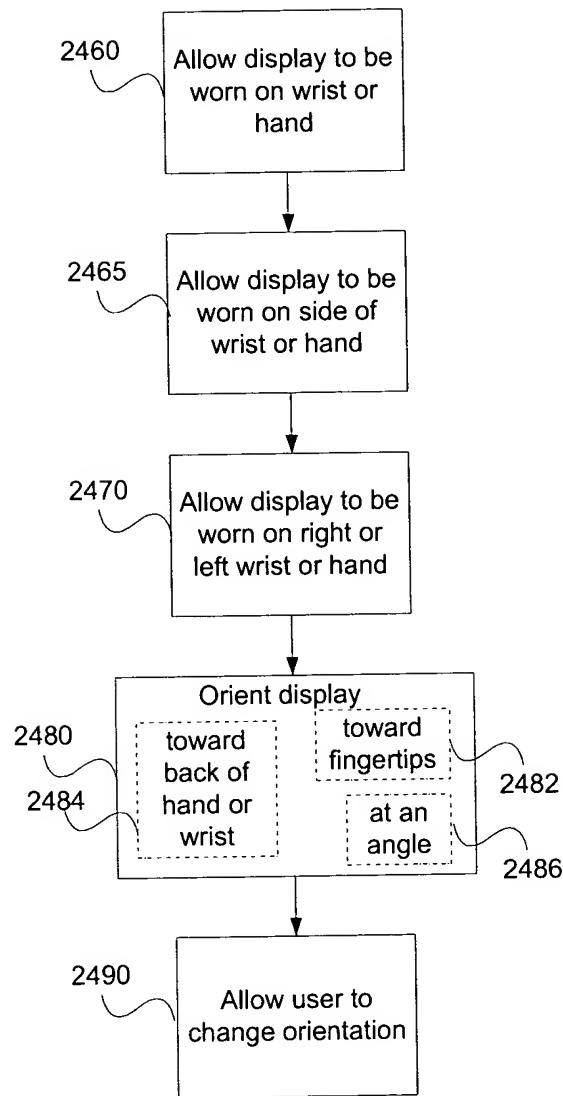


FIG 25

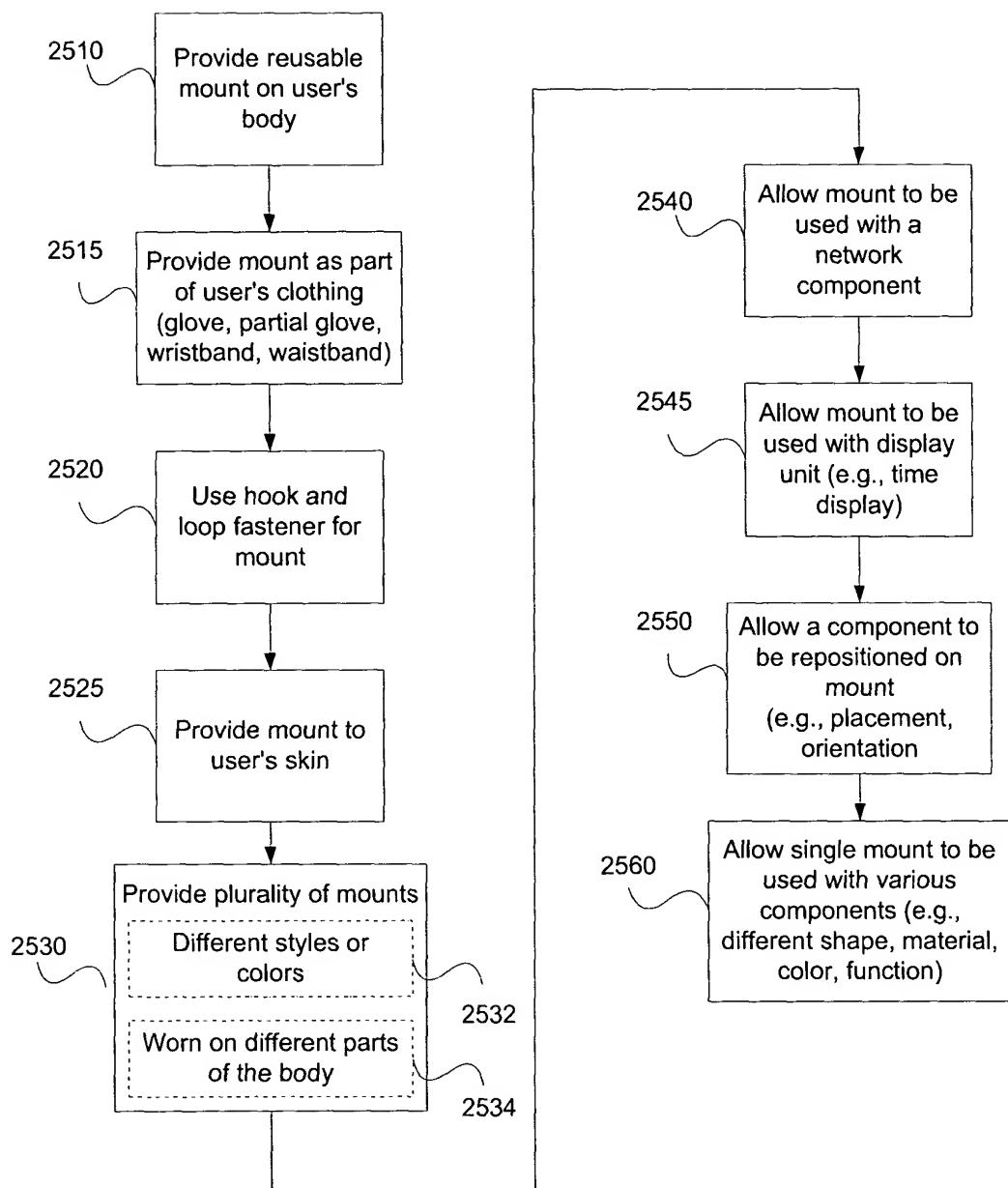


FIG 26A

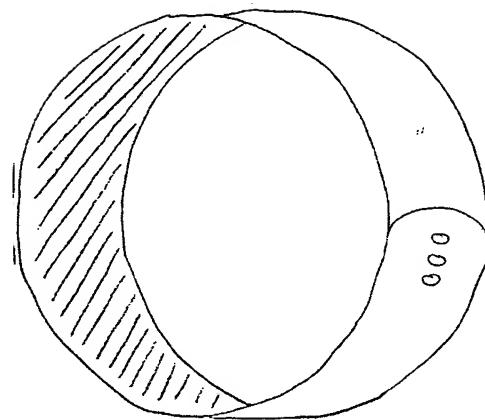


FIG 26B

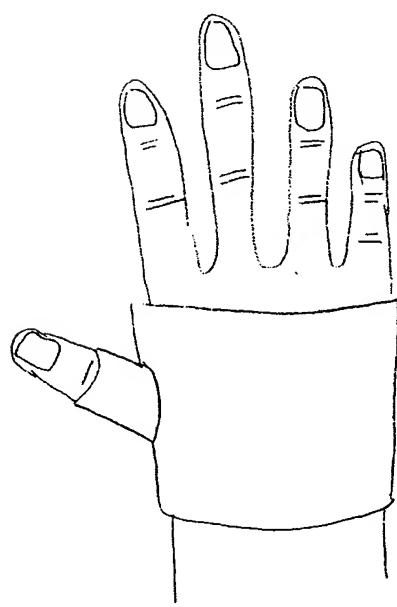


FIG 26C

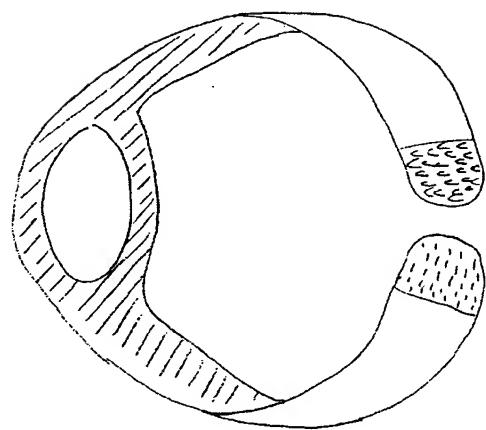


FIG 27A

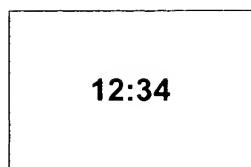


FIG 27B



FIG 27C

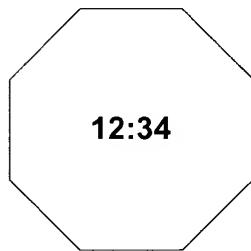


FIG 27D

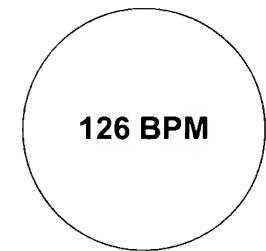


FIG 28A

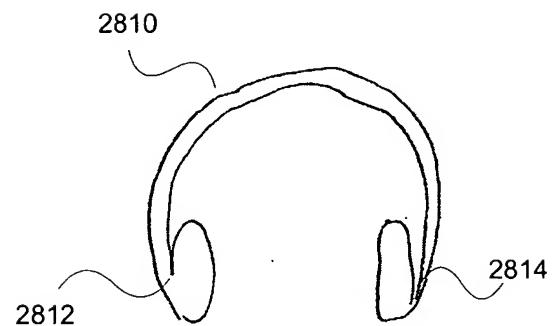


Fig 28B

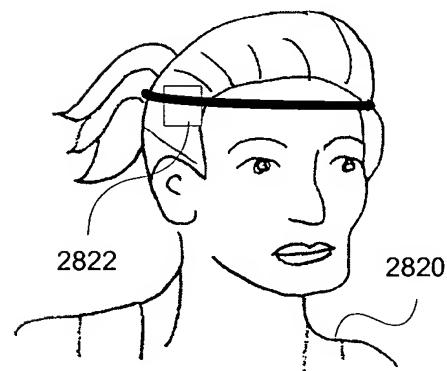


FIG 28C

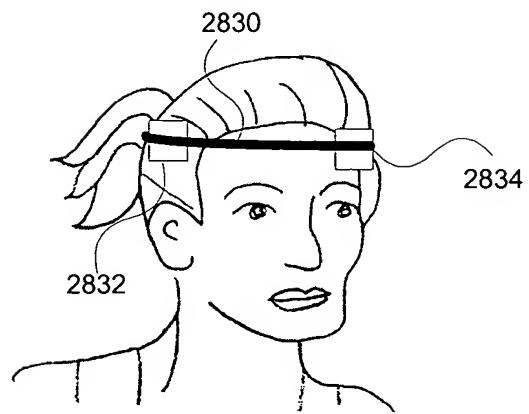


FIG 28D

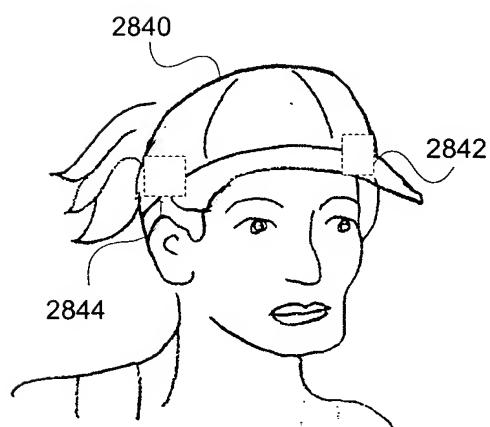


FIG 29

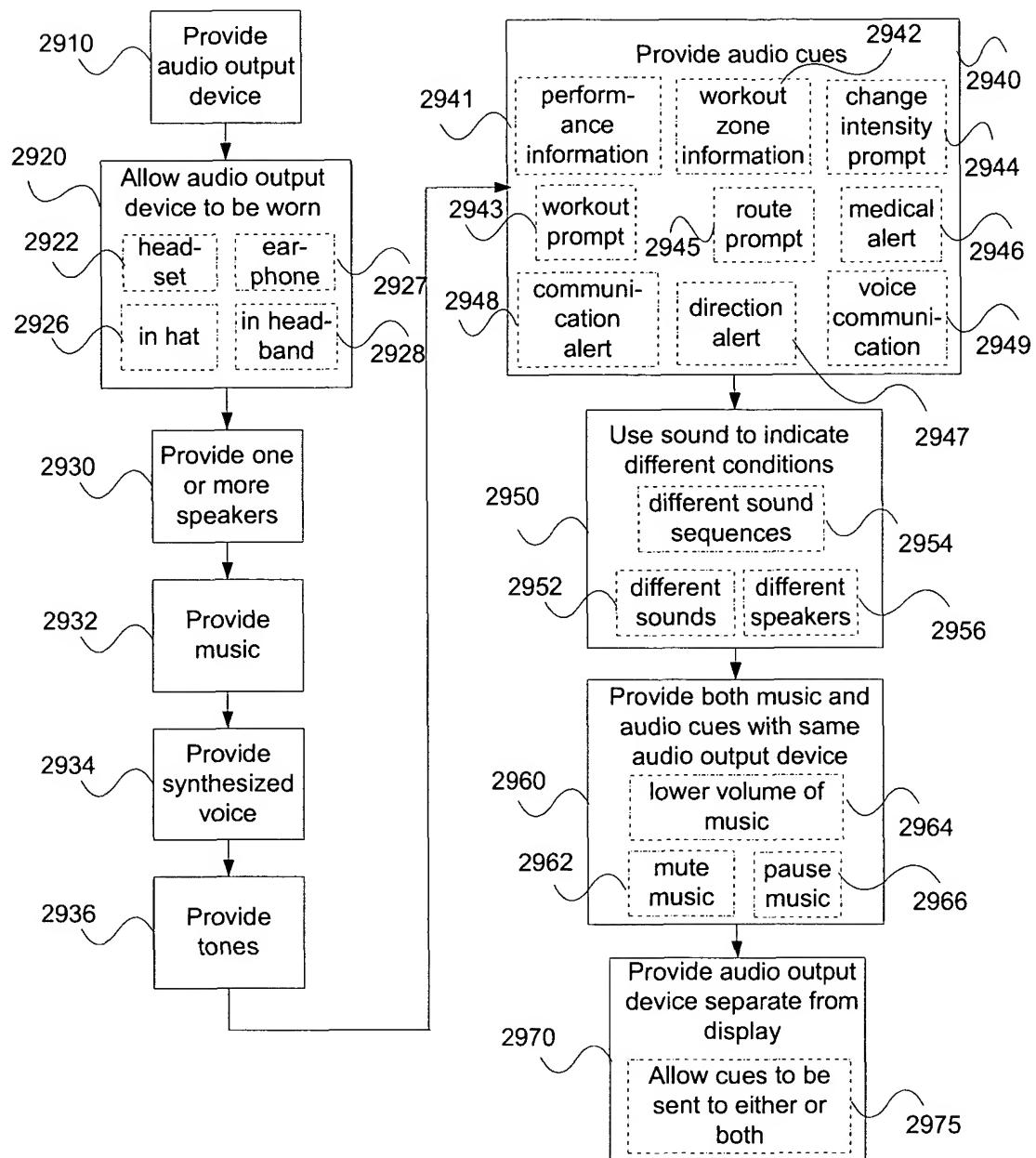
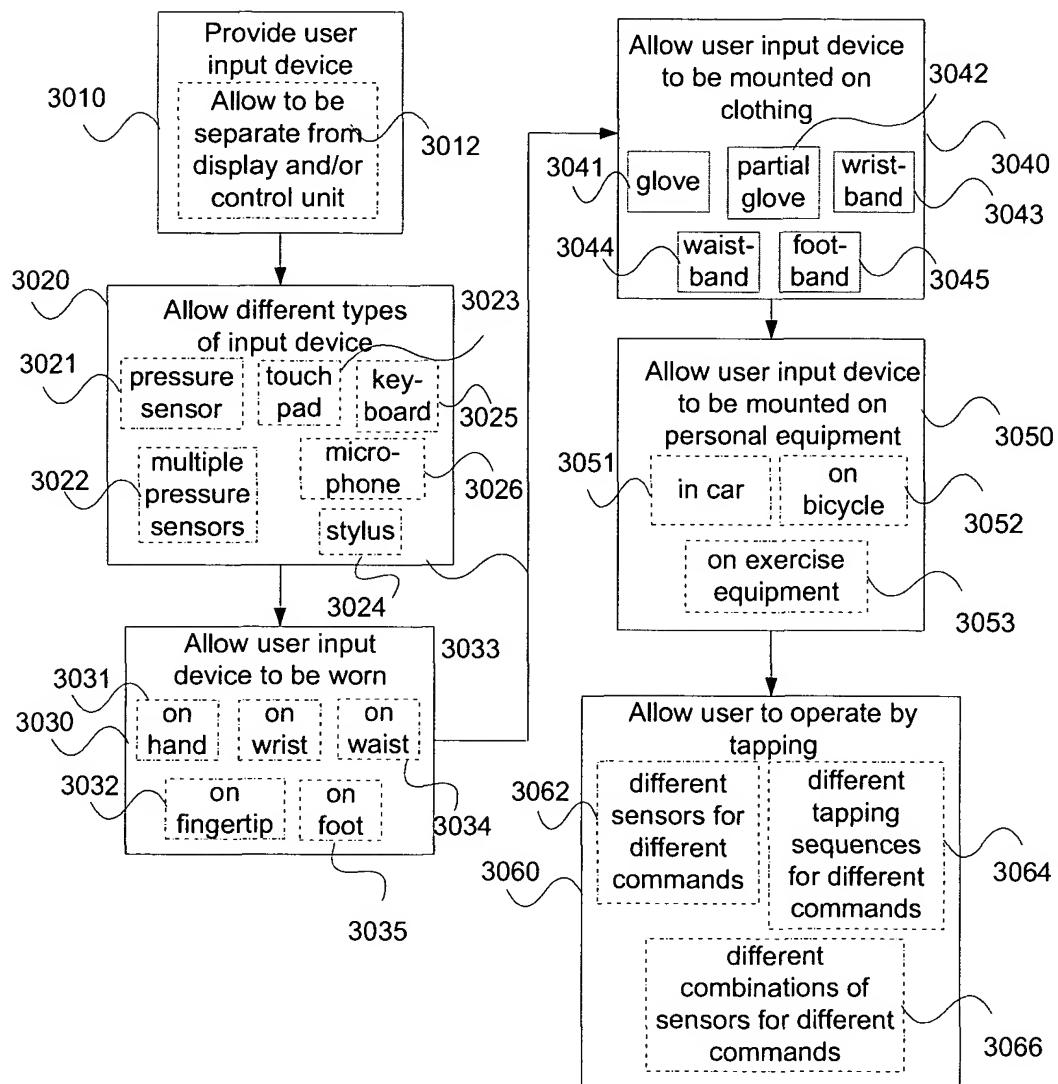


FIG 30



3000

FIG 31A

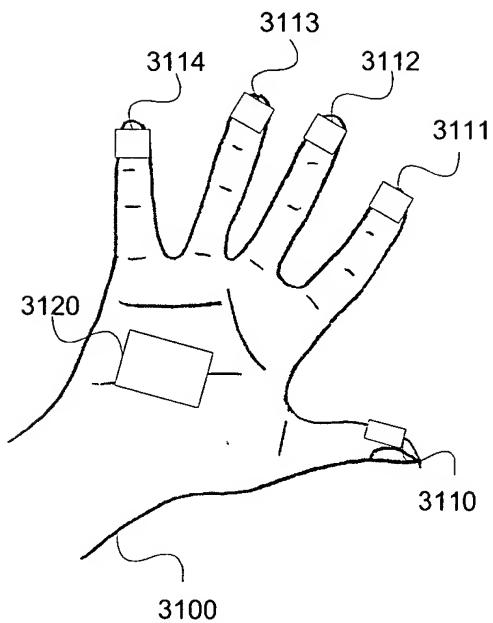


FIG 31B

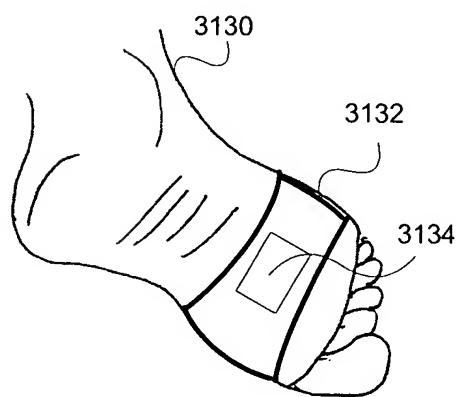


FIG 31C

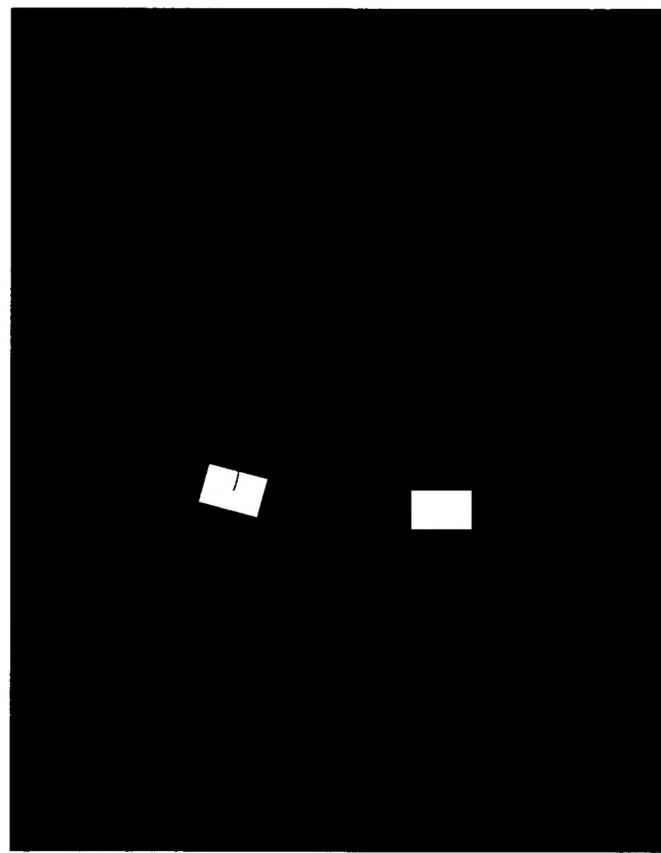
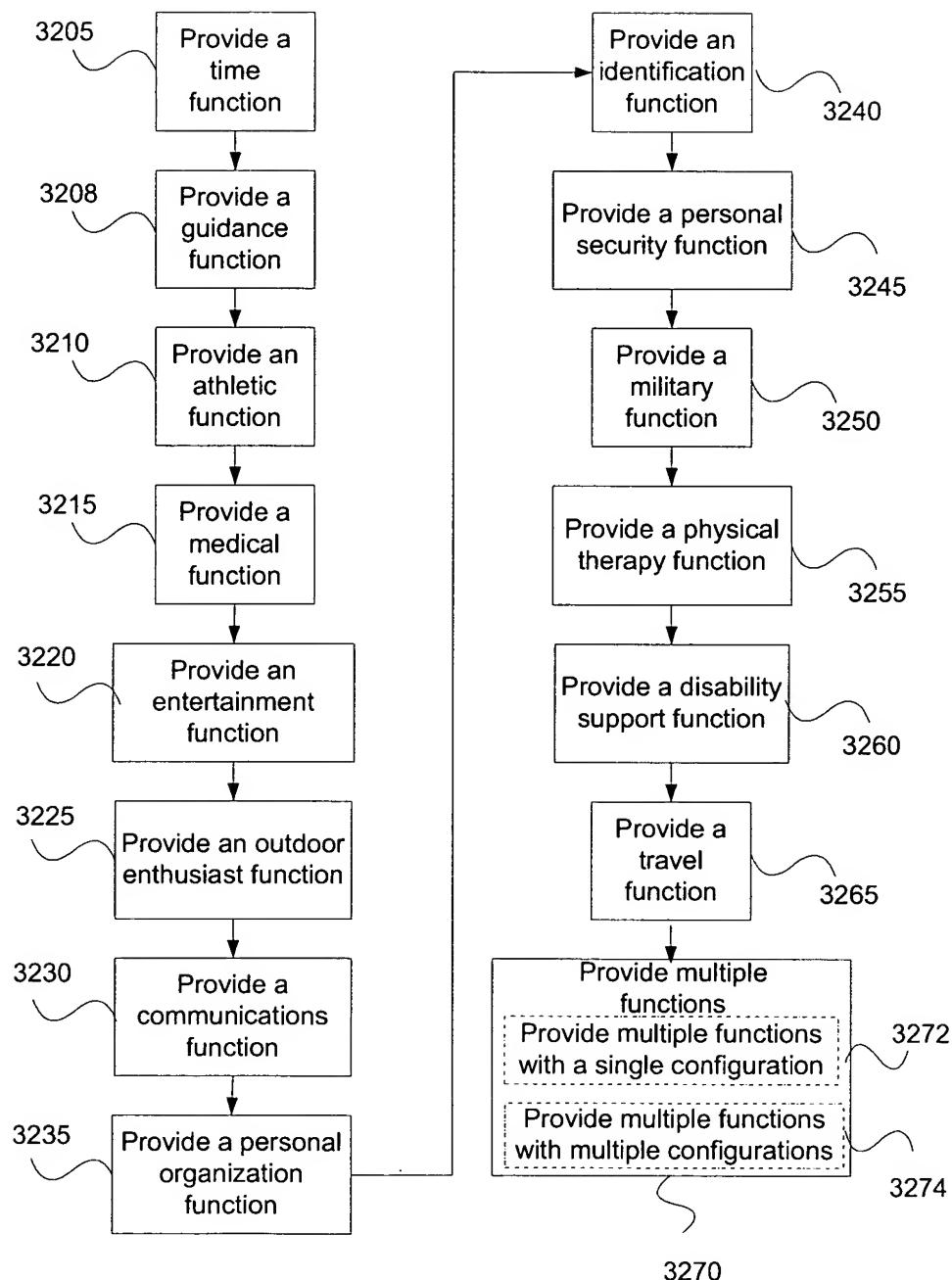
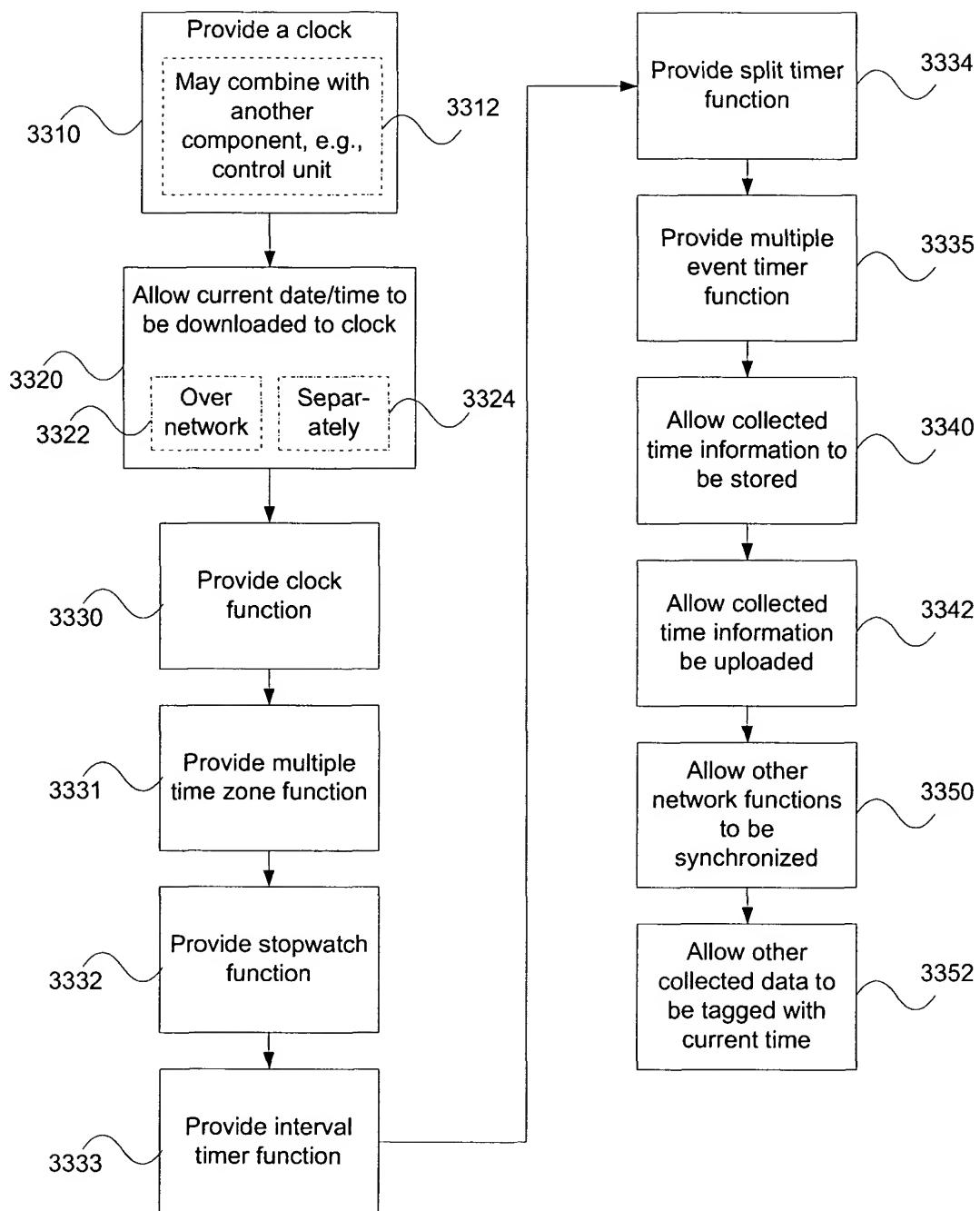


FIG 32



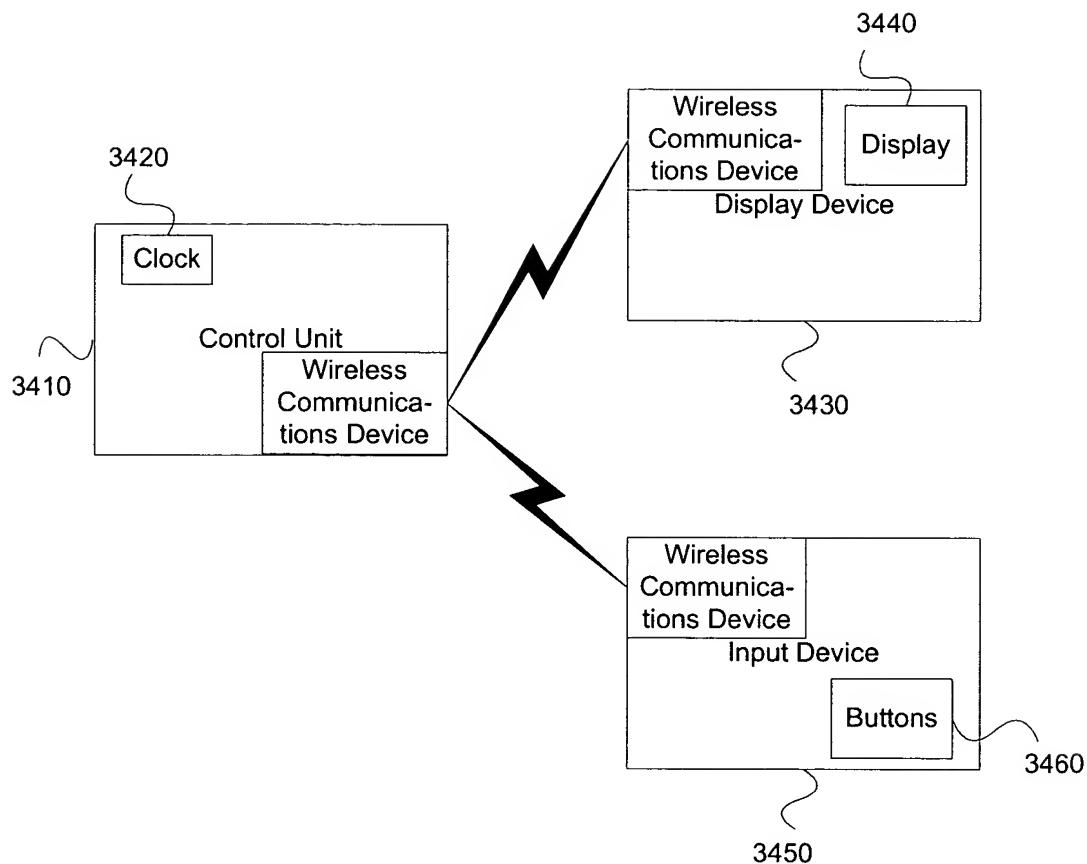
3200

FIG 33



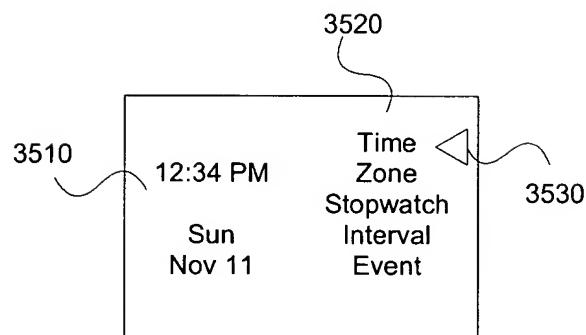
3205

FIG 34



3400

FIG 35



3500

FIG 36

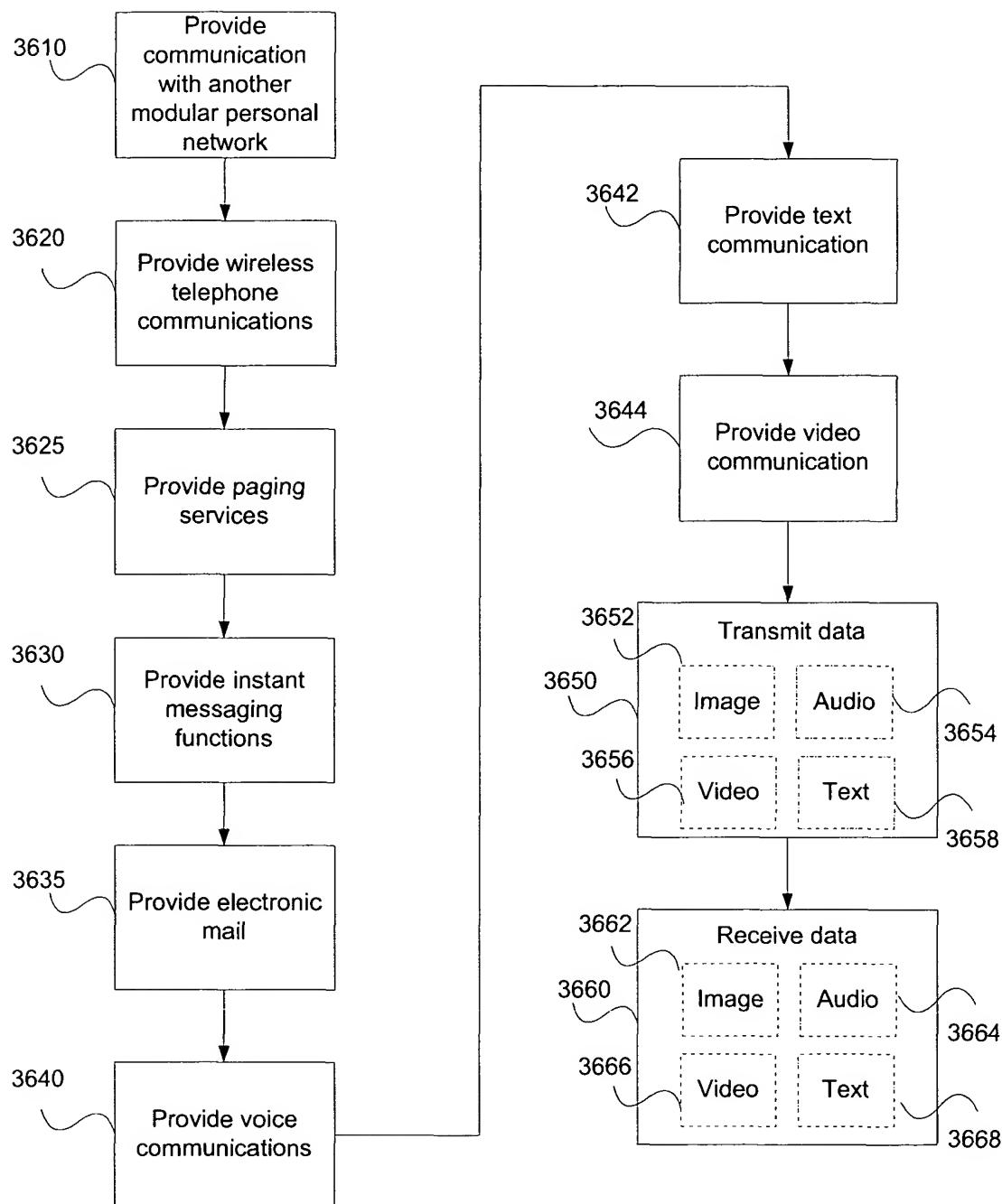
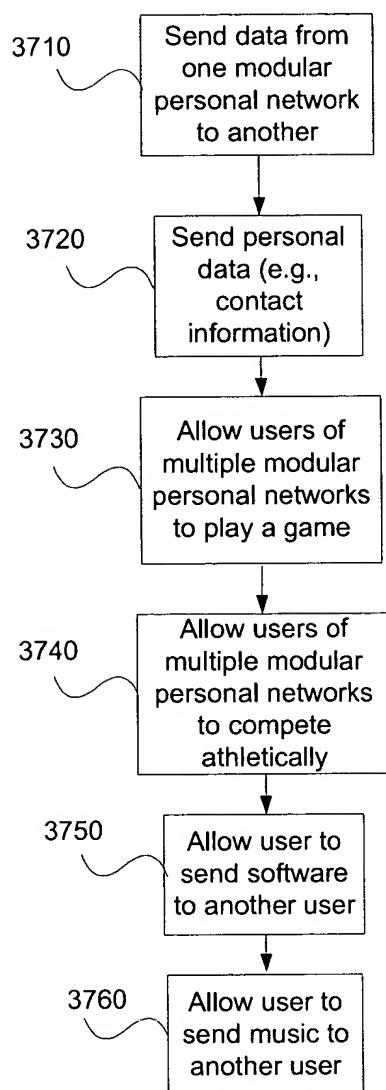


FIG 37



3700

FIG 38

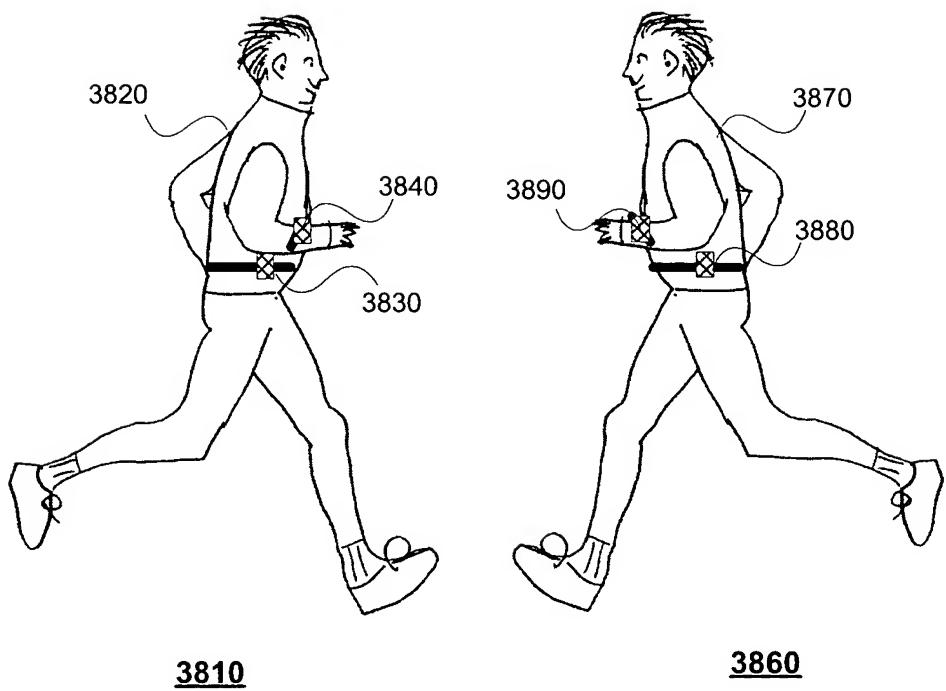


FIG 39

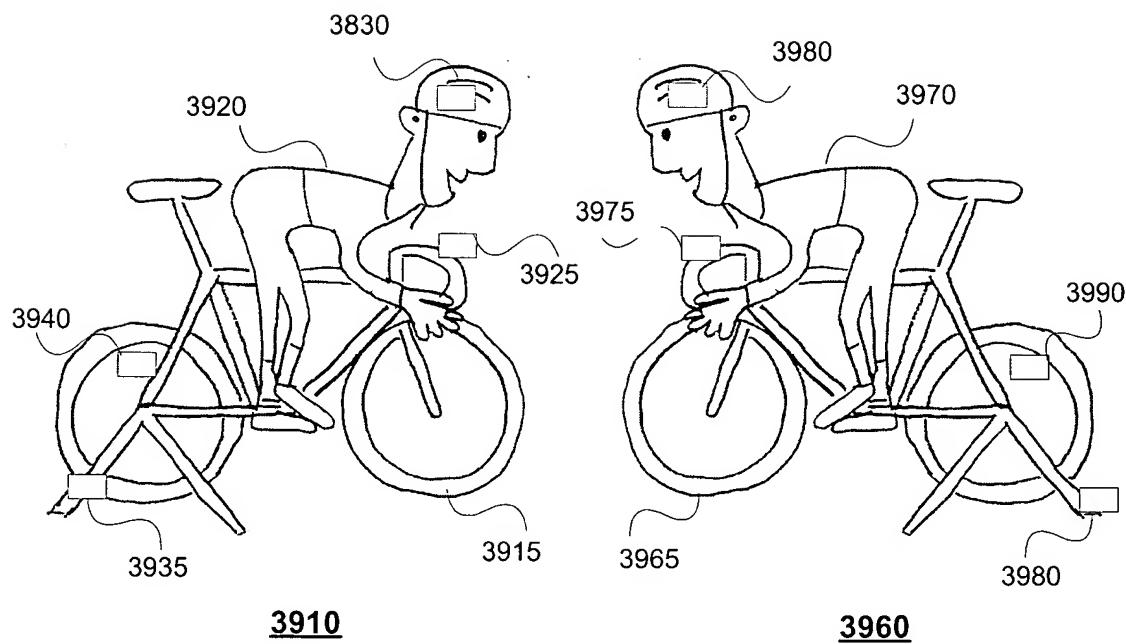


FIG 40

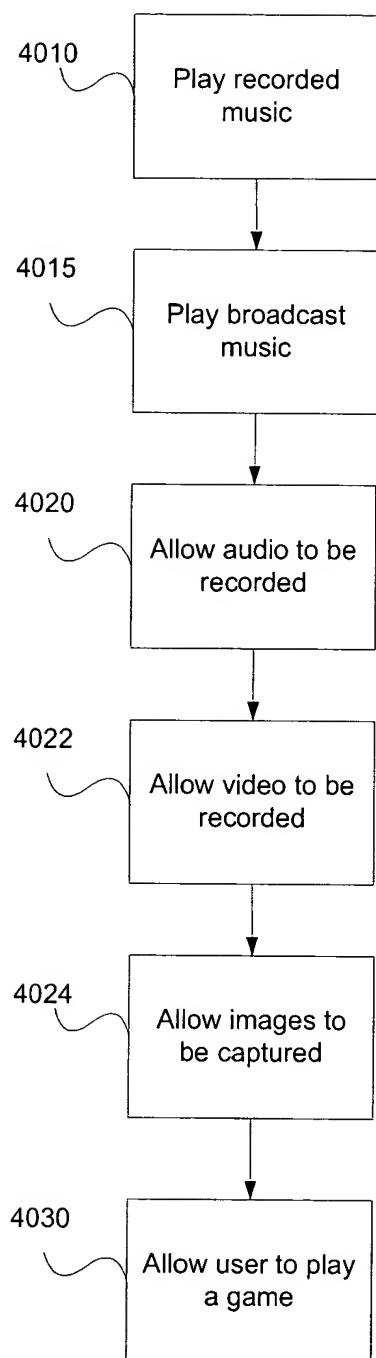


FIG 41

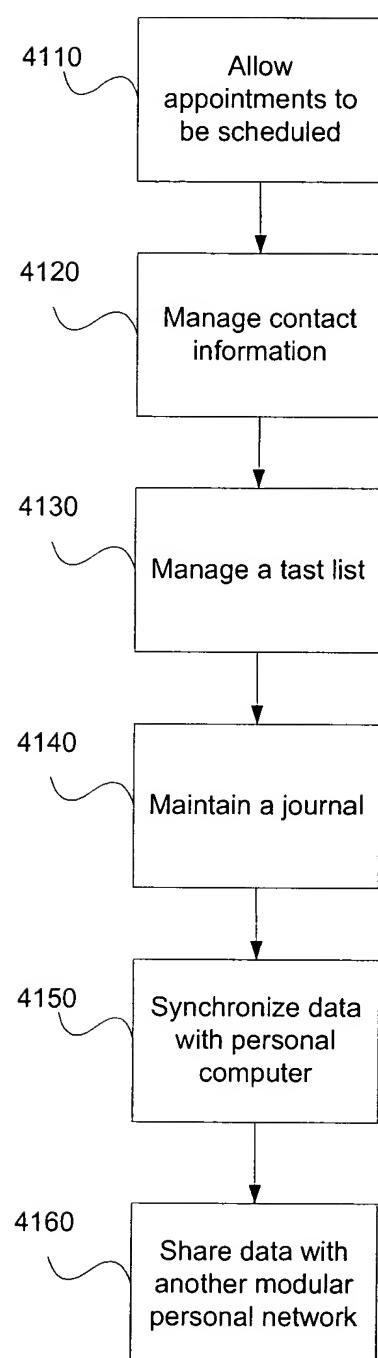


FIG 42

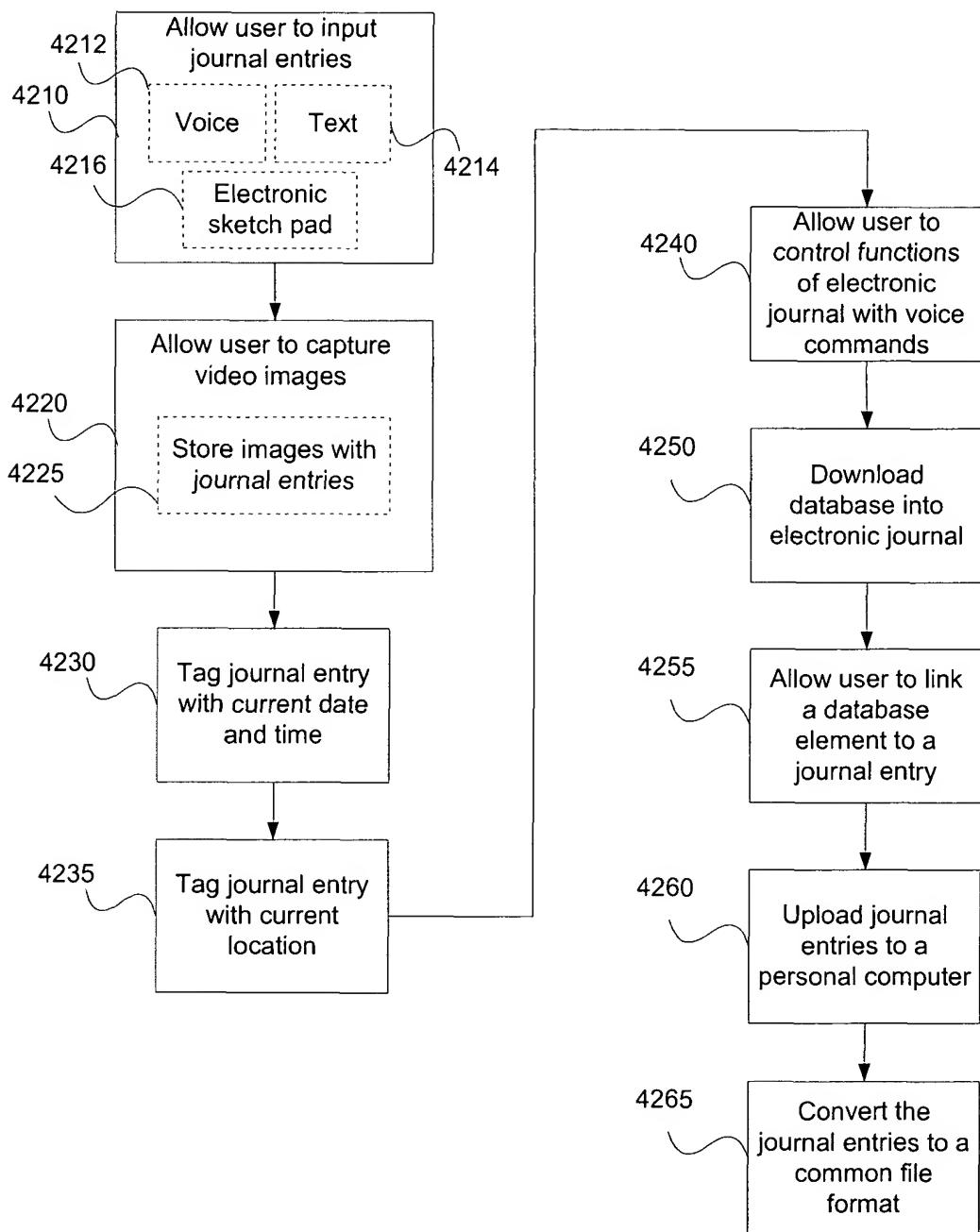


FIG 43A

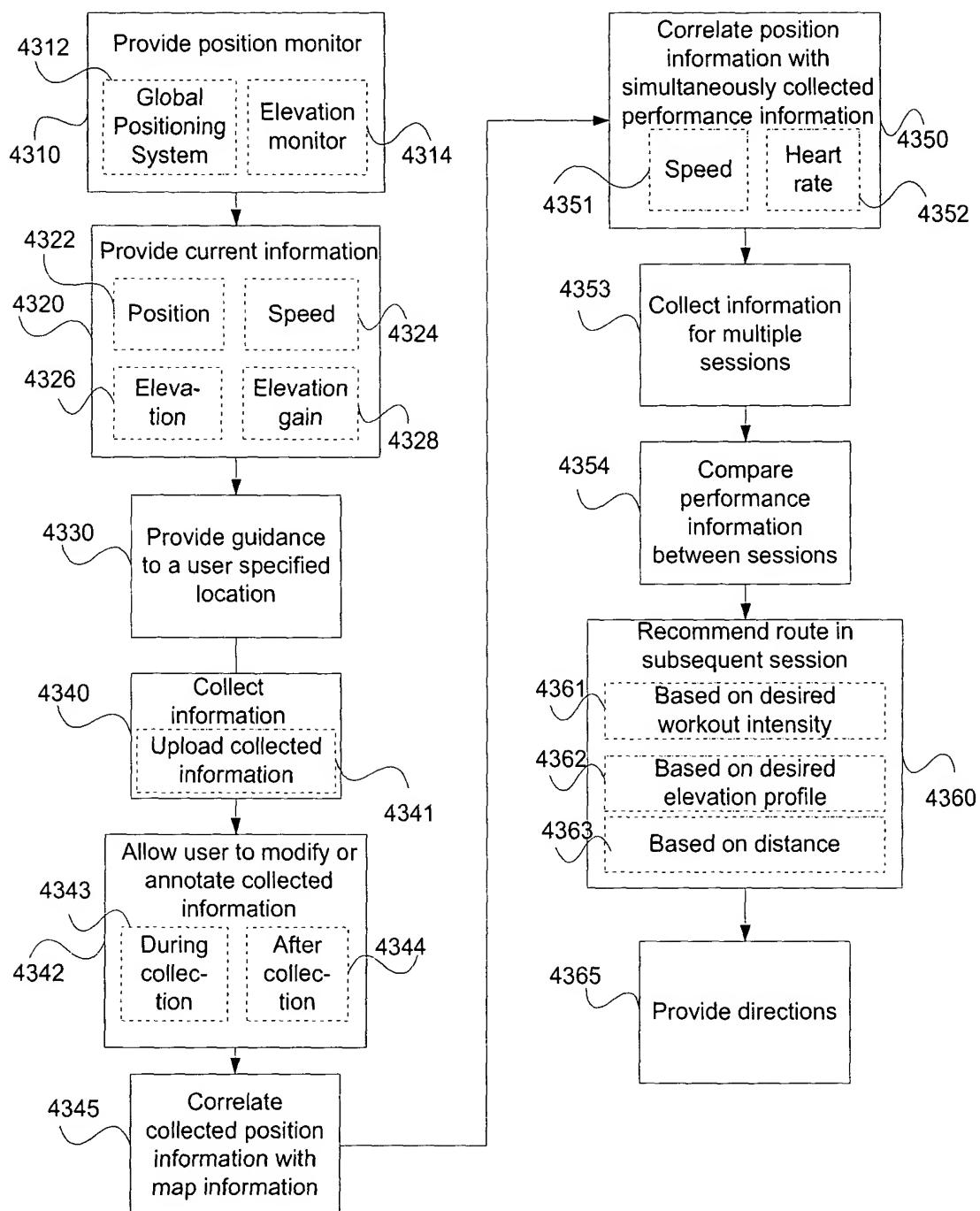
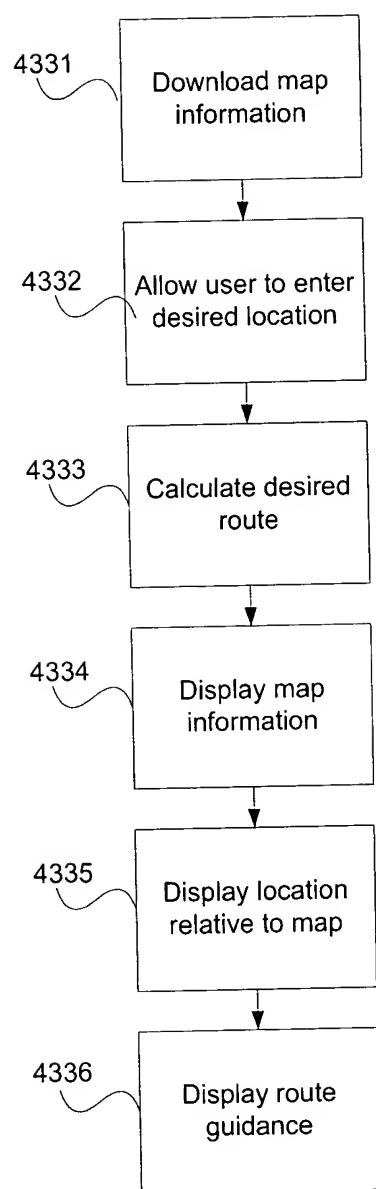


FIG 43B



4330

FIG 44

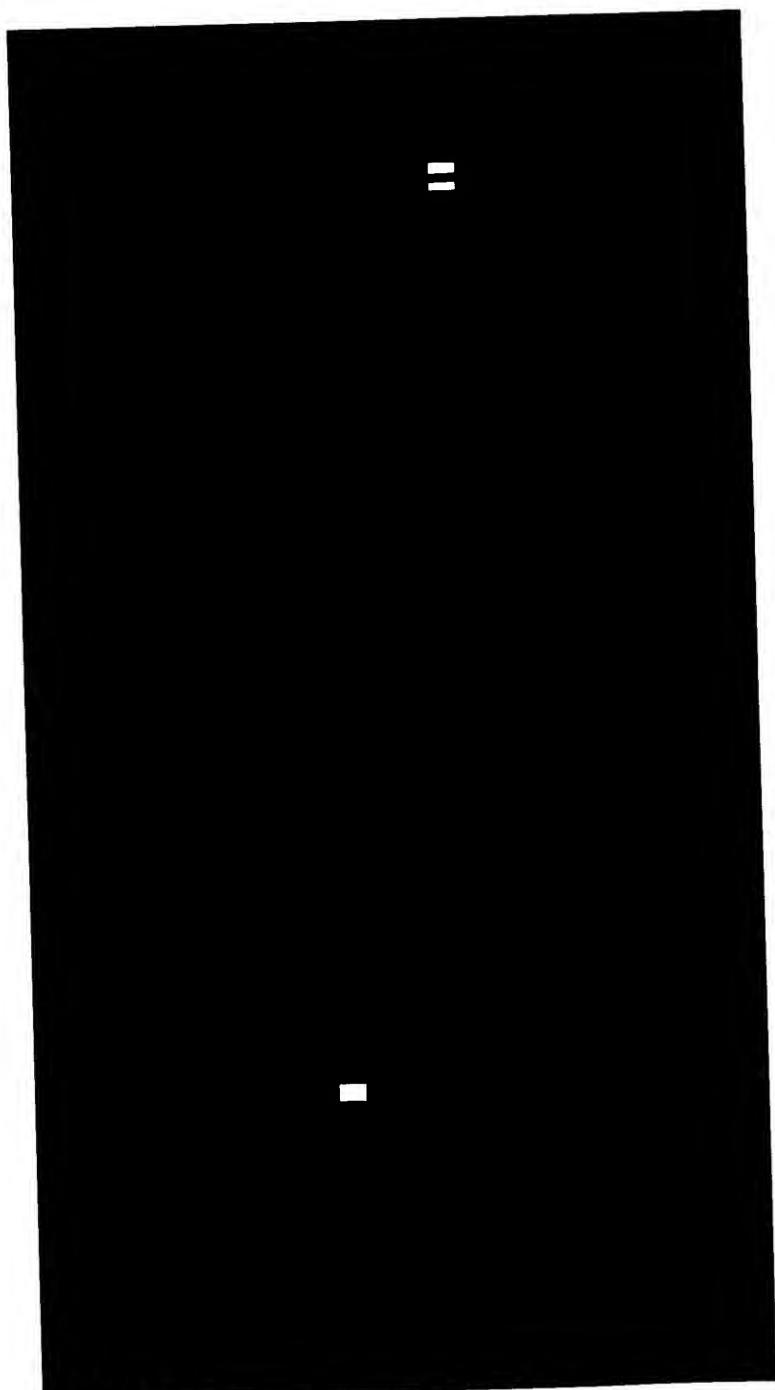


FIG 45A

ELEV
5280 ft

FIG 45B

POS
LAT 40.0
LONG -105.3

FIG 45C

SPD
6.2 MPH

FIG 45D

ELEV GAIN
+20 ft/min

FIG 45E

HR
94 bpm

FIG 45F



FIG 45G

CADENCE
54/min

FIG 45H

STRIDE
0.85 m

FIG 45I

12:34 PM
JUN 6

FIG 45J

TOTAL SESSION 6
2:46:07
SPLIT 2
0:32:57

FIG 45K

REPEAT 2
SEG 4
REMAIN
4:26

FIG 45L

FASTER!

FIG 46

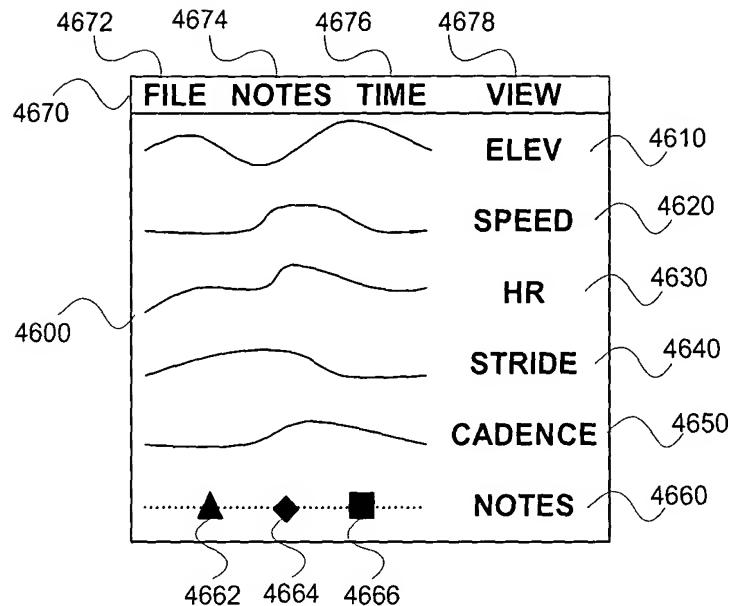


FIG 47

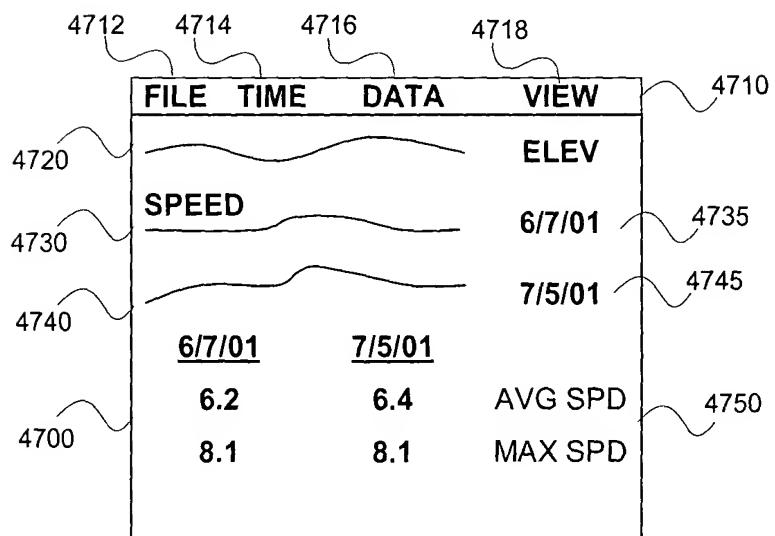


FIG 48

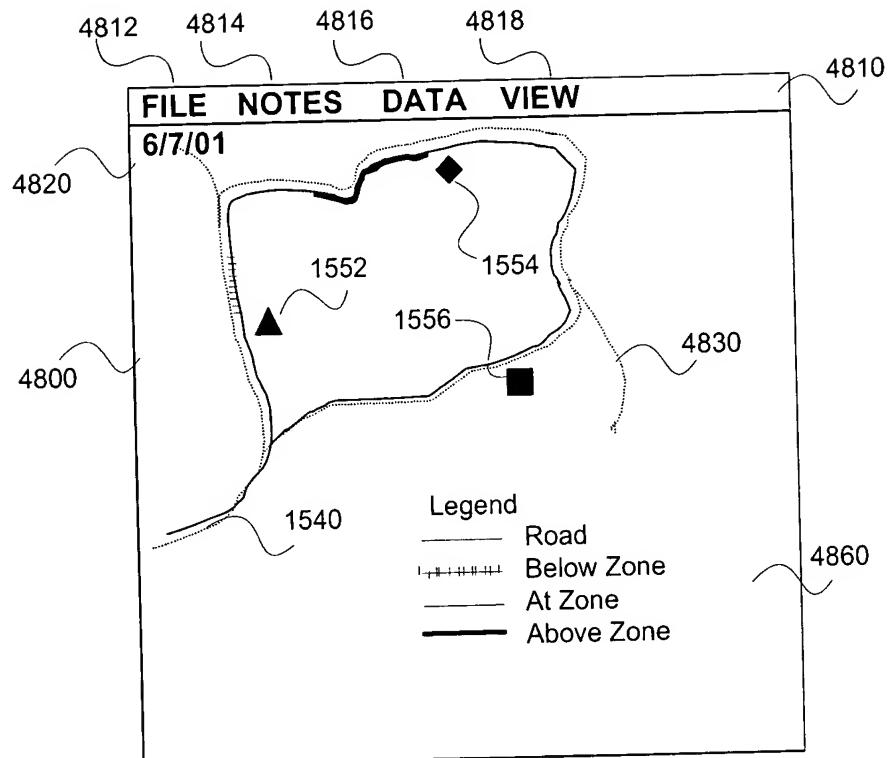


FIG 49

FILE MAPS
For recommended route, enter desired parameters.

4962 4963
4960
4910
4920
4930
4940
4950 4900

| | | |
|-----------|----------------------|----------|
| DISTANCE | <input type="text"/> | miles |
| TIME | <input type="text"/> | hh:mm |
| ELEV GAIN | <input type="text"/> | ft |
| PACE | <input type="text"/> | min/mile |
| HR | <input type="text"/> | BPM |

This figure is a screenshot of a software interface titled 'FILE MAPS'. It displays a message: 'For recommended route, enter desired parameters.' Below this are five input fields with labels: 'DISTANCE' (miles), 'TIME' (hh:mm), 'ELEV GAIN' (ft), 'PACE' (min/mile), and 'HR' (BPM). The input fields are enclosed in a table with borders. The labels are aligned with the first column of the table. The input fields are aligned with the second column and the units are aligned with the third column. The entire interface is bounded by coordinates 4962, 4963, 4960, 4910, 4920, 4930, 4940, 4950, and 4900.

FIG 50

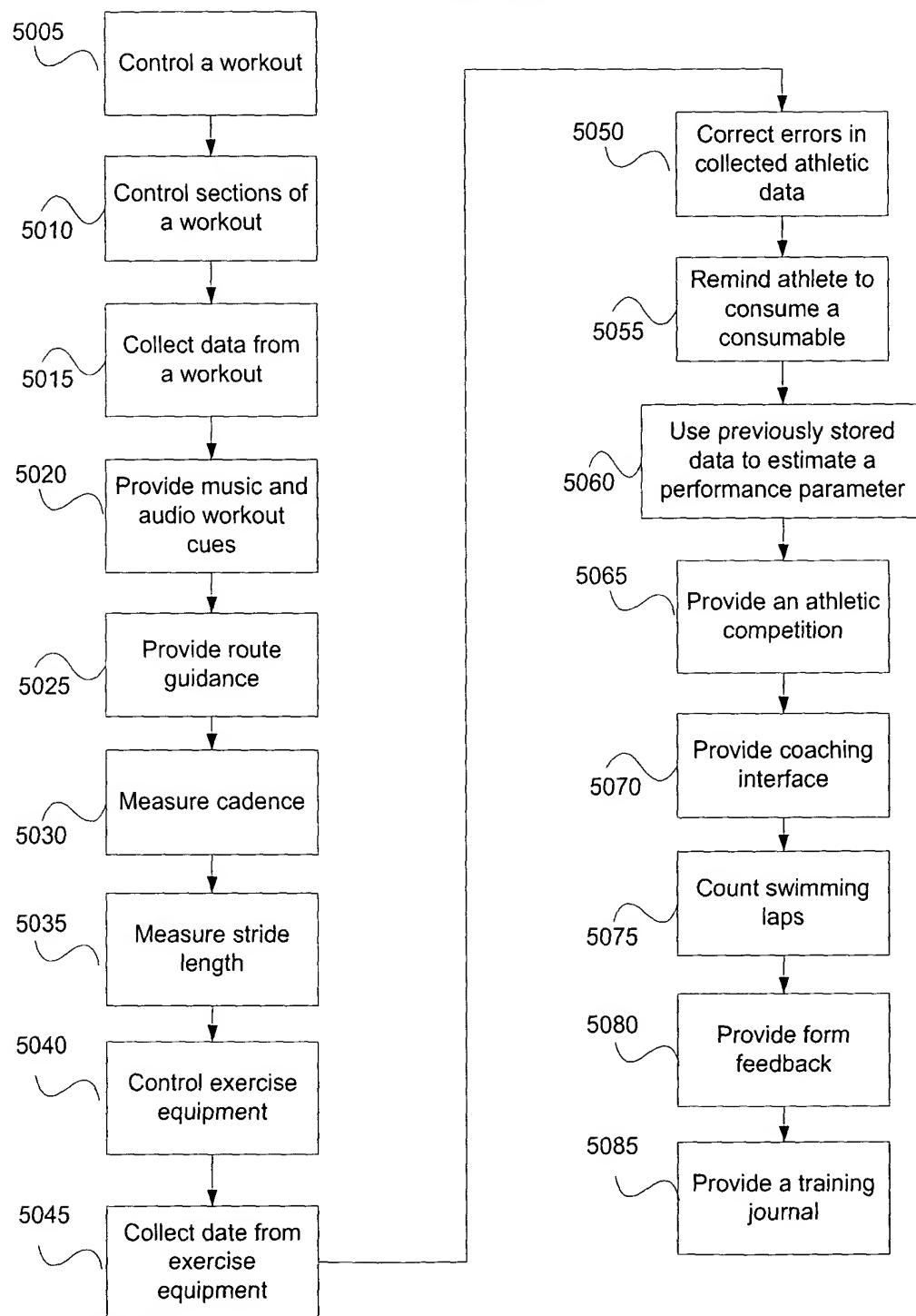
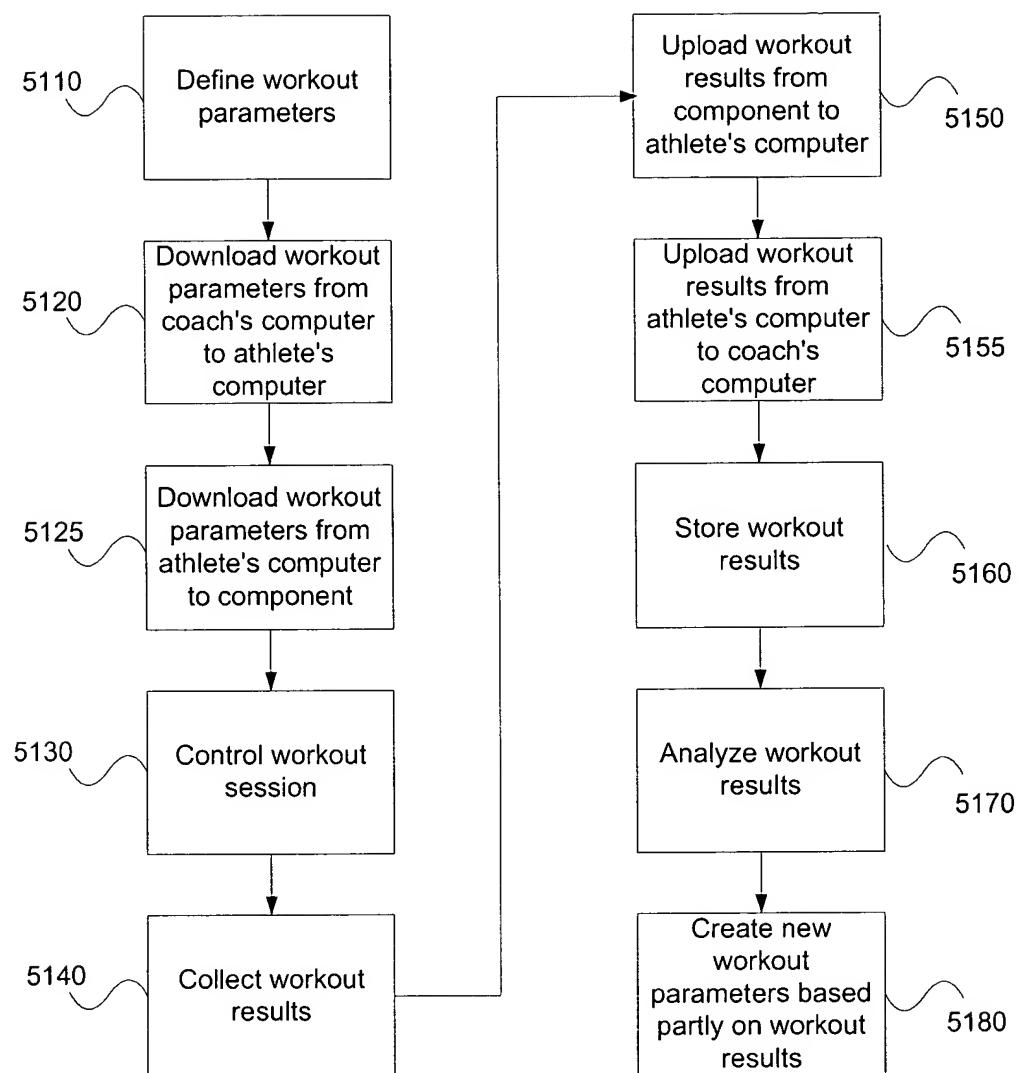
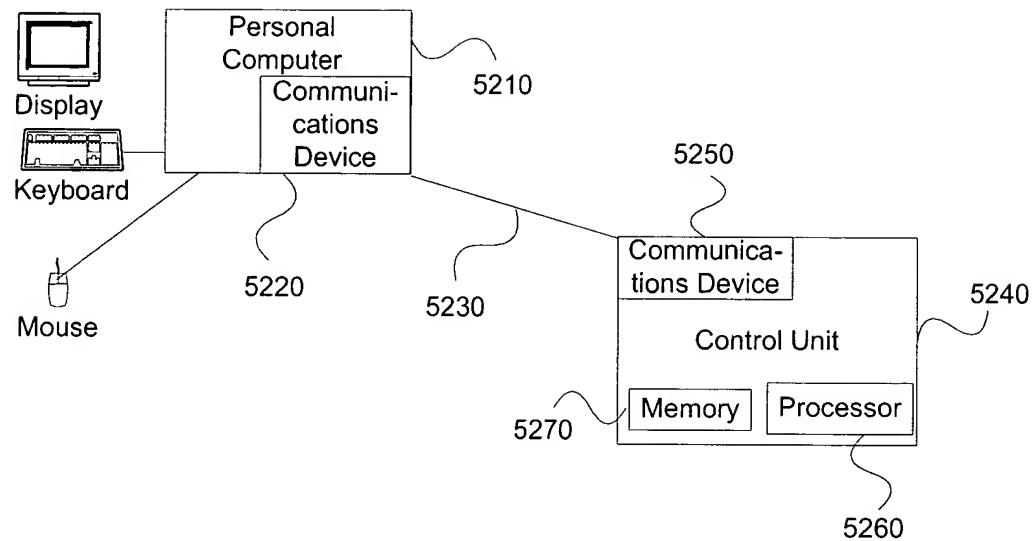


FIG 51



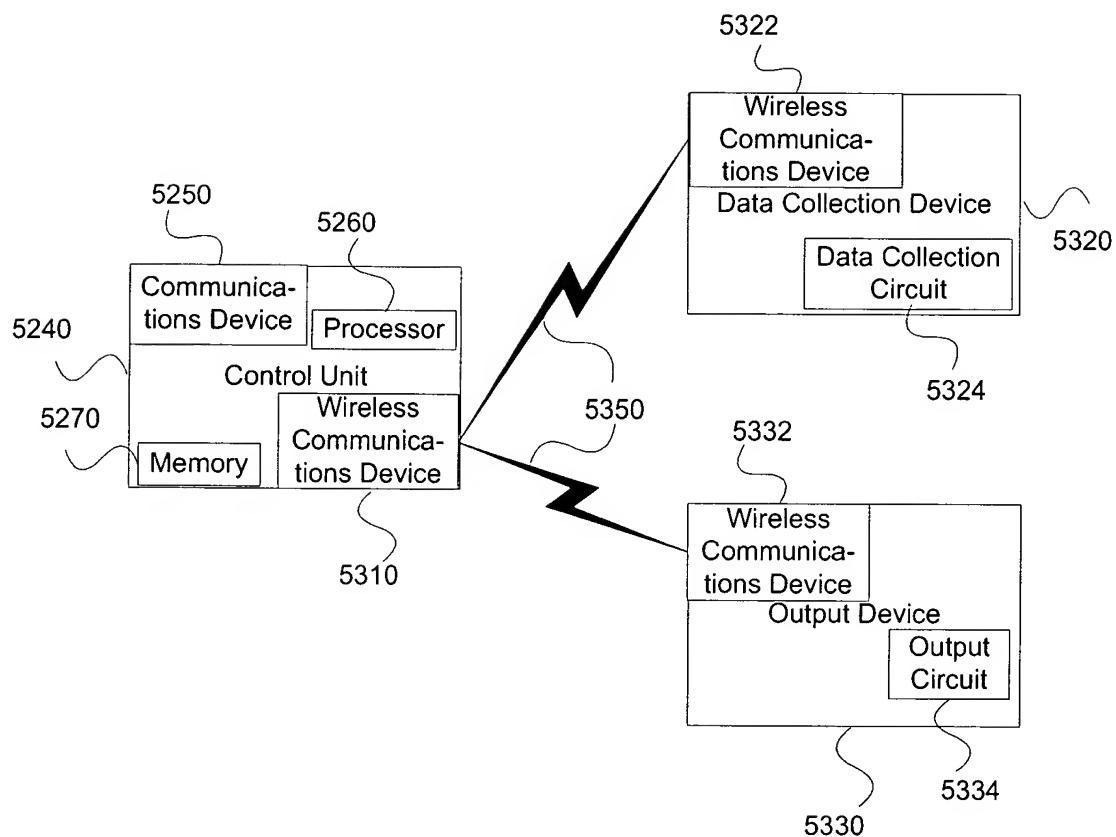
5100

FIG 52



5200

FIG 53



5300

FIG 54

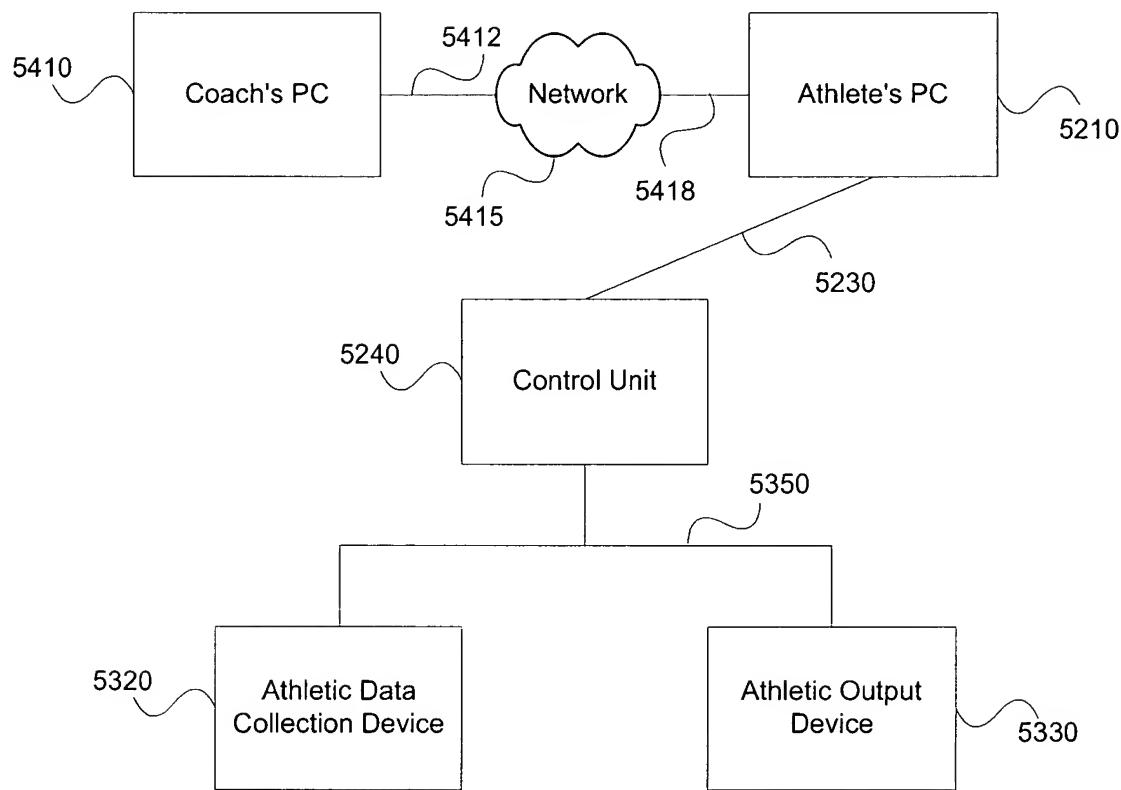
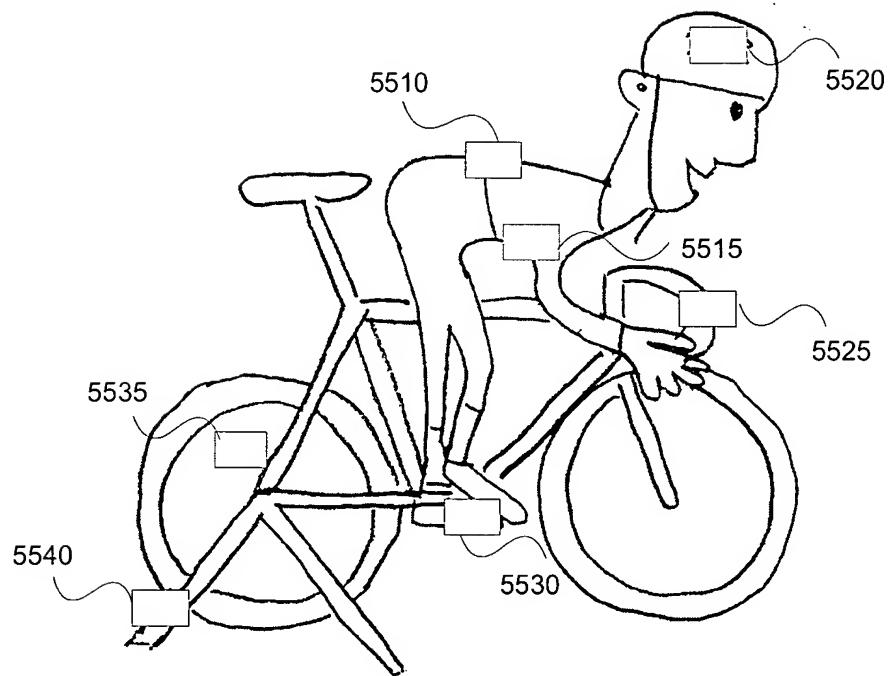
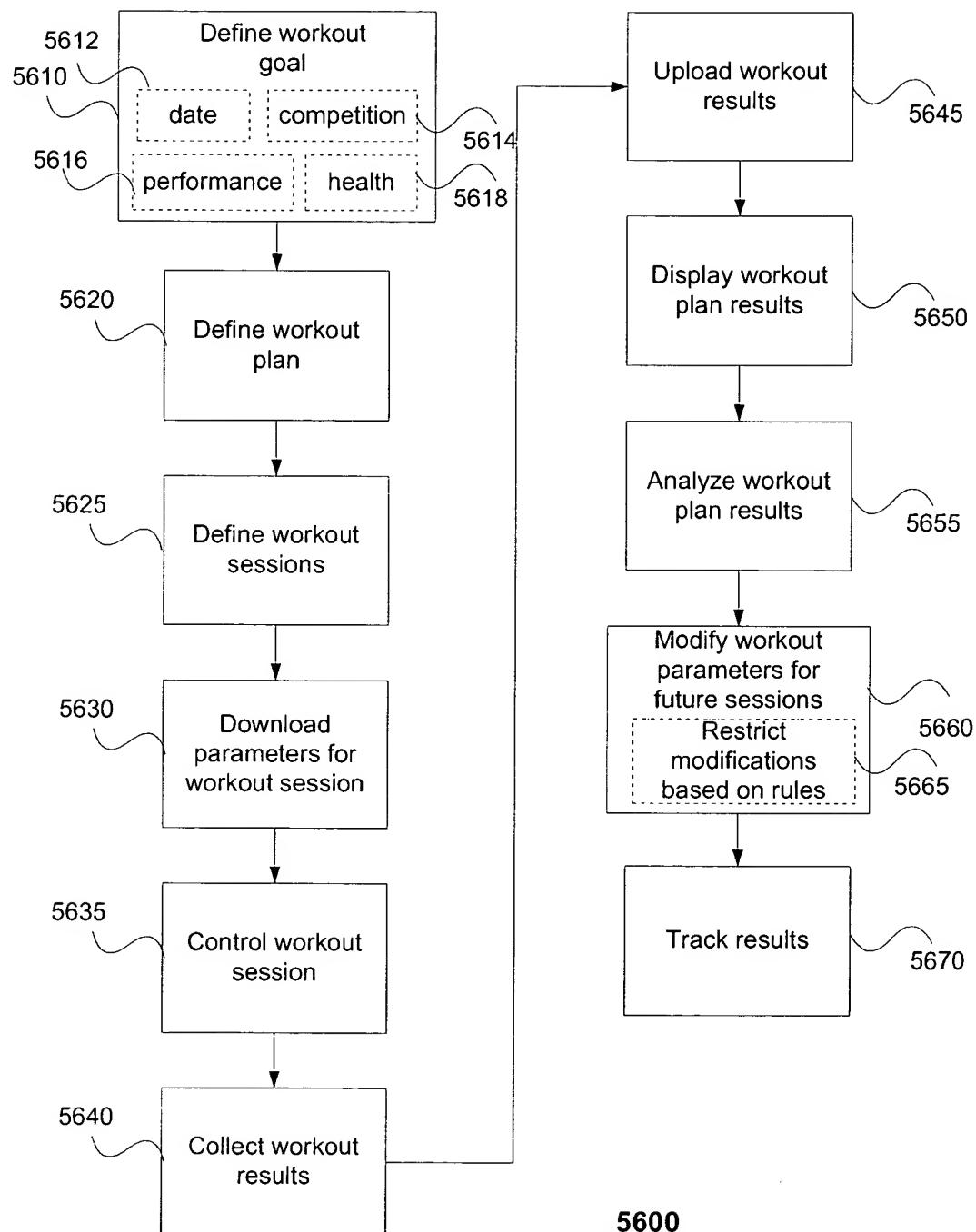


FIG 55



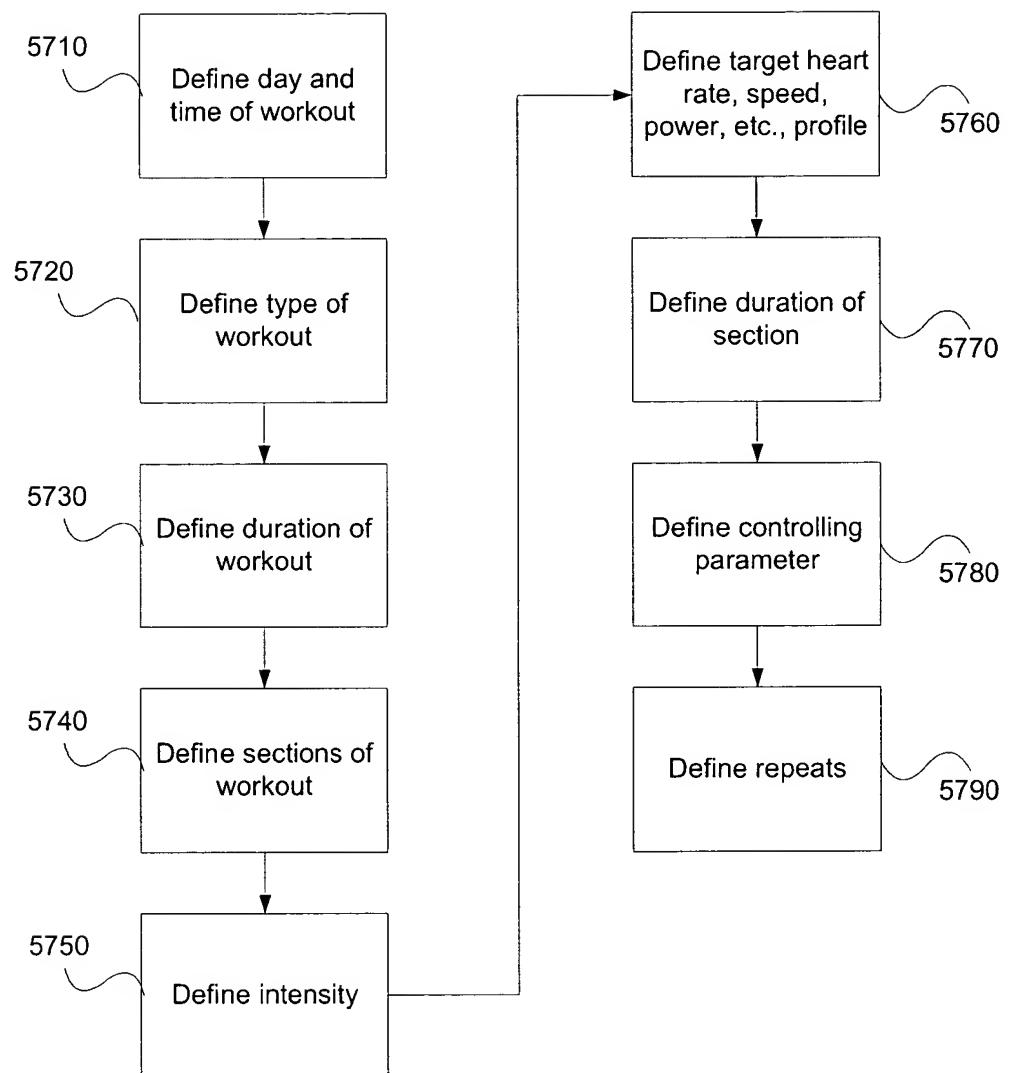
5500

FIG 56



5600

FIG 57



5700

FIG 58

5870

File Edit Download Help - X

Number of Sections 5810

Section 1 Duration 5820

Parameter to Control

- Cadence
- HR
- Power
- Speed
- None

5830

Type of Control

- Constant
- Between
- Linear
- Curve

5840

Starting Value BPM

Ending Value BPM 5850

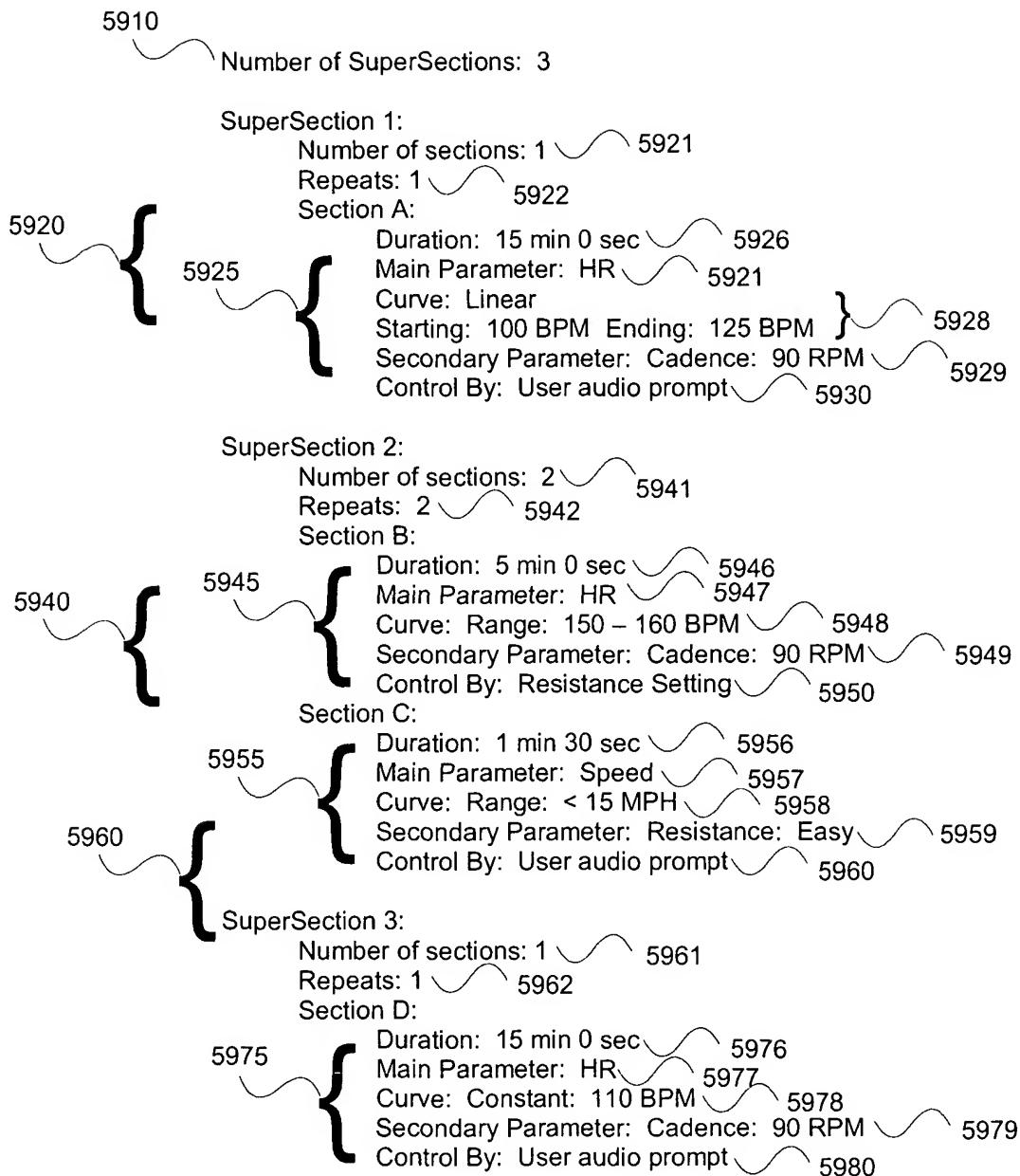
Control HR by Changing

- Speed
- Difficulty

5860

5800

FIG 59



5900

FIG 60

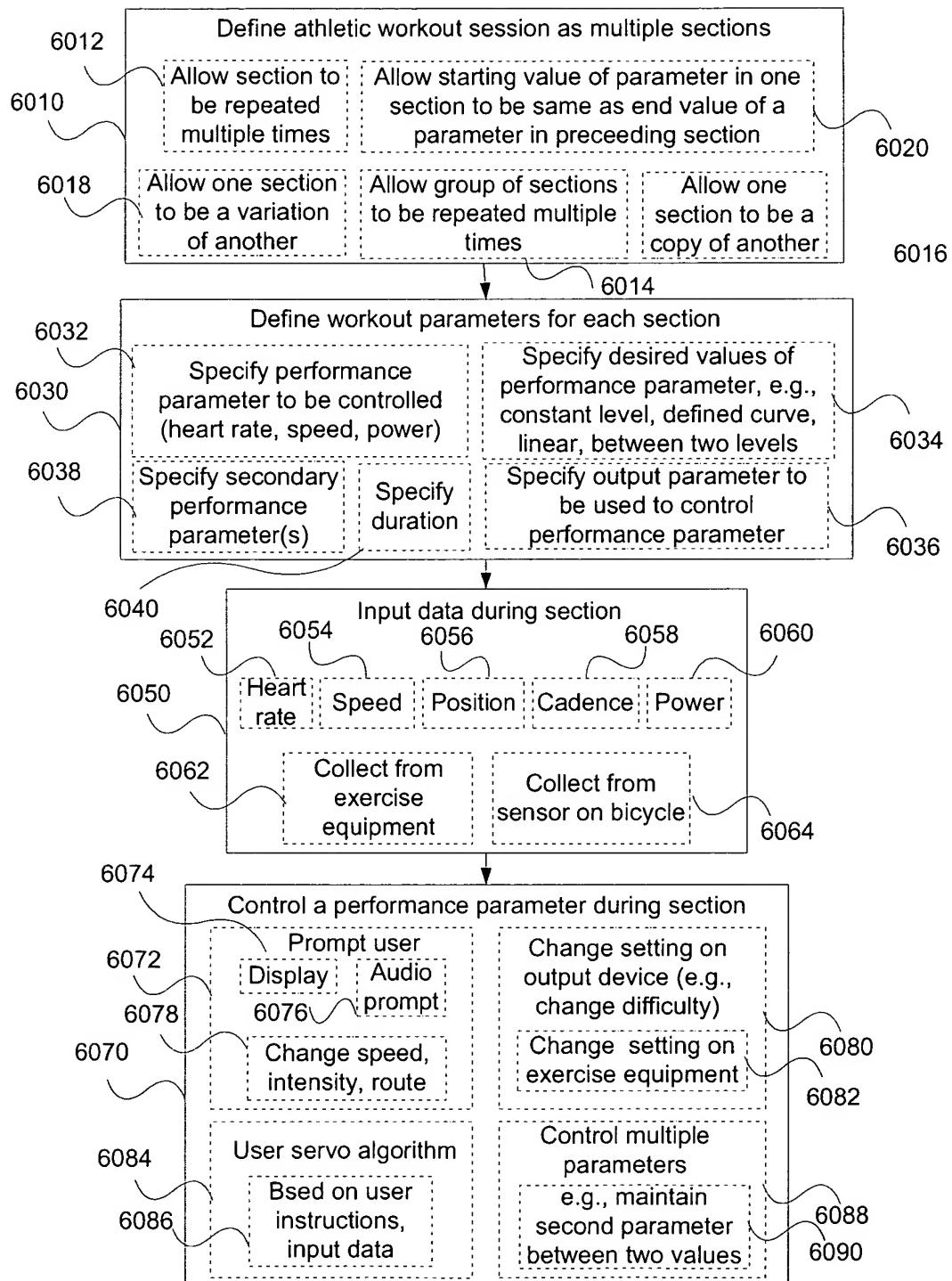


FIG 61

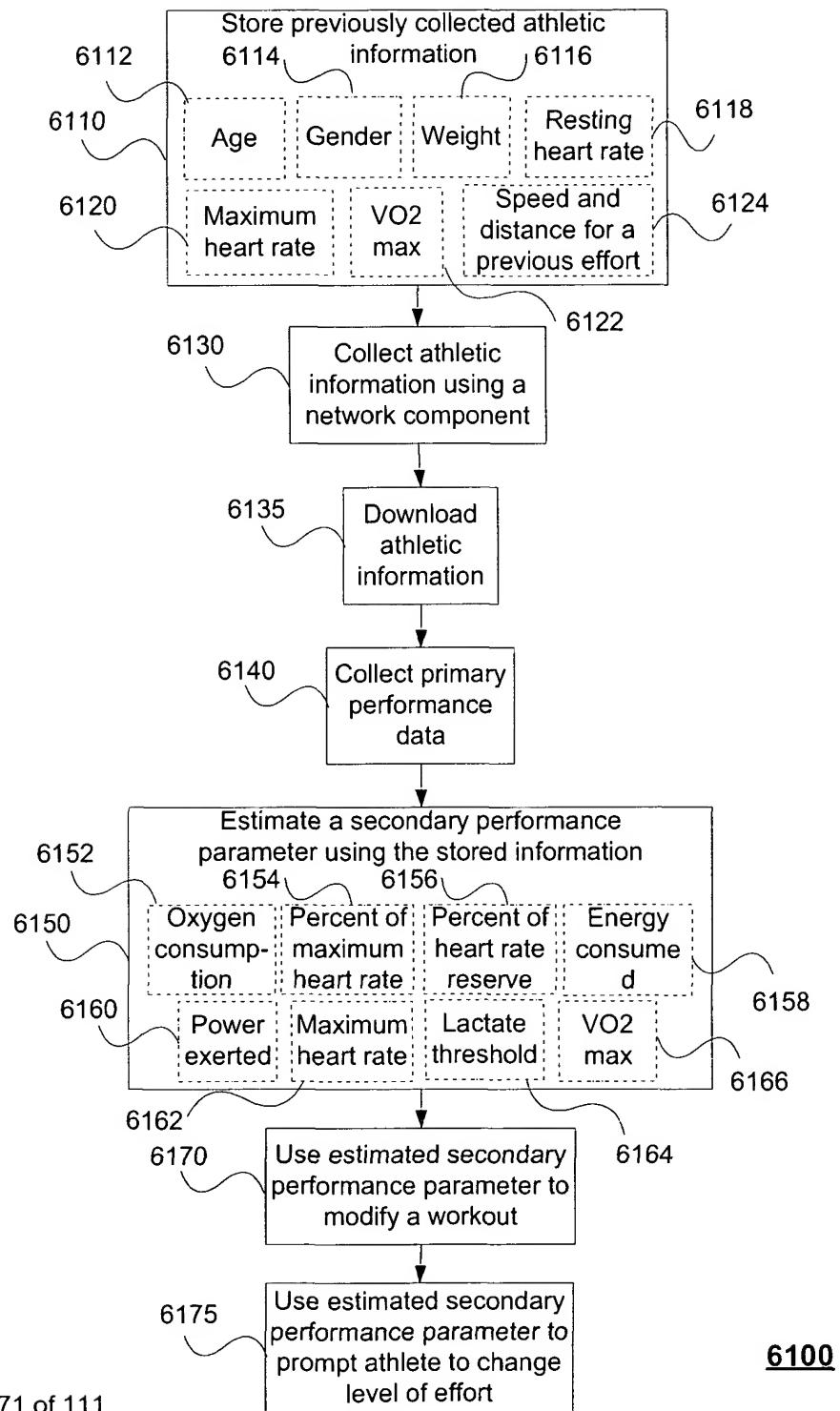
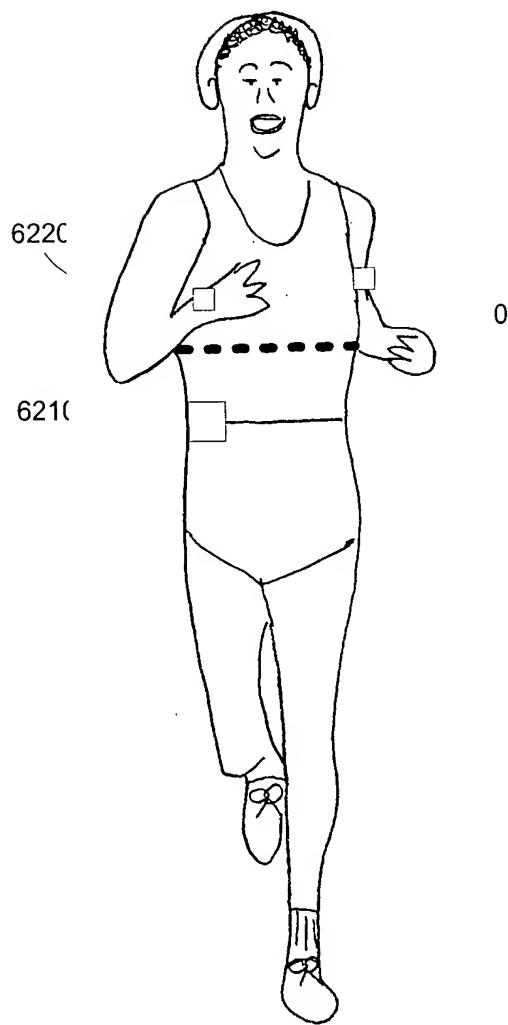


FIG 62



6200

FIG 63

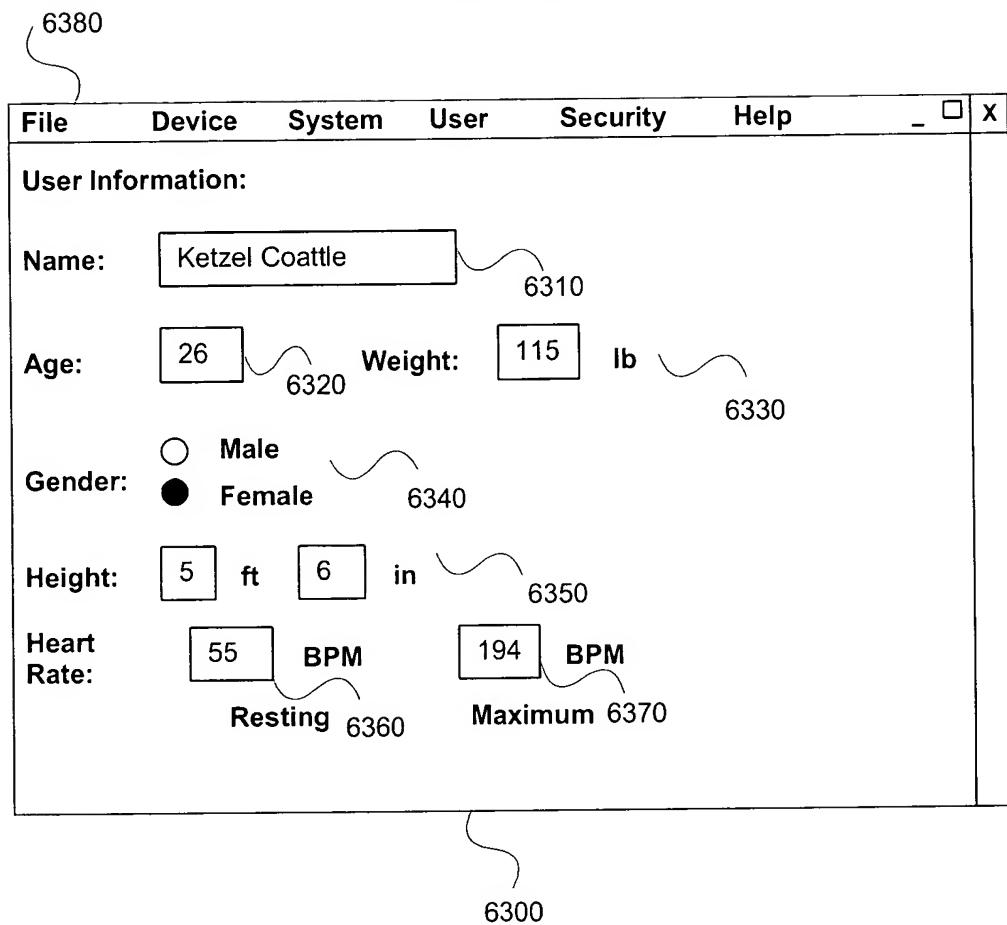
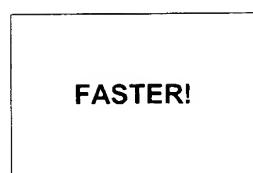
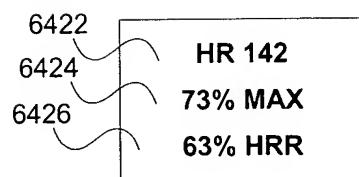


FIG 64A



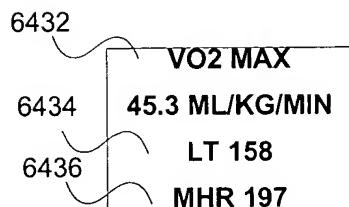
6410

FIG 64B



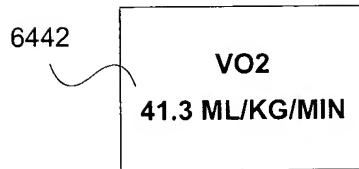
6420

FIG 64C



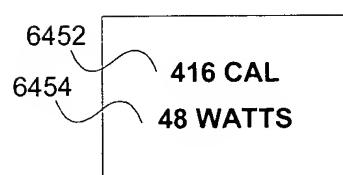
6430

FIG 64D



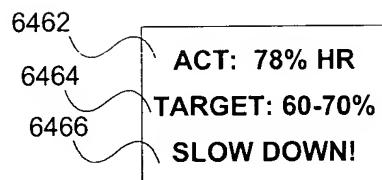
6440

FIG 64E



6450

FIG 64F



6460

FIG 65

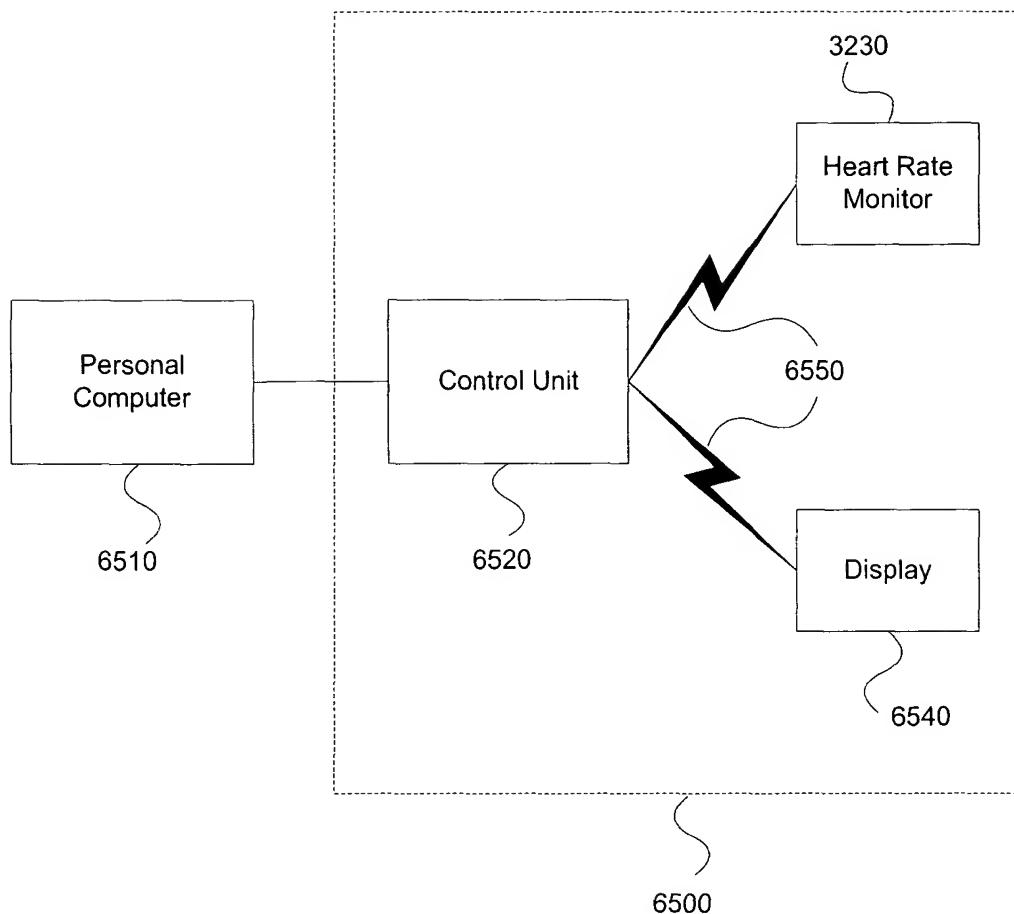


FIG 66

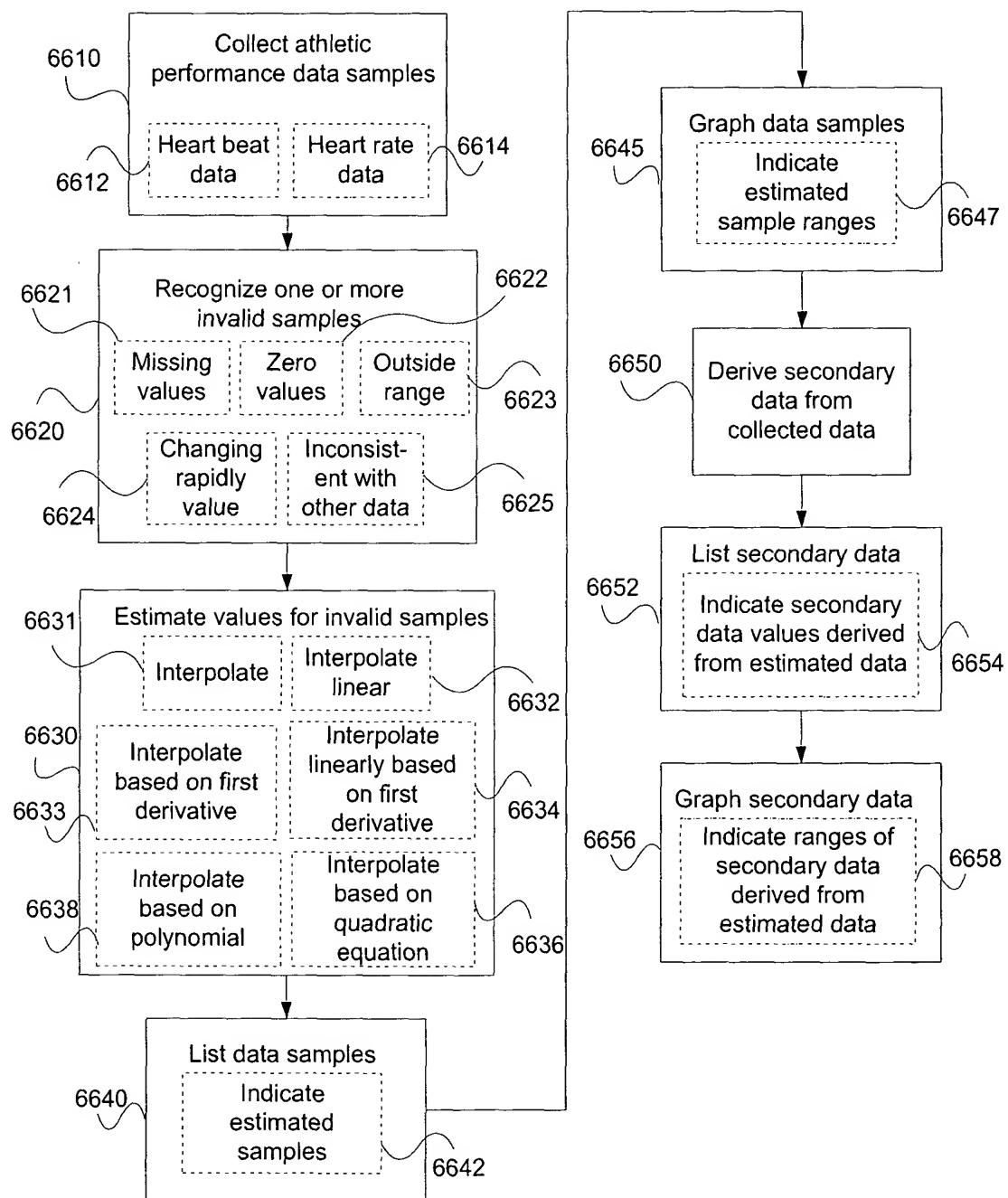


FIG 67

| | |
|------------|------|
| 3:45:20.45 | 6705 |
| 3:45:20.94 | 6710 |
| 3:45:21.43 | 6715 |
| 3:45:21.91 | 6720 |
| 3:45:24.87 | 6725 |
| 3:45:25.35 | 6730 |
| 3:45:25.86 | 6735 |
| 3:45:26.35 | 6740 |

6700

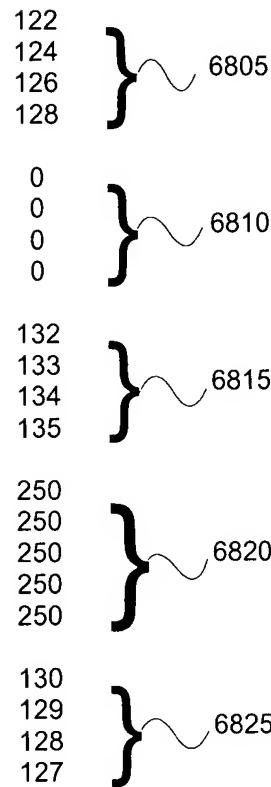
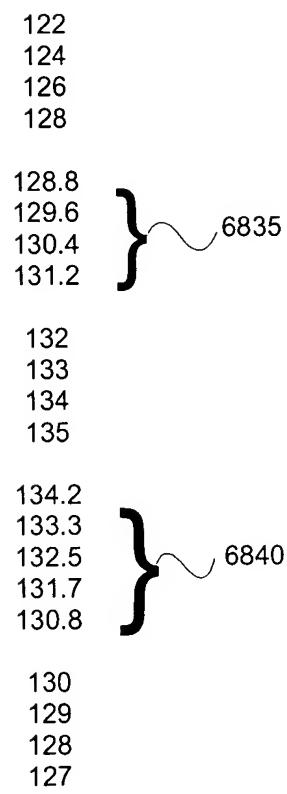
FIG 68A**FIG 68B**68006830

FIG 69A

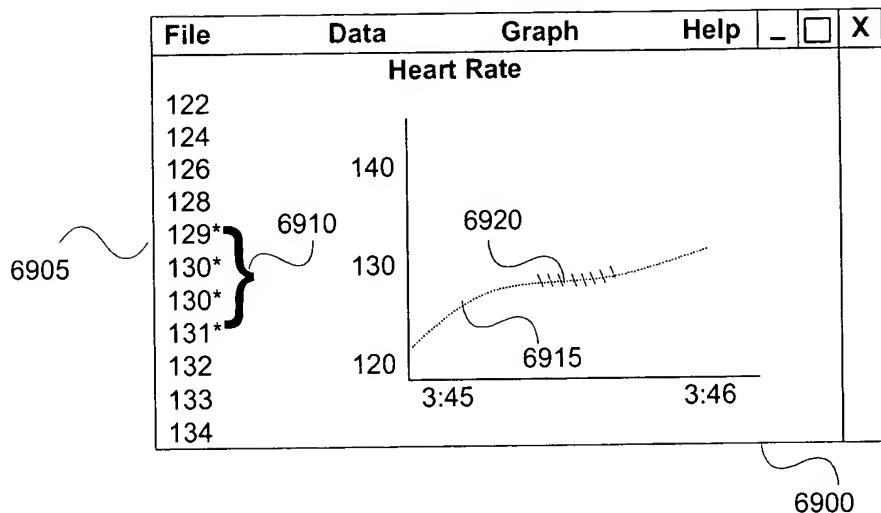


FIG 69B

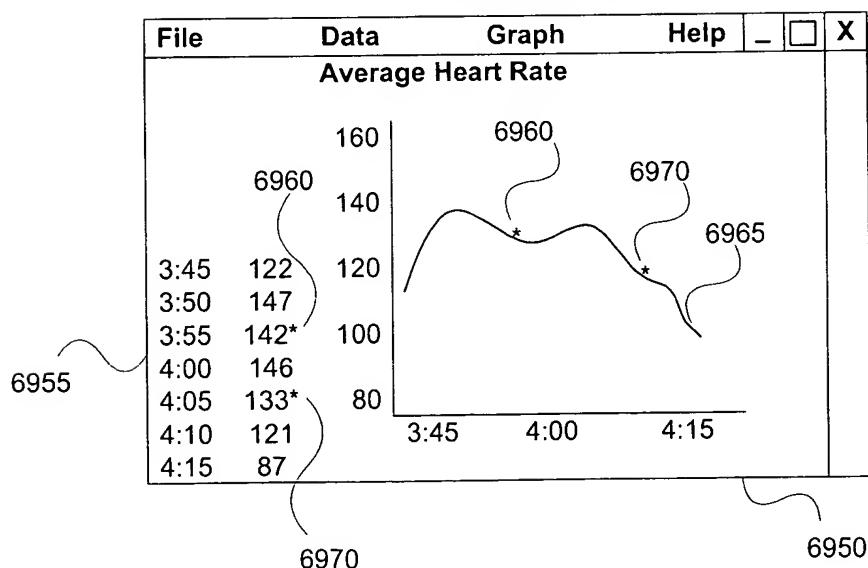


FIG 70

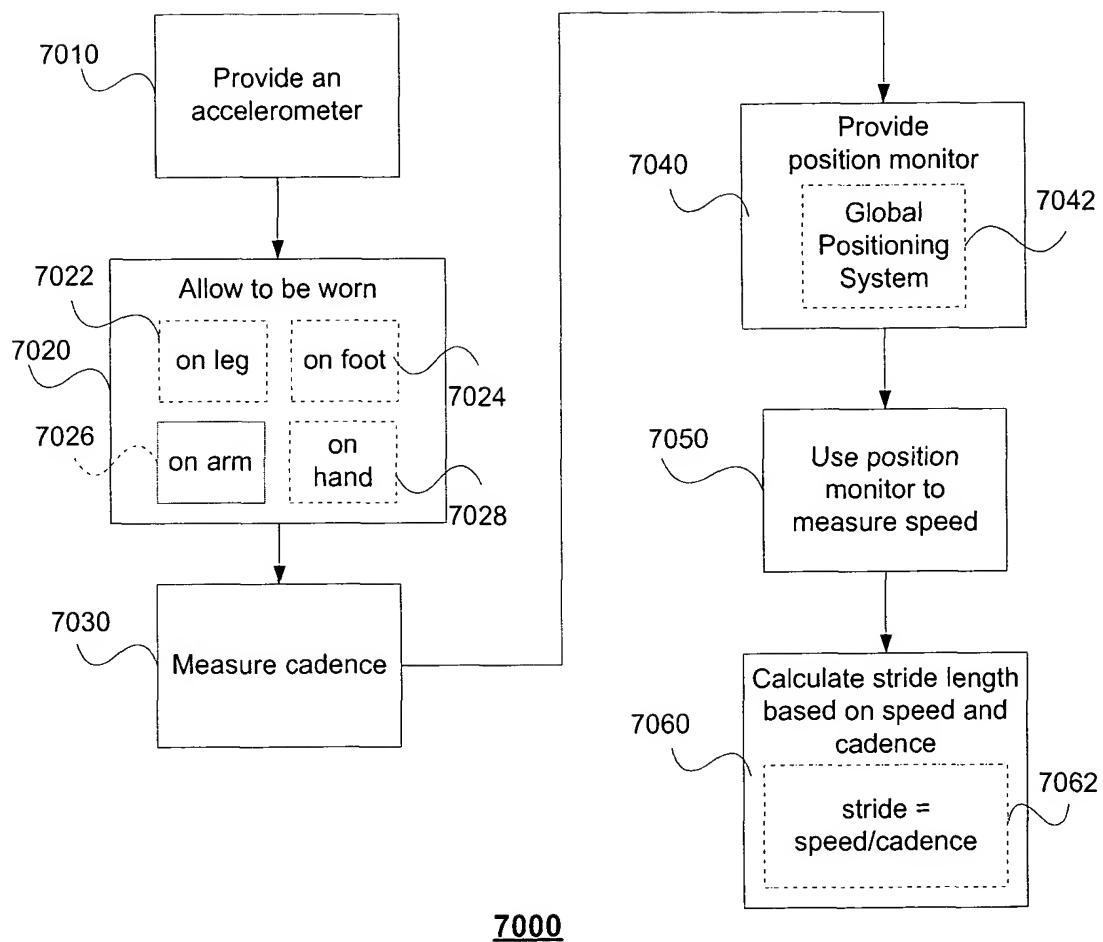


FIG 71

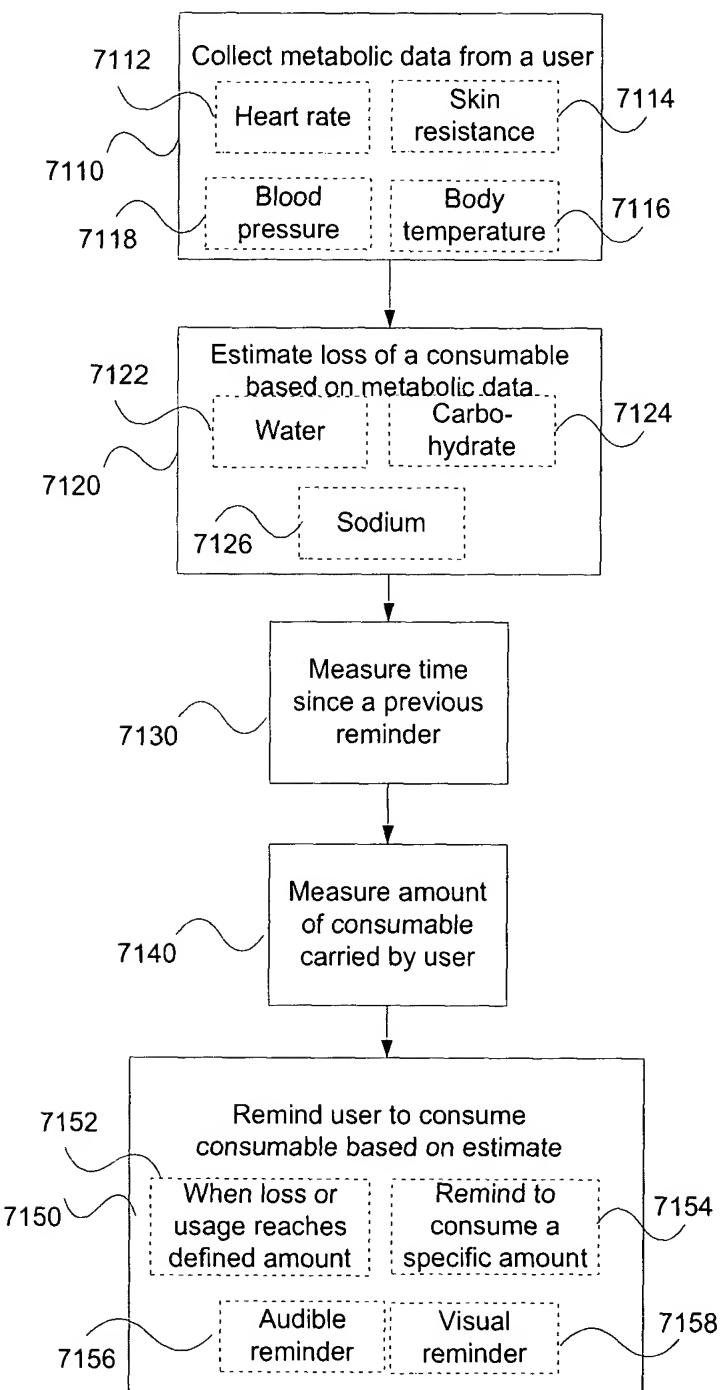


FIG 72

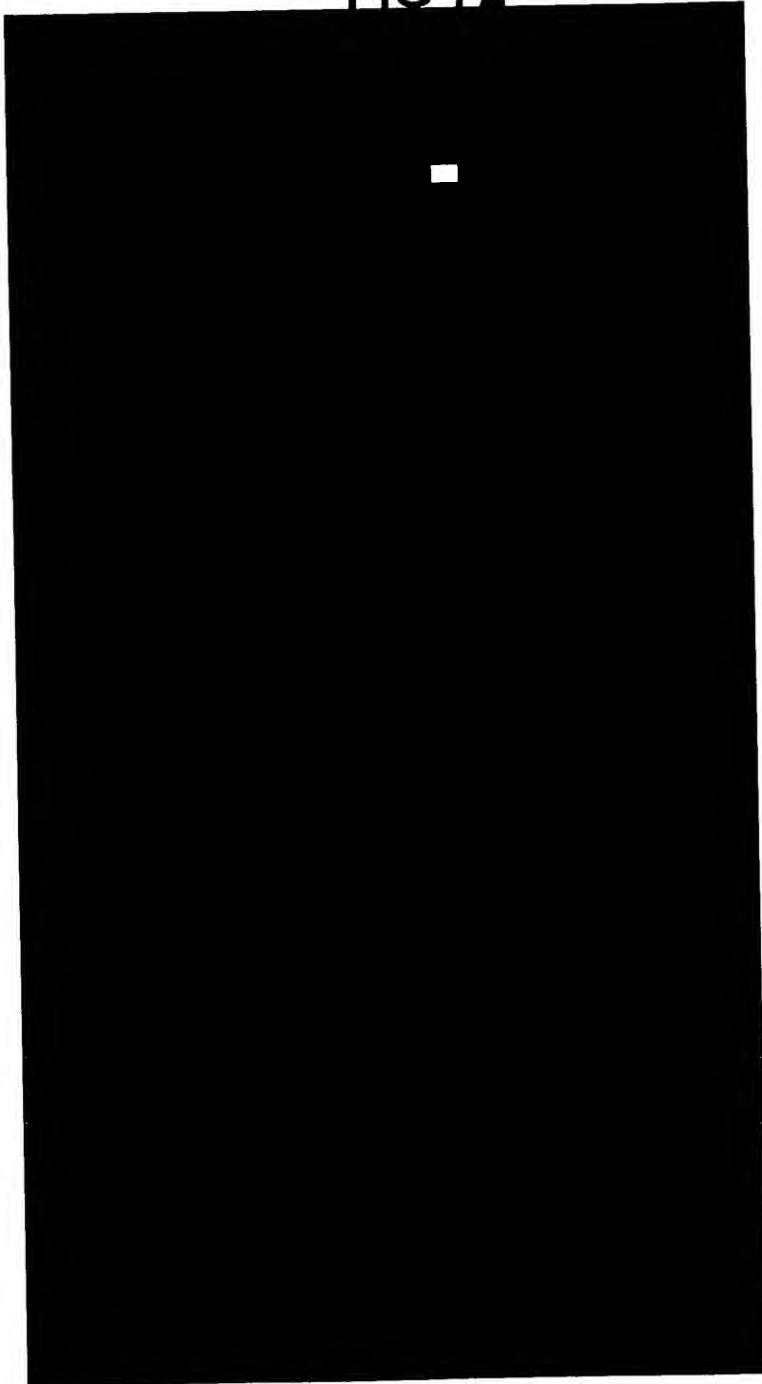
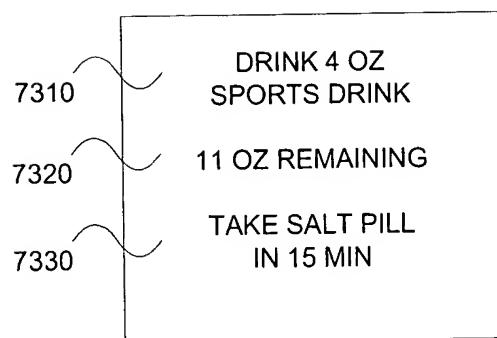
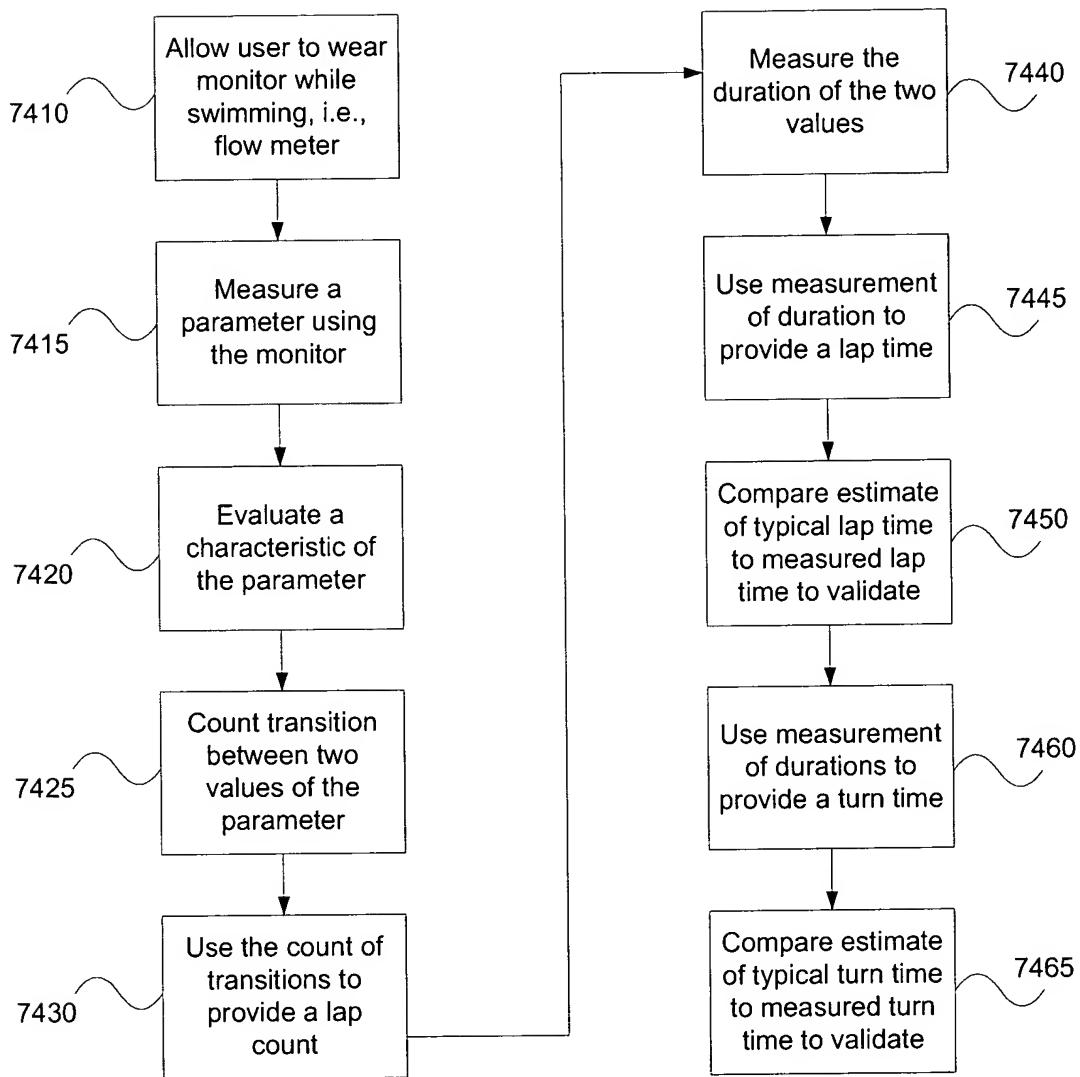


FIG 73



7300

FIG 74



7400

FIG 75

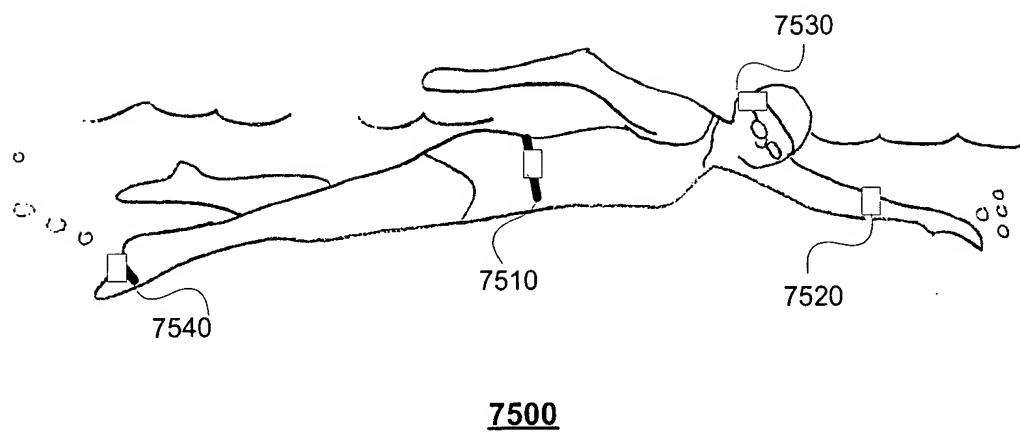
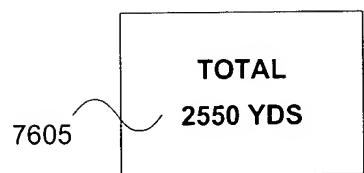
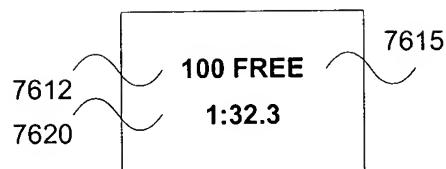


FIG 76A



7600

FIG 76B



7610

FIG 77

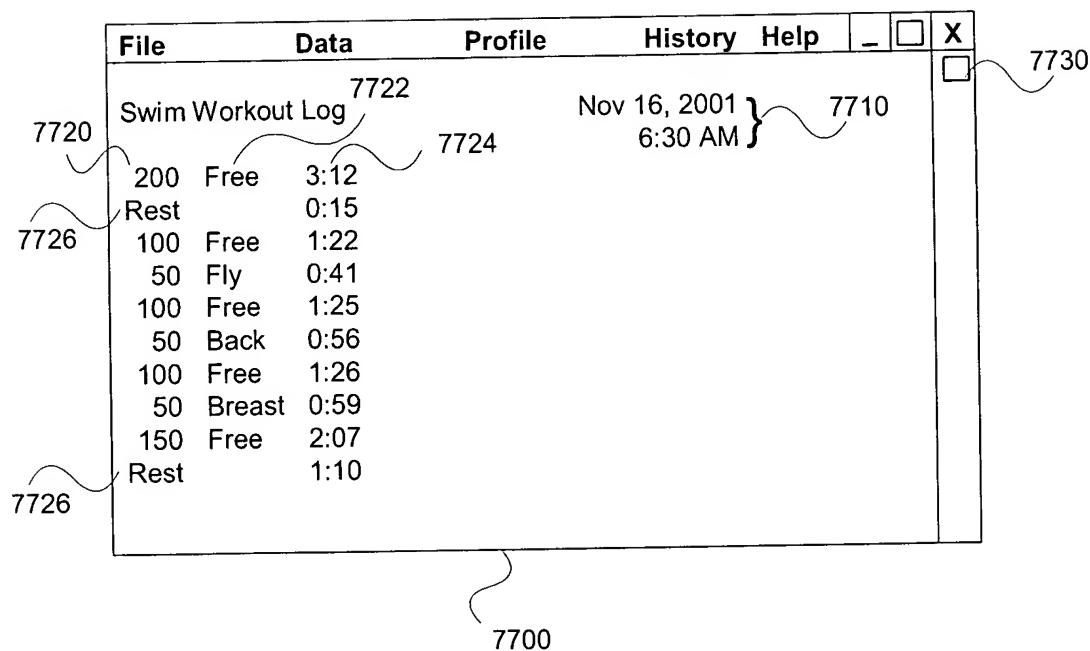
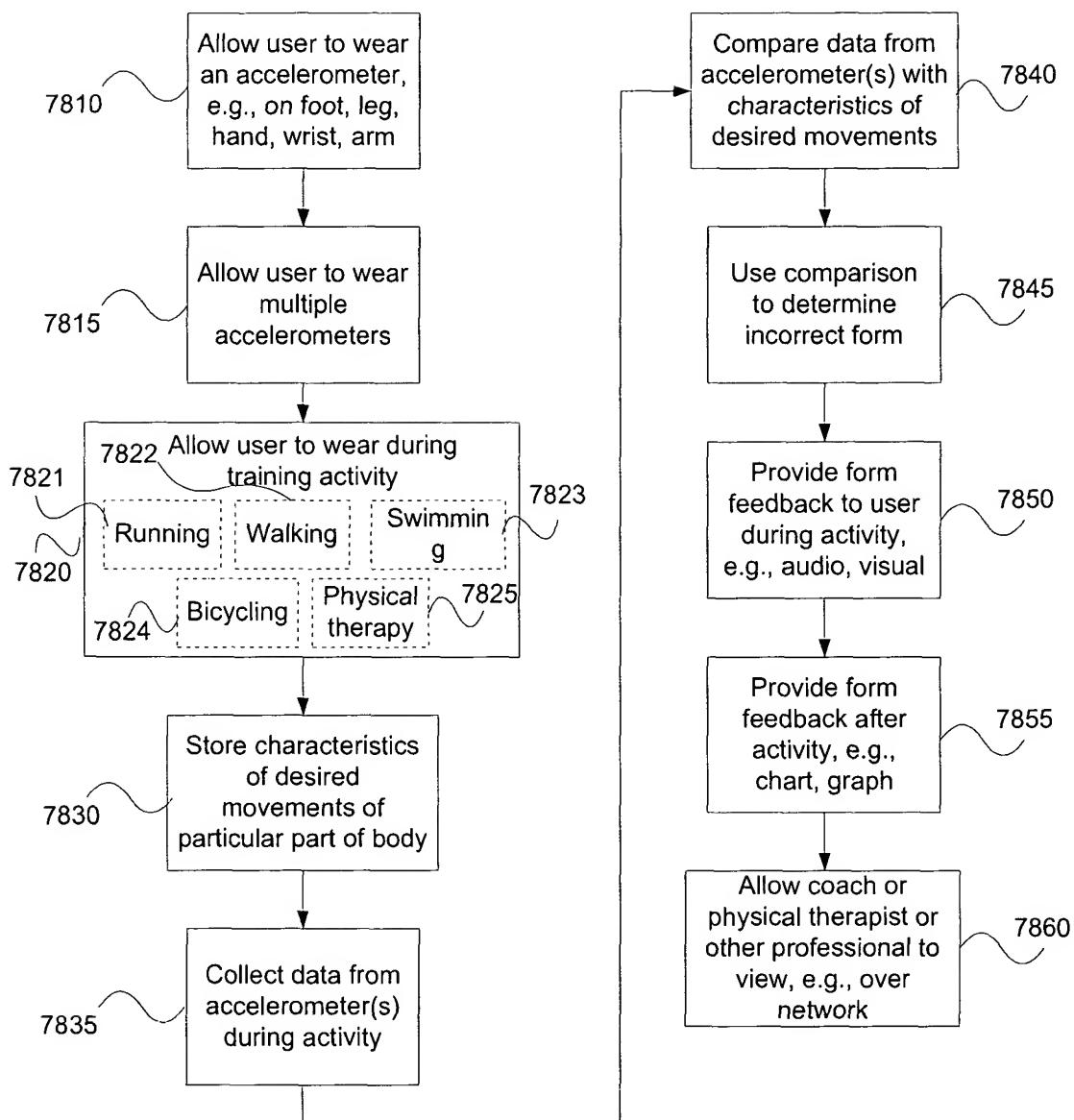
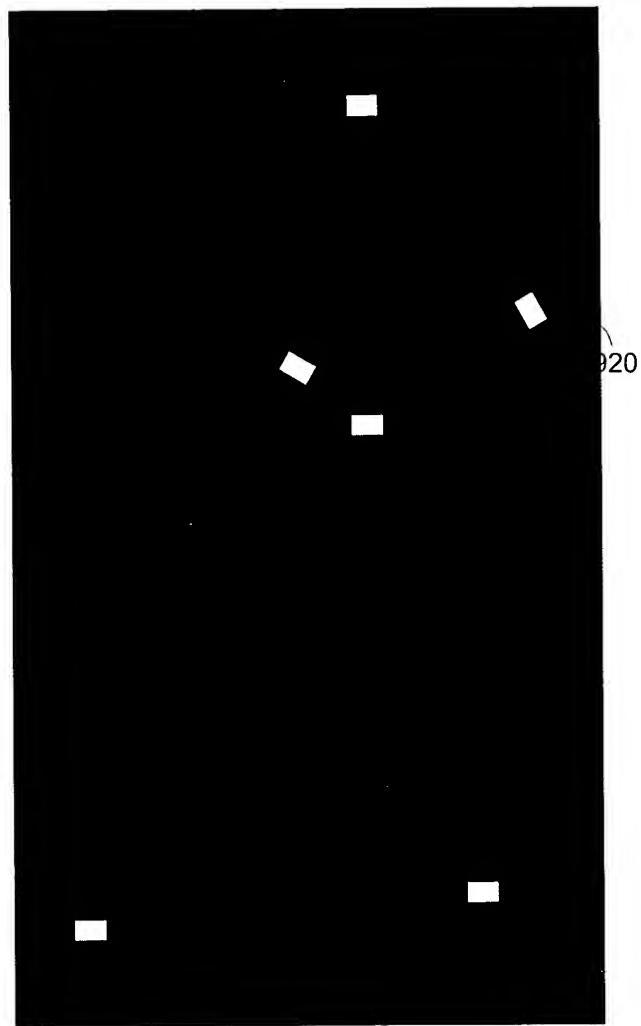


FIG 78



7800

FIG 79



7900

FIG 80A

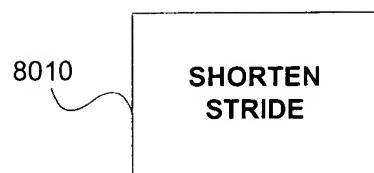


FIG 80B

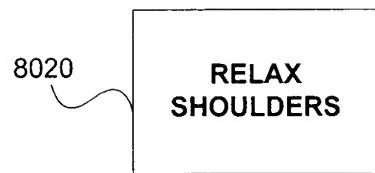


FIG 80C

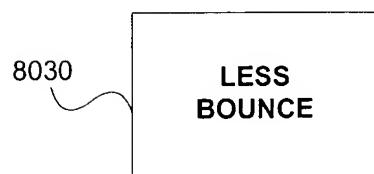
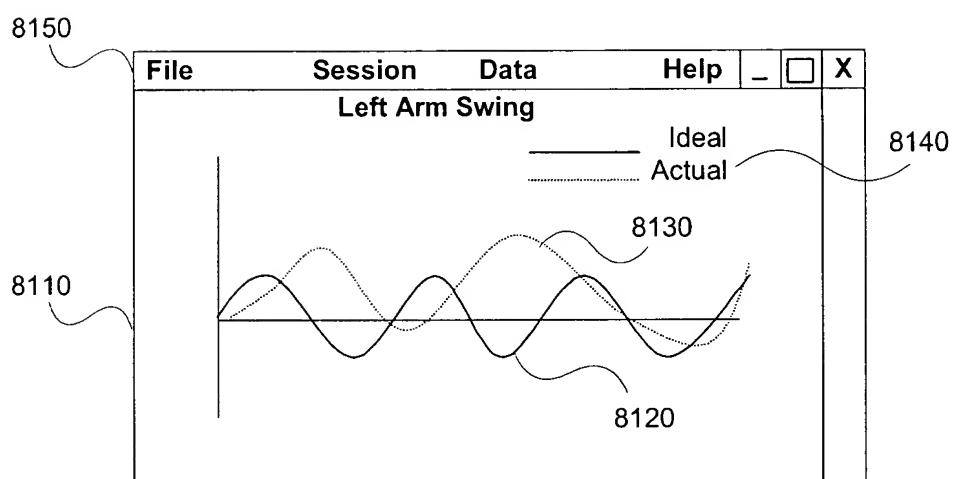


FIG 81



8100

FIG 82

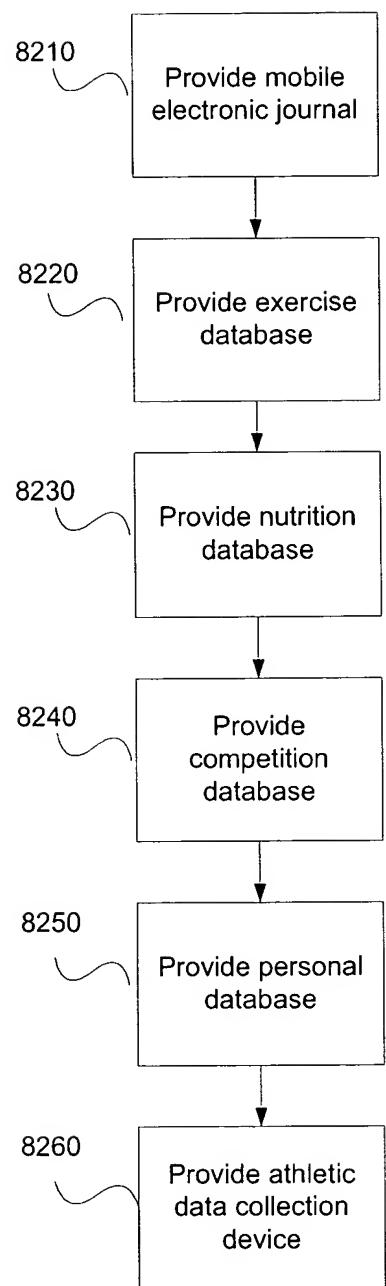
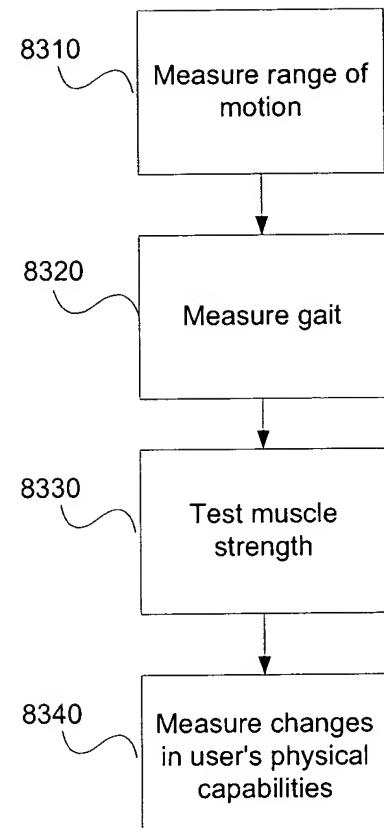


FIG 83



3255

8200

FIG 84

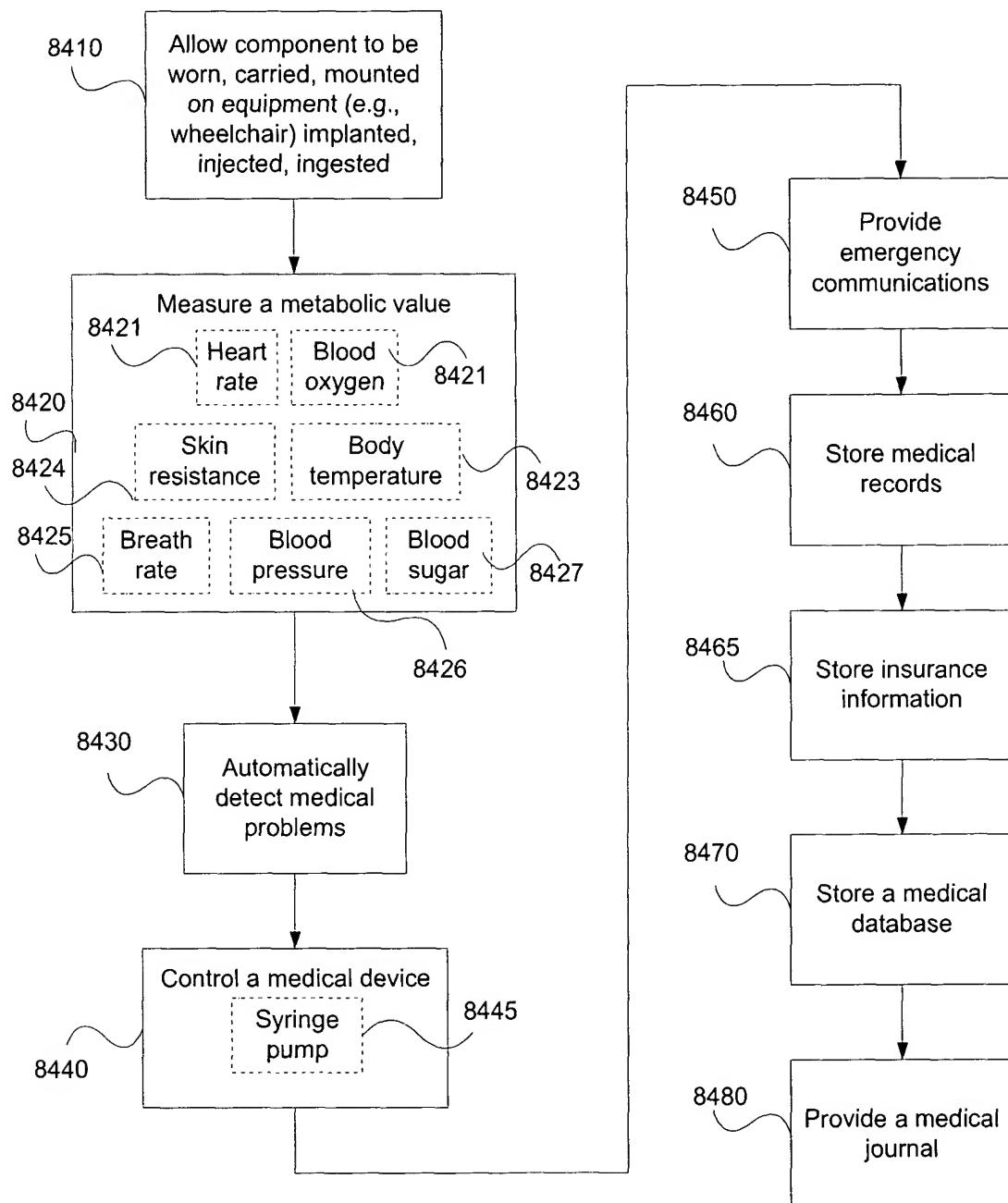


FIG 85

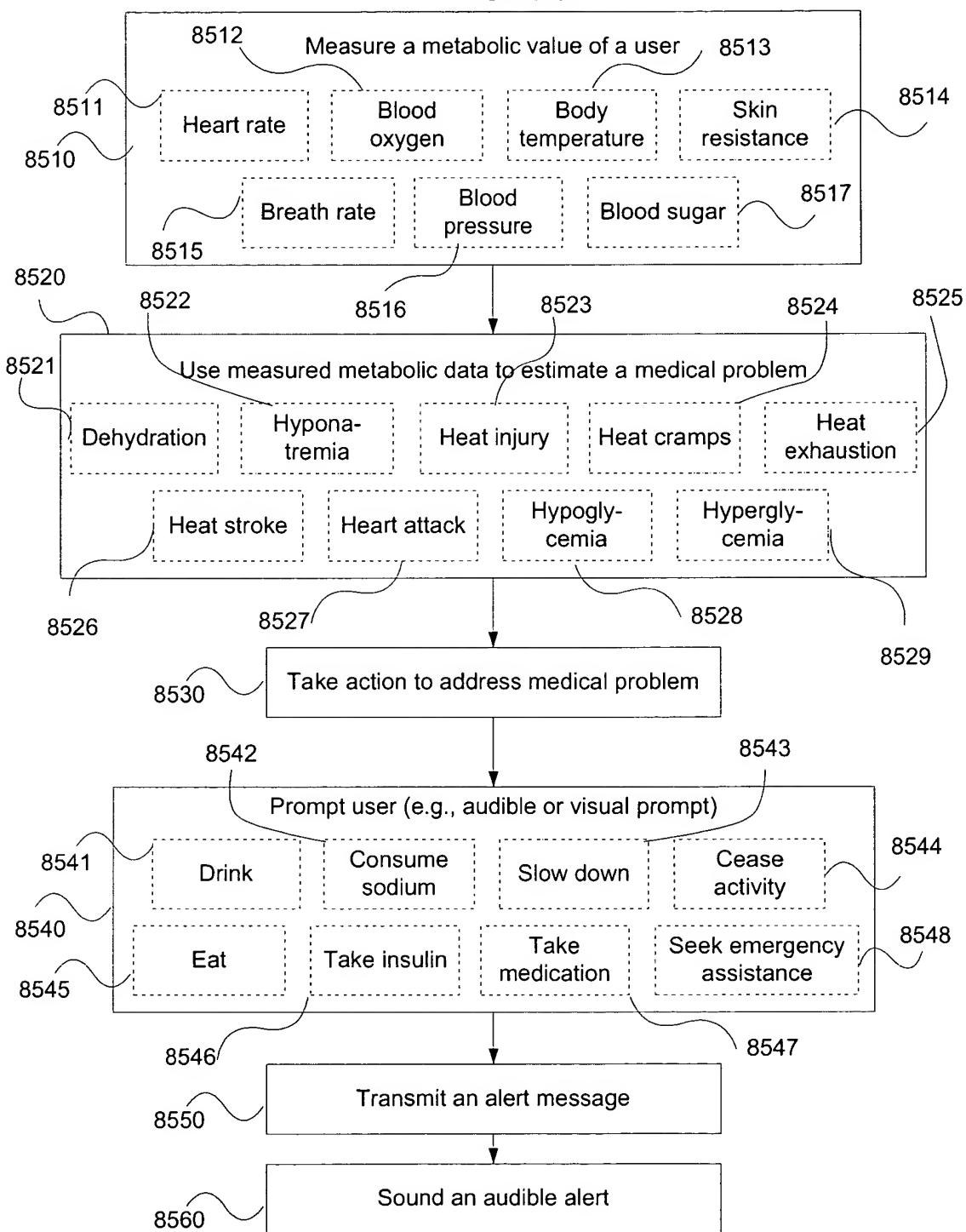
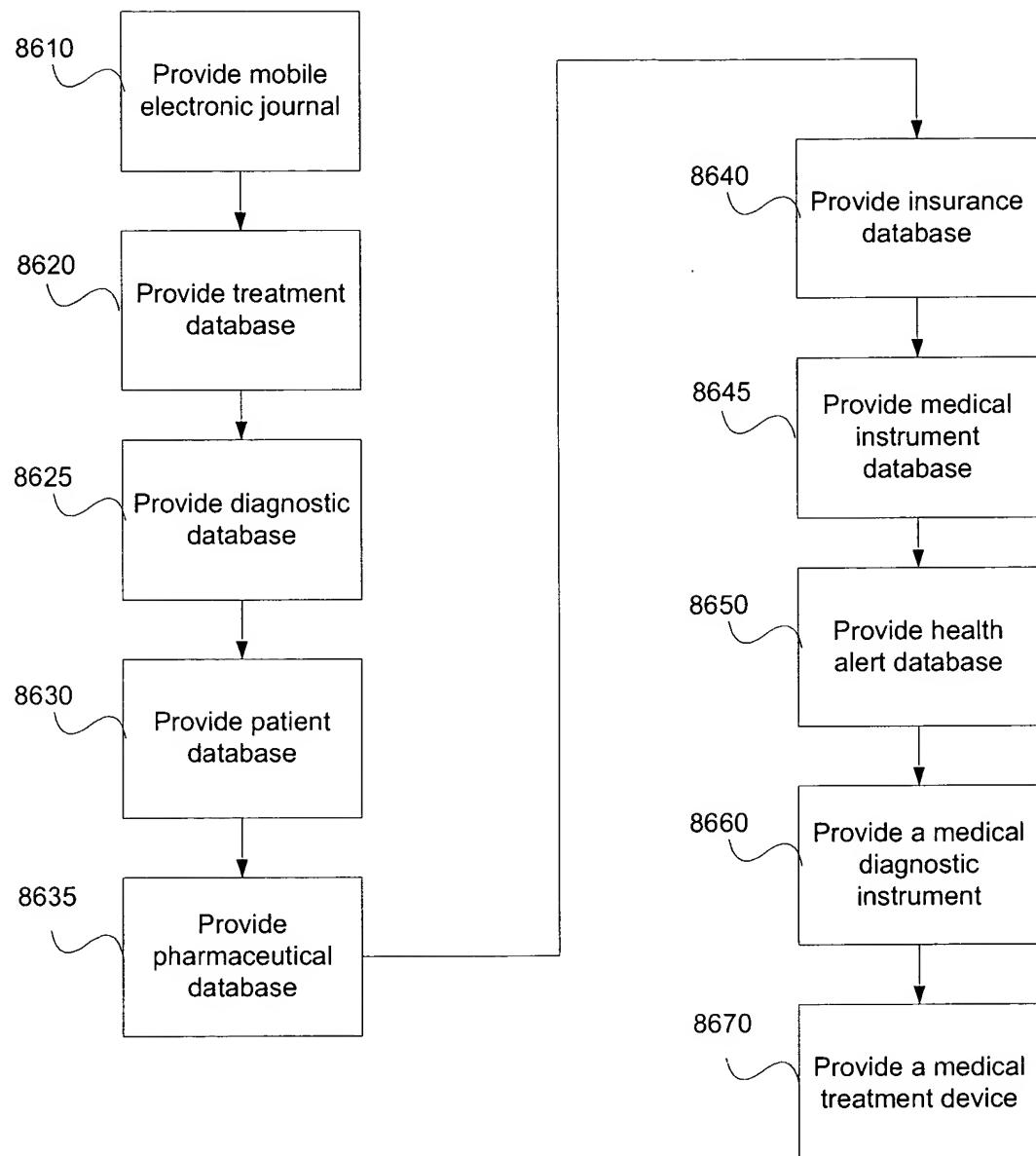


FIG 86



8480

FIG 87

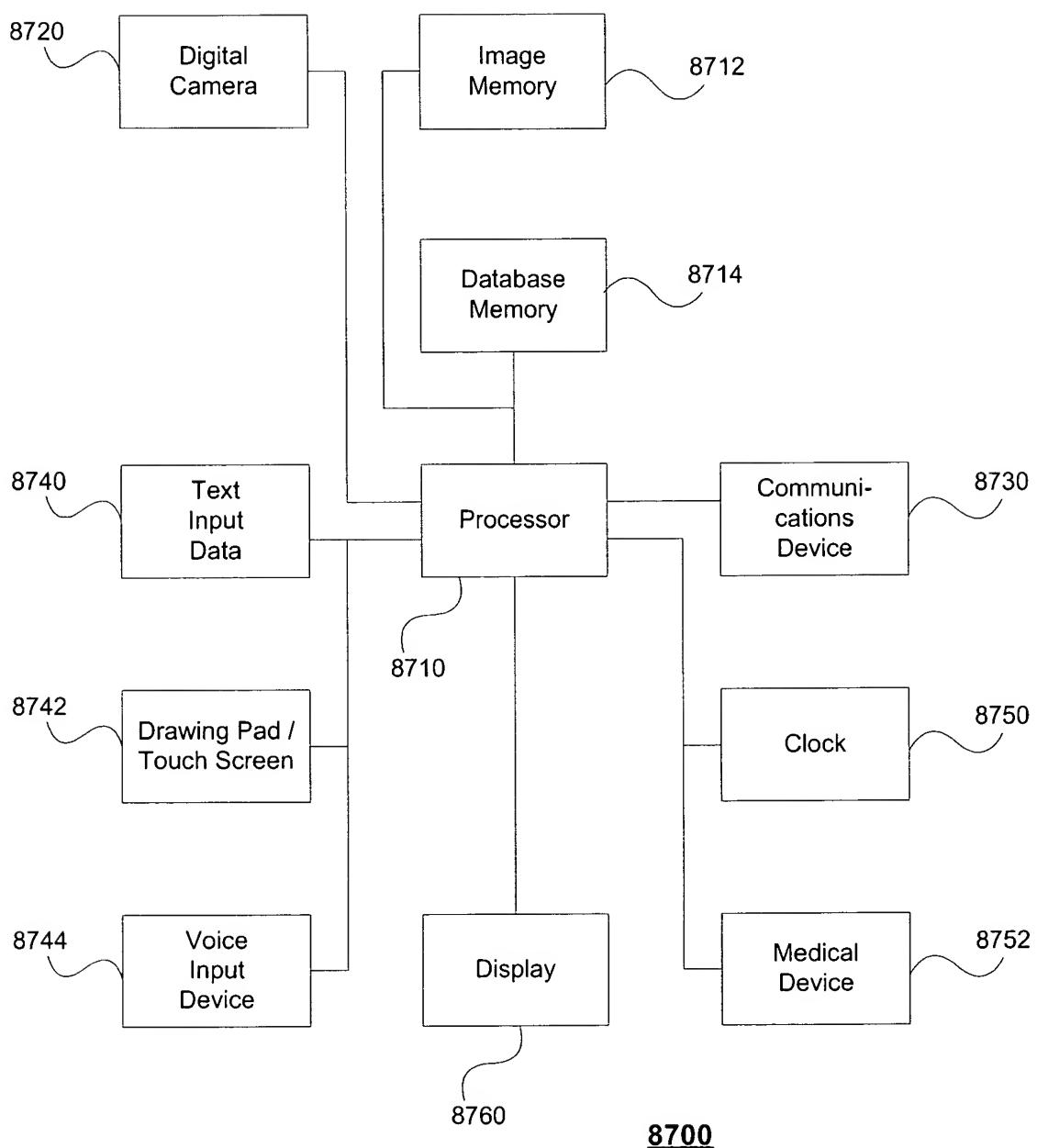
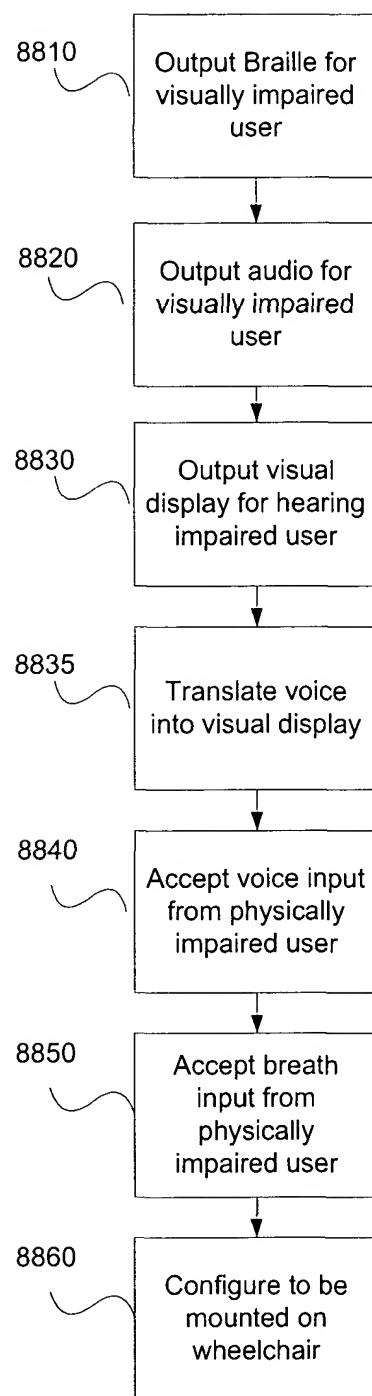


FIG 88



3260

FIG 89

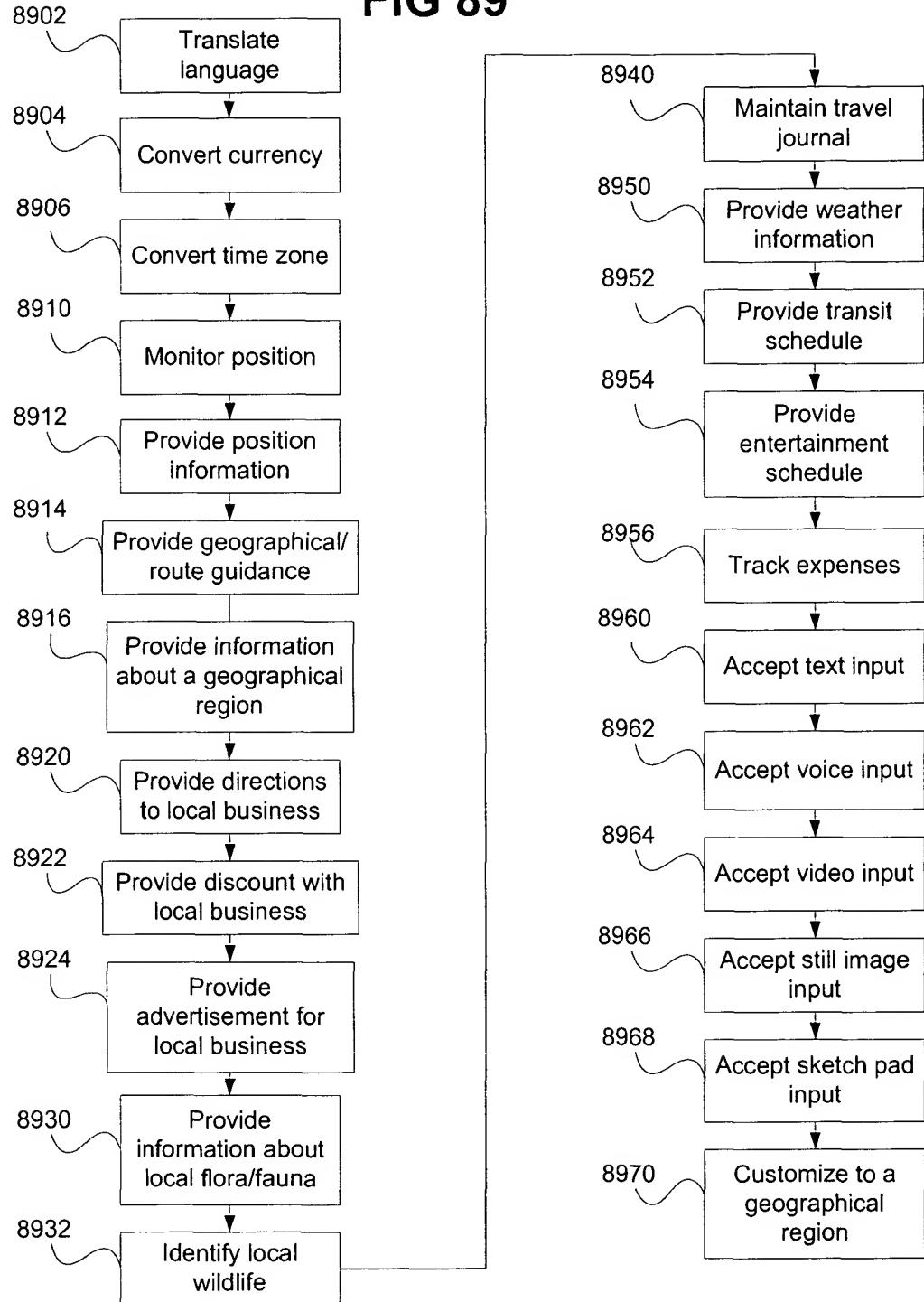


FIG 90

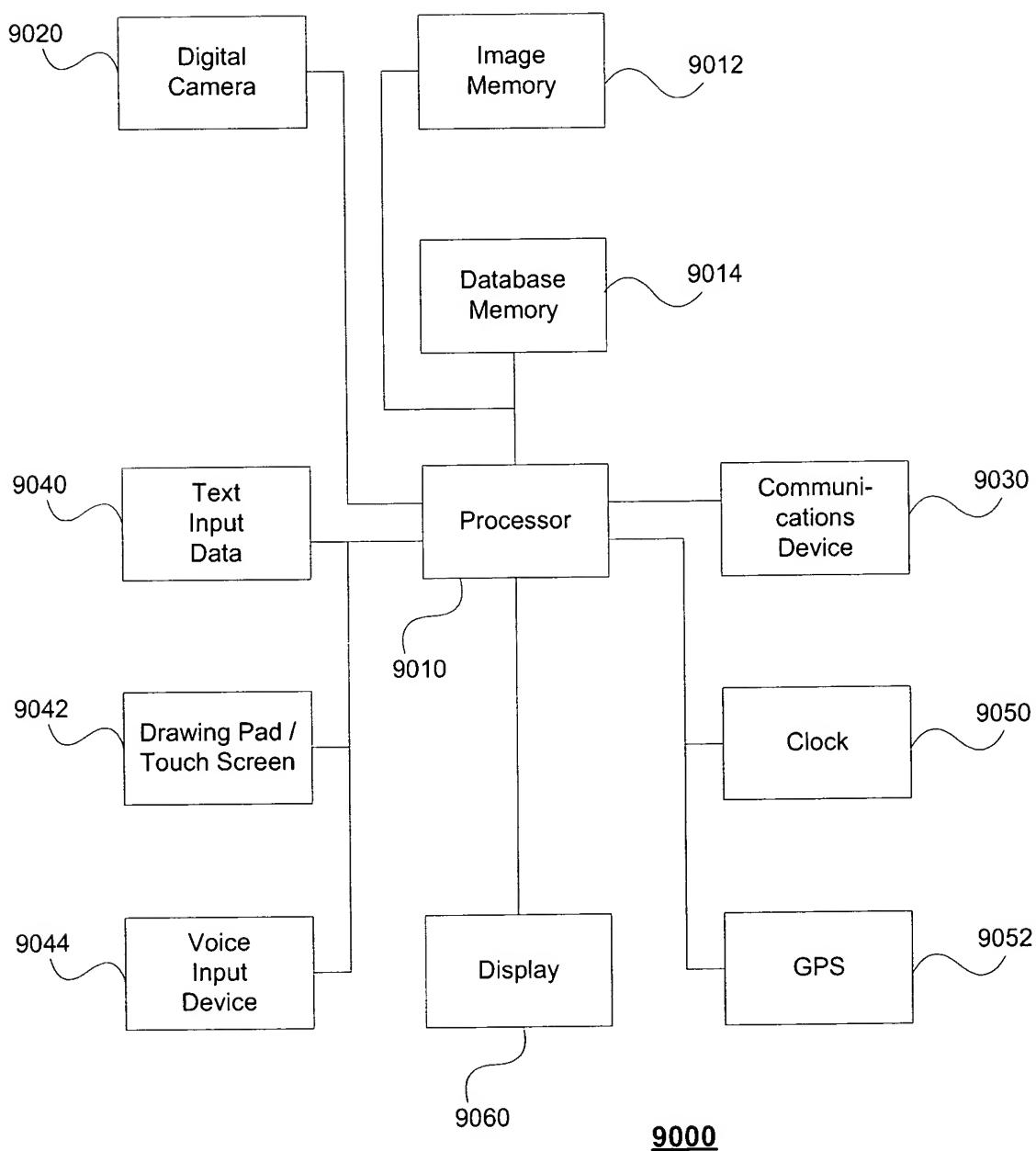
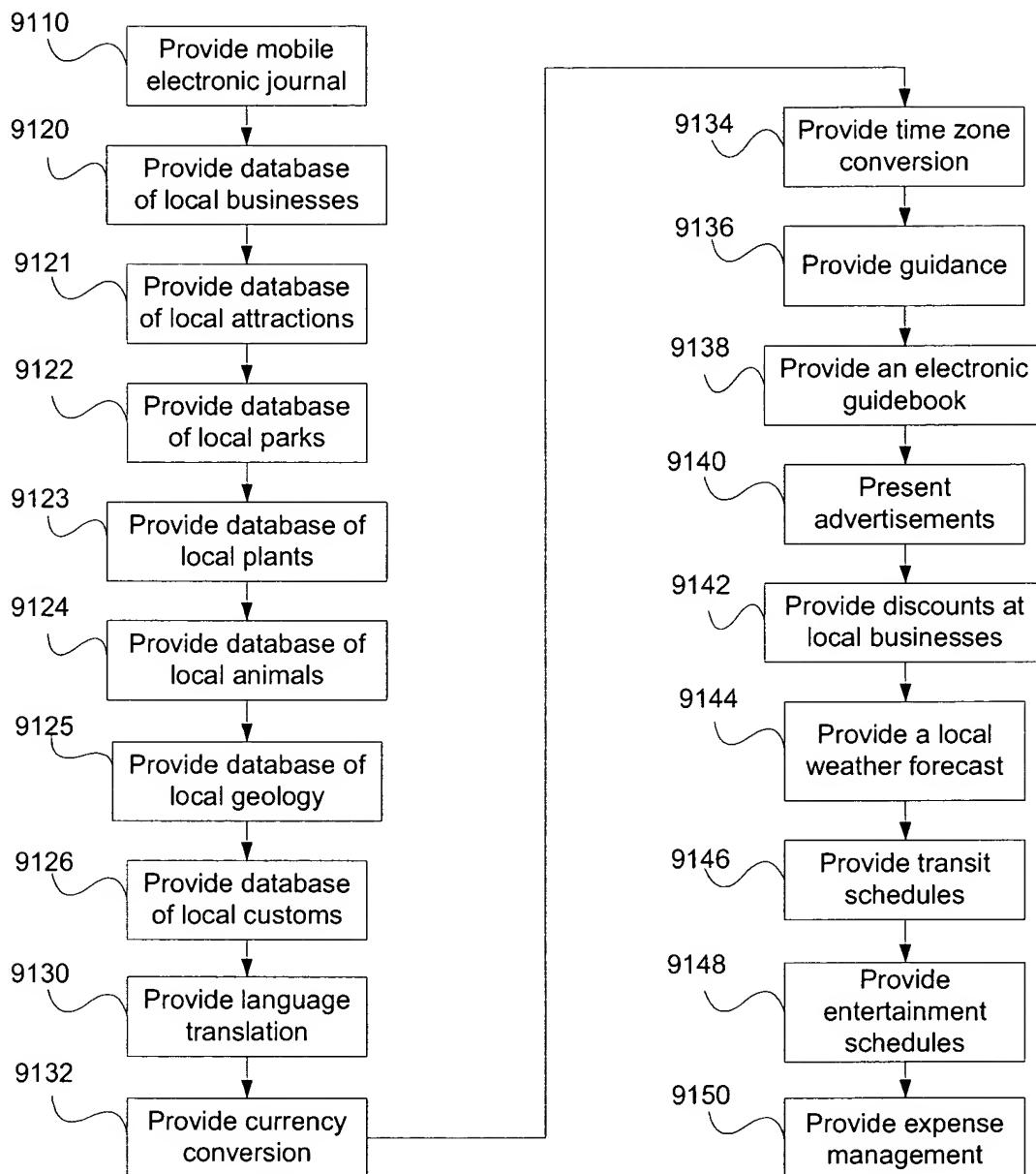


FIG 91



8940

FIG 92

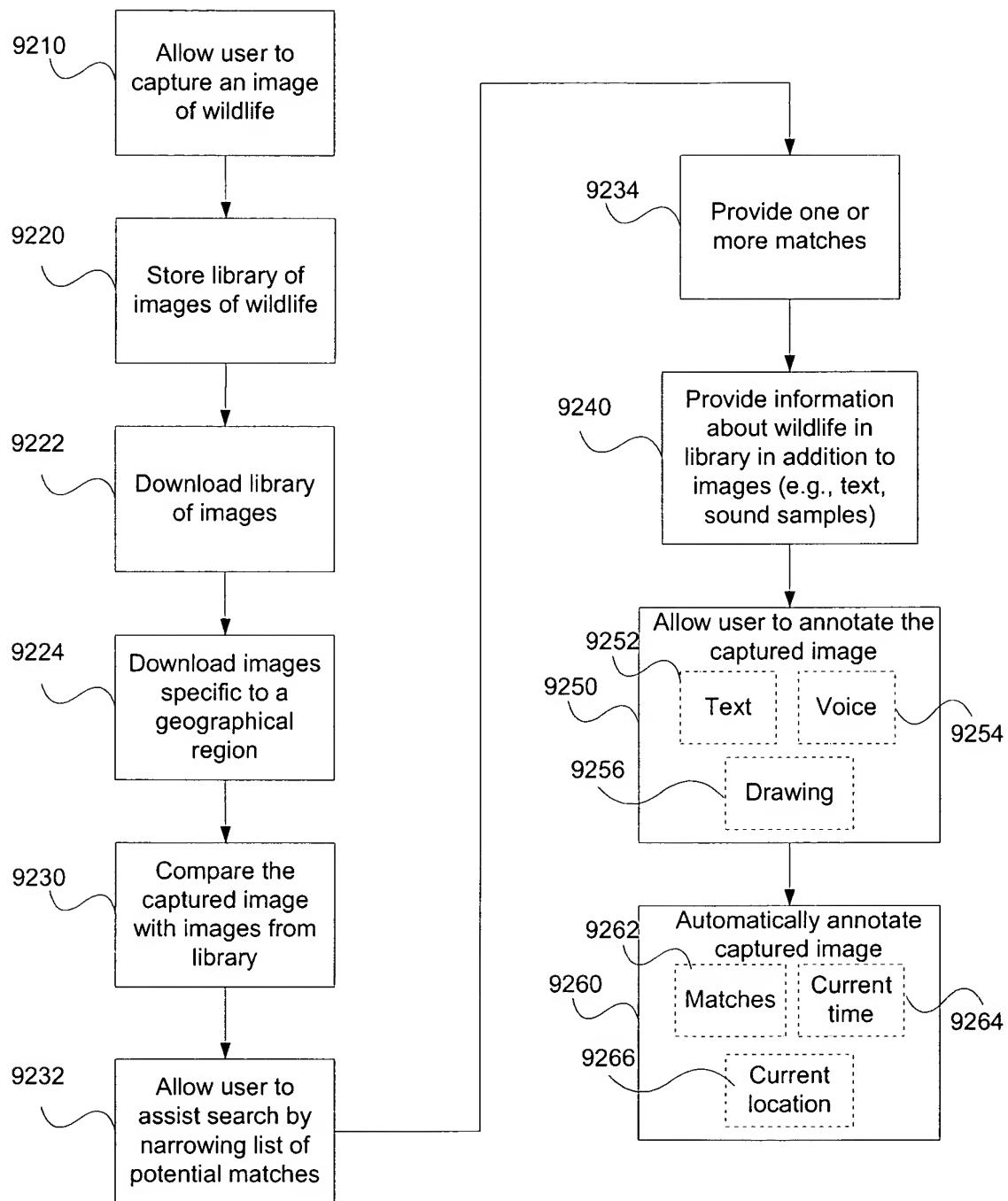
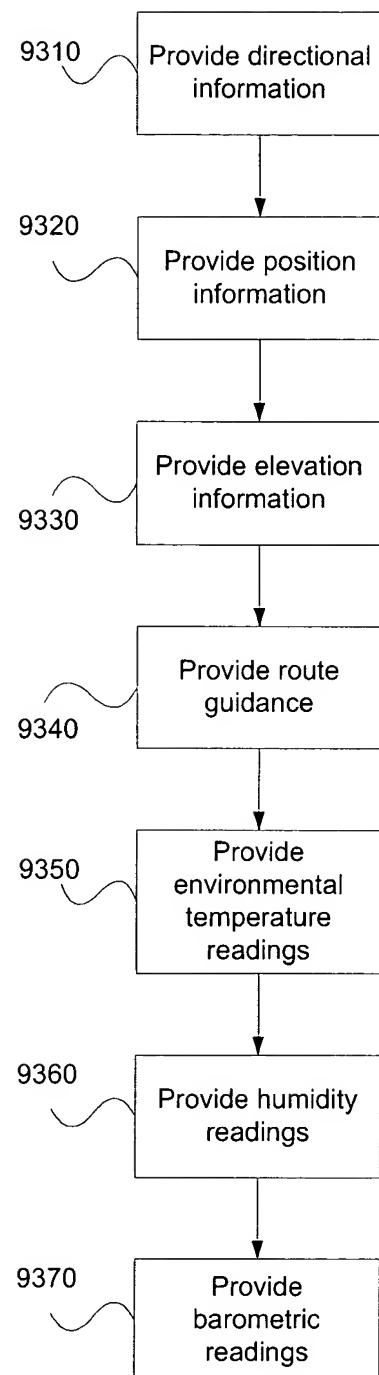
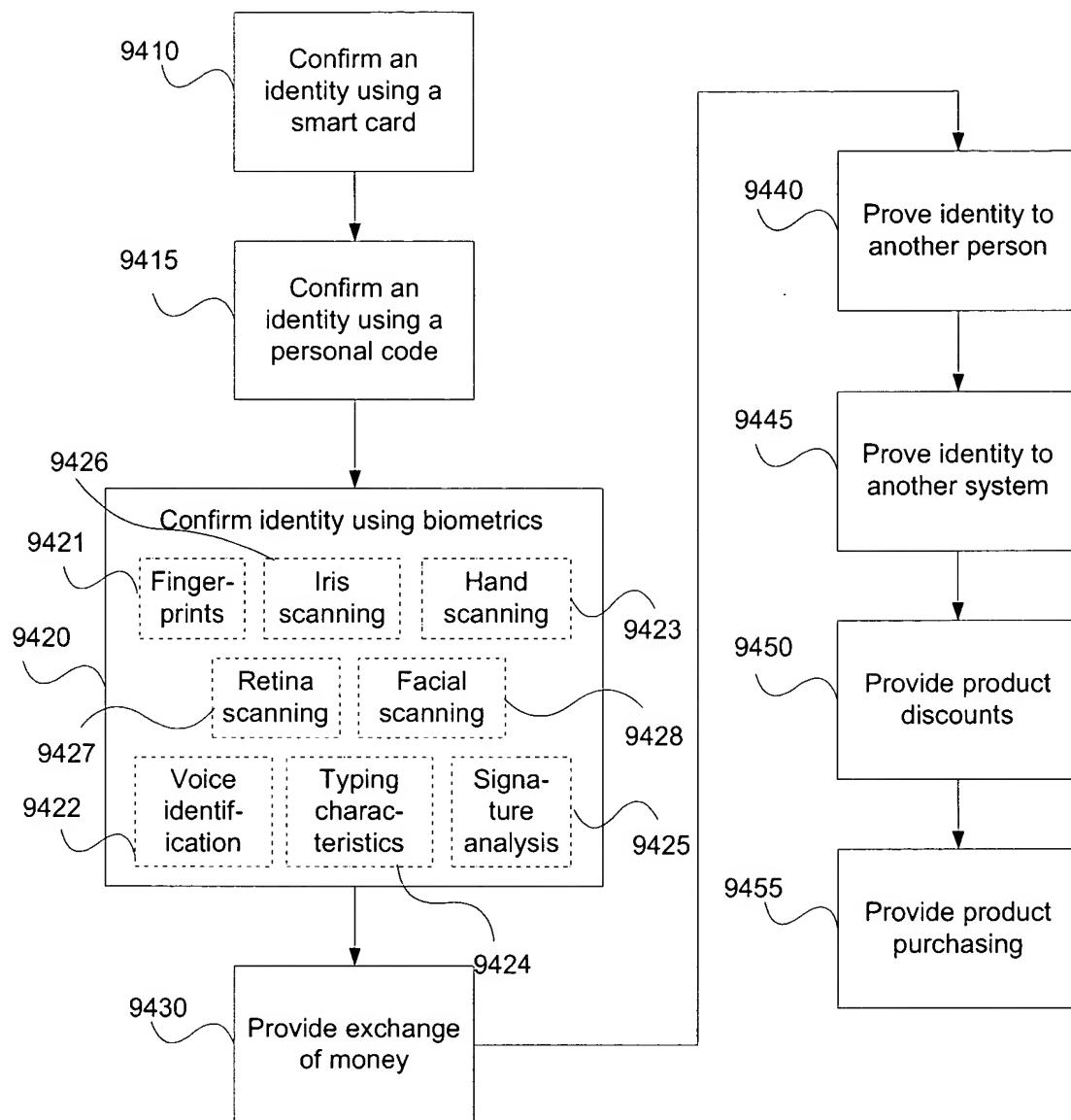


FIG 93



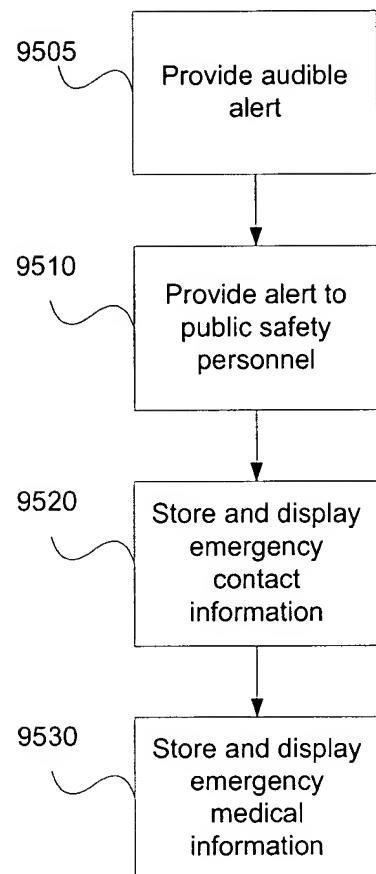
3225

FIG 94



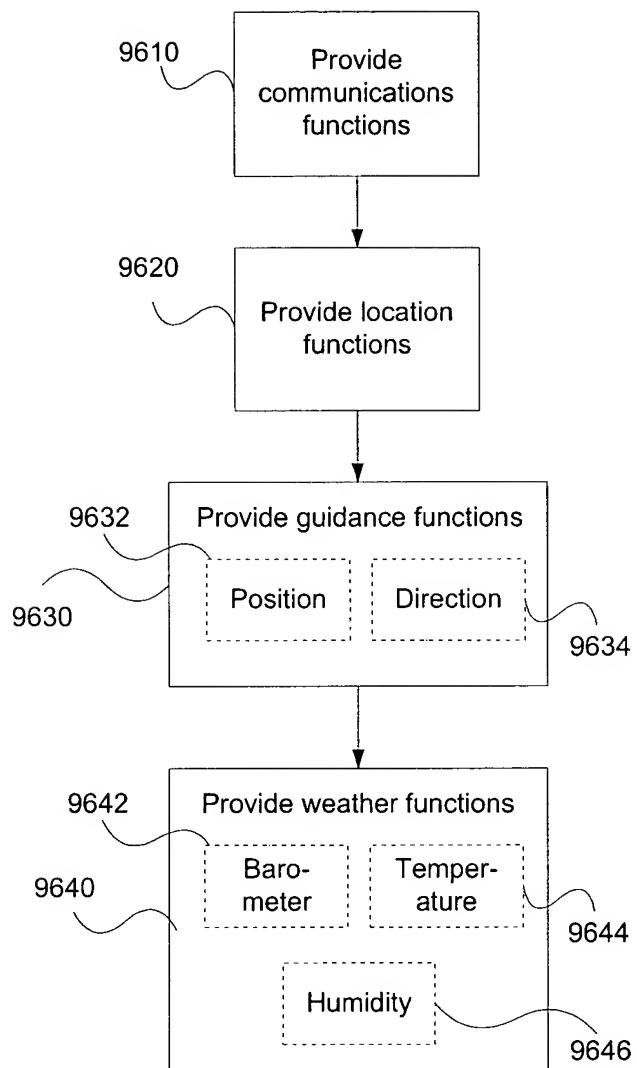
3240

FIG 95



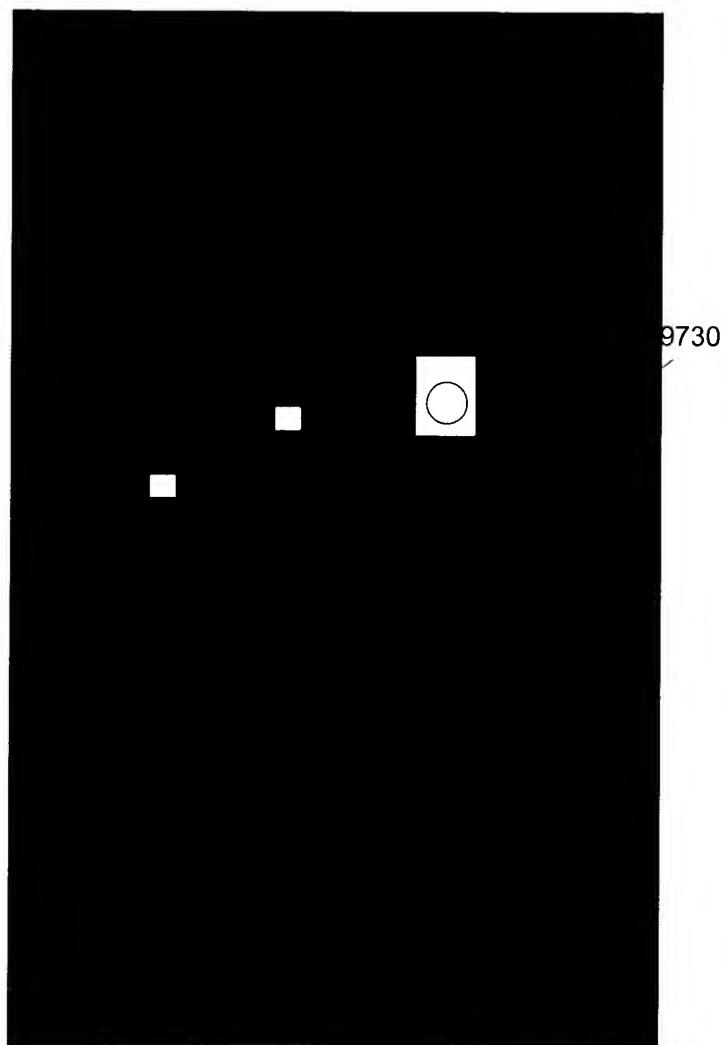
3245

FIG 96



3250

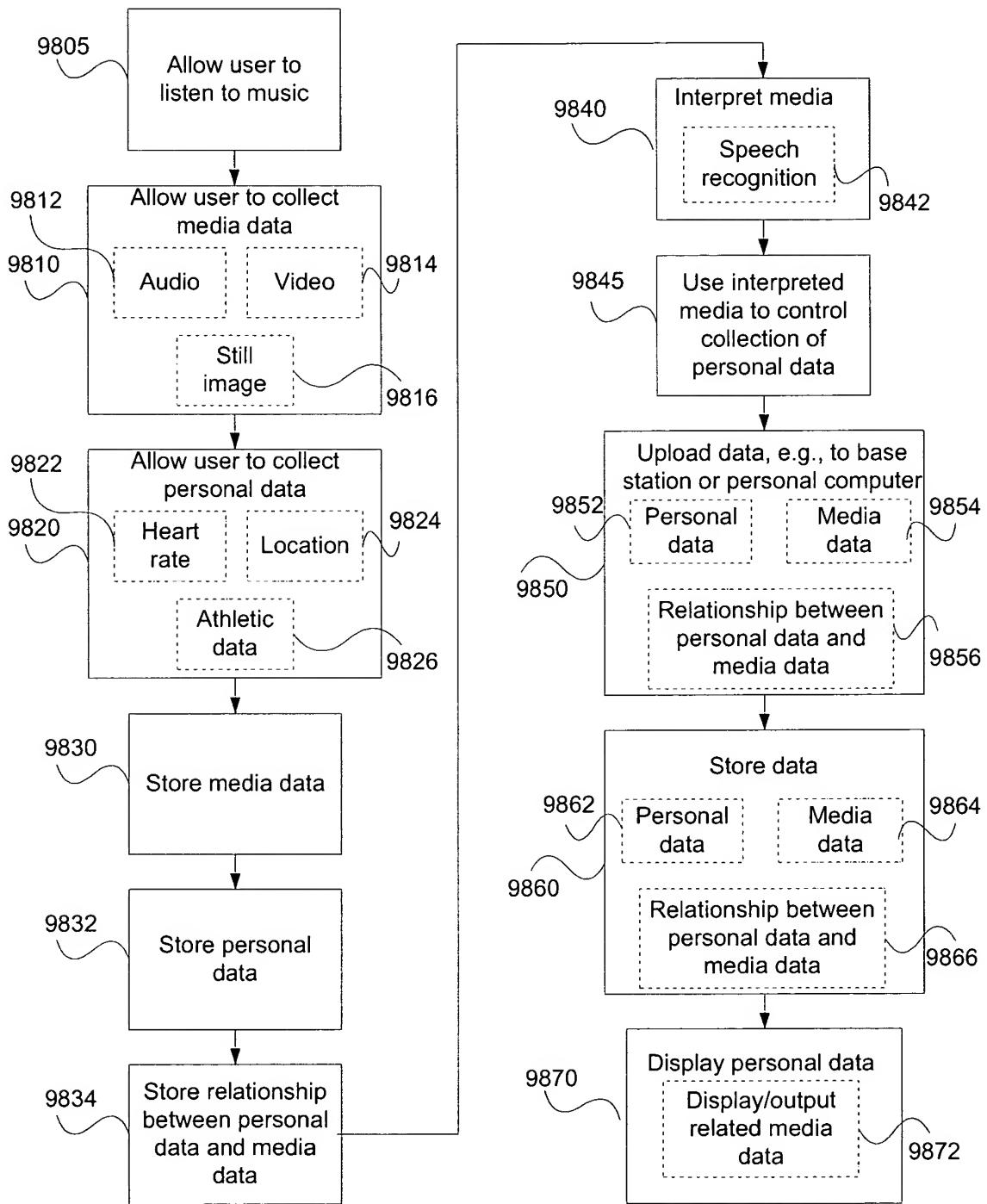
FIG 97



9700

9730

FIG 98



9800

FIG 99

9920 { Time: 9:01:46 HR = 122 BPM SPEED = 6.4 MPH ELEV = 5472 FT 9910

9940 { Time: 9:01:47 HR = 123 BPM SPEED = 6.4 MPH ELEV = 5472 FT IMAGE = I20020407090147.JPG 9950

9970 { Time: 9:01:48 HR = 122 BPM SPEED = 6.3 MPH ELEV = 5472 FT 9960

9900

FIG 100

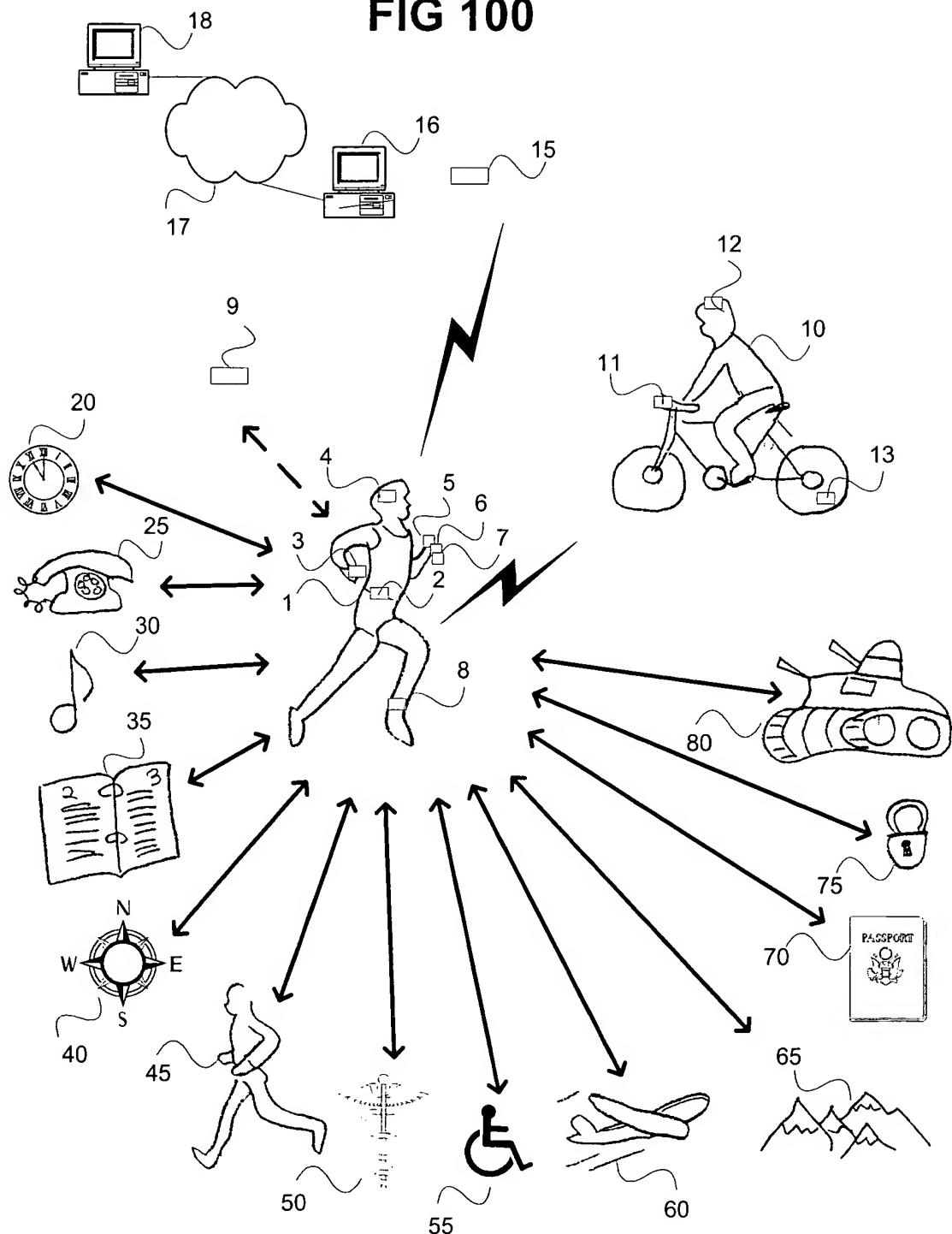


FIG 101A

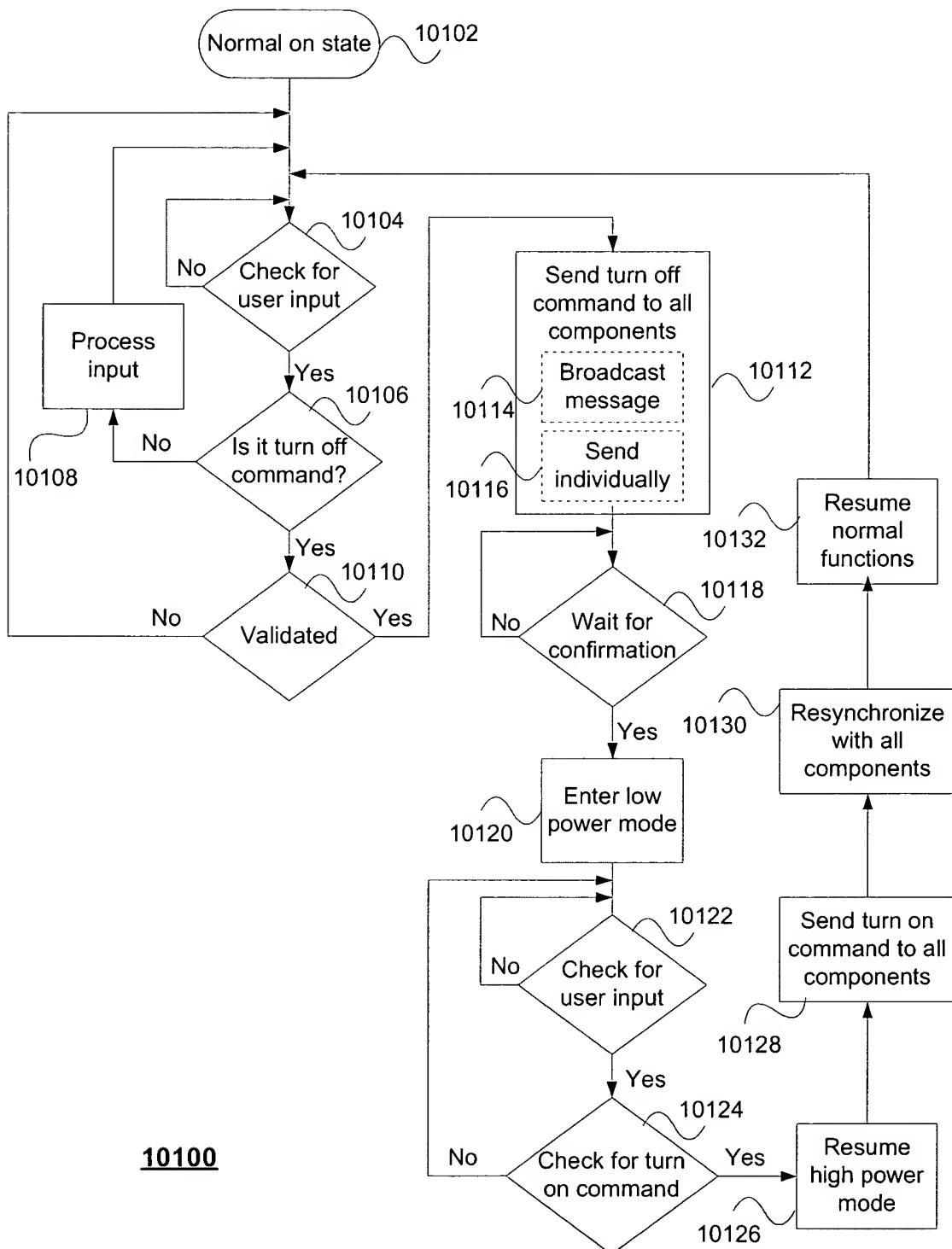


FIG 101B

